

P-2425-29

A PROCLAMATION OF THE MAYOR OF THE
CITY OF NORMAN, OKLAHOMA, PROCLAIMING
THE MONTH OF MAY, 2025, AS MENTAL HEALTH
AWARENESS MONTH IN THE CITY OF NORMAN.

- § 1. WHEREAS, since 1949 Mental Health America and its affiliates have led the observance of May as Mental Health Month to raise awareness, educate communities, eliminate stigma, and encourage treatment; and
- § 2. WHEREAS, mental illnesses affect millions of Americans and does not discriminate among genders, races, ethnicities, and socio-economic statuses; and
- § 3. WHEREAS, Mental Health America's 2025 theme, "Turn Awareness into Action," emphasizes the importance of not only raising awareness about mental health, but also taking concrete steps to improve well-being; and
- § 4. WHEREAS, one in five U.S. adults experience mental illness each year, 1 in 20 U.S. adults experience serious mental illness each year, one in six U.S. youth aged 6-17 experience a mental health disorder each year, and 50% of all lifetime mental illness begins by age 14, and 75% by age 24; and
- § 5. WHEREAS, checking in on our mental health is especially important during stressful times and it is crucial that we support one another and stay focused on what we each need—both personally and as a community—to stay well and move forward together.

NOW, THEREFORE, I, MAYOR OF THE CITY OF NORMAN, OKLAHOMA:

- § 6. Do hereby proclaim the month of May, 2025, as Mental Health Awareness Month in the City of Norman and encourage all citizens, government agencies, public and private institutions, businesses, and schools to recommit our community to increasing awareness and understanding of mental health and to work together to support one another so that we may continue to thrive individually and as a community.

PASSED AND APPROVED this 13th day of May, 2025.

Mayor

ATTEST:

City Clerk

