



CITY OF NORMAN, OK STAFF REPORT

MEETING DATE: 09/03/2026

REQUESTER: Karla Sitton, Administrative Tech IV

PRESENTER: Katherine Leidy, Branch Director, Healthy Living Norman

ITEM TITLE: CONSIDERATION OF APPROVAL, ACCEPTANCE, REJECTION, AMENDMENT AND/OR POSTPONEMENT OF THE ANNUAL REPORT FROM HEALTHY LIVING NORMAN

DISCUSSION:

Healthy Living Norman operates the Adult Wellness and Education (AWE) Center, a 32,000 square foot facility that serves as a hub of wellness activities.

The AWE furthers the citizen-initiated Norman Forward mission to fund and create quality of-life projects for the Community. The goal of the wellness center is to embody and provide programs under one roof to improve the quality of life for adults 50 and above in the Norman Community. The AWE has a natatorium; arts and crafts rooms; a demonstration kitchen; fitness center; and outdoor pickleball and offers health screenings and seminars and events.

RECOMMENDATION:

Staff recommends submitting the Healthy Living Norman annual report to City Council once the Board of Park Commissioners accepts the annual report.