

MEMORANDUM



TO: JEFFERY JOHNSON, FIRE CHIEF
FROM: PHILIP DUCZYMINSKI, CAPTAIN/TRAINING OFFICER (P.D.)
SUBJECT: HANDS-ONLY CPR EVENT FOR THE PUBLIC
DATE: MARCH 28, 2023

On Saturday March 25th, 2023, the Novi Fire Department partnered with Faith Community Presbyterian Church (44400 W. 10 Mile Rd. Novi) to provide a free community Hands-Only CPR/AED training from 1-3pm. 70 percent of all out-of-hospital cardiac arrests happen at home. Hands-Only CPR carried out by a bystander has been shown to be as effective as CPR with breaths in the first few minutes during an out-of-hospital sudden cardiac arrest for an adult victim.

The American Heart Association (AHA) implemented the Hands-Only CPR program several years ago. This is a non-certification program that is aimed at increasing the instances of bystander CPR and only takes a few minutes to learn. To increase the effectiveness of the program we developed a 30-minute non-certification training session that utilizes the science from the AHA Hands-Only CPR program and includes more hands-on practice with chest compressions, and AED usage.

Novi Fire Department's Lt. Ron Barratt and Lt. Matt Blamy provided the training for the event. The training featured (4) 30-minutes session between 1-3p.m. and allowed for up to 30 participants at each session. In total, we provided training to 68 participants at this event.

We were provided with excellent feedback from participants and look forward to the potential of turning this into an annual event.

**Pictures Below*

