

Resolution TBD-2024

Proclamation for Day of HOPE February 16, 2024

Whereas, the mental and physical health of children and youth is important to families, communities, health care workers, and service providers in the Meadows Valley, Idaho region; and,

Whereas, research has shown that adverse childhood experiences (ACEs) can cause long-term harm to physical and mental health.

Whereas, more recent research has shown that brain development is improved through Positive Childhood Experiences (PCEs); and,

Whereas, PCEs significantly decrease the risk of poor mental health and depression even among those of us who have experienced significant adversity as children; and,

Whereas, we now know that resilient communities can improve the chances that children will experience connection, safe places to live, learn and play, and have opportunities to engage with others. These key experiences go a long way to reducing the lifelong effects adverse community environments; and,

Whereas, families cannot provide PCEs alone; the City and citizens of New Meadows, Idaho can enter into partnerships that help create the strong families and communities that lead our children into lifelong health; and,

Whereas, there is H.O.P.E (Healthy Outcomes from Positive Experiences) for all Meadows Valley families, including those who have faced adversities in their communities and within their families, because childhood adversity is not destiny; and,

Whereas, the Day of HOPE is a national effort supported by families, scientists, non-profits, research centers and institutes, universities, and government agencies to raise awareness about the significance of Positive Childhood Experiences in child, youth, and family services and supports, research, and policymaking; and

Therefore, We the Mayor and City Council members of New Meadows Idaho do hereby proclaim February 16, 2024 as the Day of HOPE and as a day of empowerment for those who are struggling with mental health challenges.

Dated this \_\_\_\_\_ day of \_\_\_\_\_ in the year 2024.

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Julie A. Good, Mayor

ATTEST \_\_\_\_\_

Kyla Gardner, City Clerk