

Norman Forward Senior Wellness Center  
Ad Hoc Advisory Group and Public Meeting  
August 18, 2023

The Norman Forward Senior Wellness Center Ad Hoc Advisory Group of the City of Norman, Cleveland County, State of Oklahoma, met on the 18<sup>th</sup> day of July, 2023 at 4:00 p.m., and notice and agenda of the meeting were posted at 225 North Webster, 24 hours prior to the beginning of the meeting.

---

**CALL TO ORDER AND ROLL CALL**

Present:	Vice-Chairperson Vaughn and Members Jewell and Terry and Ex-Officio Sheriff
Absent:	Chairperson Hobson, Member Bonner and Ex-Officios Davison and Ross
Staff Present:	Jason Olsen, Director of Parks and Recreation, Veronica Tracy, Recreation Manager, Josh Holman, Recreation Supervisor, Mitchell Richardson, Special Events and Multimedia Supervisor and Karla Sitton, Administrative Technician IV
Others Present:	Claire Dowers-Nichols, Healthy Living, Sherry Stetson, Healthy Living, Katherine Leidy, AWE Branch Manager and Ginna Dowling, AWE Art Coordinator

---

ITEM 1, being:

**APPROVAL OF THE MINUTES FROM THE JULY 27, 2023 MEETING MINUTES**

Member Terry made the motion seconded by Member Jewell to approve the Minutes. The vote was taken with the following results:

YEAH:	Vice-Chairperson Vaughn and Members Jewell and Terry
NAY:	None

---

ITEM 2, being:

**OPERATOR UPDATE**

Ms. Claire Dowers-Nichols, Healthy Living, distributed a handout and highlighted the hiring activity. She introduced Katherine Leidy, (Branch Manager), and Ginna Dowling, (Art Coordinator), and each of them gave a small summary of themselves, to include their experience and education. Ms. Dowers-Nichols said the Office Manager position has been posted and interviews for a Program Manager and Facilities Coordinator are currently being conducted. She said the Front Desk position will be posted next week and conversations regarding facility instructors are in progress.

Ms. Dowers-Nichols said membership fees were discussed at the last meeting and reminded them that individuals are \$35 per month; married couples are \$60 per month; there will not be any enrollment fees and/or signed contracts and month-to-month memberships will be available. She said Renew Active (United Healthcare/Optum) have confirmed they will except AWE memberships on their insurance plan and she has reached out to Silver Sneakers, but they have not yet responded. Ms. Dowers-Nichols said there will be a sliding scale based on Federal Poverty Guidelines stating a local group is raising funds to assist those in need.

Ms. Dowers-Nichols said a website for the AWE is in development and should be up and running next week. She said BOLD Media is now managing the Healthy Living Norman Facebook page stating specific email addresses and phone numbers will be published in the coming weeks and brochures are currently being printed.

Ms. Dowers-Nichols highlighted fundraising opportunities discussed at the July, 2023 meeting to include corporate sponsors (community sponsors), scholarship funds and founding members (three-year membership paid upfront for \$1,000). She said founding members will be acknowledged on a donor wall at the AWE; will receive invitations to the VIP Opening event, as well as invitations to other special VIP events.

## NF Senior Citizen Ad Hoc

August 18, 2023

Ms. Dowers-Nichols highlighted the suggested hours of operation stating they are modeled after the Oklahoma City Adult Centers and they work well:

- Monday – Thursday 6:30 a.m. to 8:00 p.m.
- Friday 6:30 a.m. to 7:00 p.m.
- Saturday 8:00 a.m. to 4:00 p.m.
- Sunday – closed

Staff said the tentative dates for the AWE are as follows:

- ❖ VIP Opening: October 12<sup>th</sup> or 13<sup>th</sup>
- ❖ Ribbon-Cutting: October 20<sup>th</sup>
- ❖ Open for Business: October 23<sup>rd</sup>

---

ITEM 3, being:

### PROJECT UPDATE AND FACILITY TOUR

Mr. Jason Olsen, Director of Parks and Recreation, said he will give a project update during the facility tour and invited those in attendance to stay for a tour of the facility.

---

### MISCELLANEOUS DISCUSSION

The Ad Hoc Group discussed and scheduled the next meeting on September 21, 2023 at 4:00 p.m. at the Adult Wellness and Education Center (AWE).

---

### ADJOURNMENT

Member Terry made the motion seconded by Member Jewell to adjourn. The vote was taken with the following results:

YEAH:	Vice-Chairperson Vaughn and Members Jewell and Terry
NAY:	None

Passed and approved this \_\_\_\_\_ of \_\_\_\_\_ 2023

---

Tammy Vaughn, Vice-Chairperson