



## CLIMATE & ENVIRONMENT COMMISSION

Town of New Castle, CO

# 10 TIPS

### REDUCE

- CARRY YOUR OWN REUSABLE BAGS, TO-GO FOOD CONTAINERS, & UTENSILS
- BUY ITEMS PACKAGED WITH GLASS, PAPER, STAINLESS STEEL, ETC., NOT PLASTIC
- SAY "NO" TO PLASTIC STRAWS AND STIR STICKS IN BEVERAGES
- USE A REFILLABLE BEVERAGE BOTTLES MADE OF METAL, CERAMIC, OR GLASS
- WEAR NATURAL FIBERS, AVOID SYNTHETIC CLOTHING

### REUSE & REPURPOSE

- GIVE PLASTIC BAGS A SECOND LIFE BEFORE THROWING THEM OUT
- USE PLASTIC BAG CLASPS AS DISH SCRAPERS
- BE CREATIVE ABOUT REUSING BUT AVOID PLASTIC THAT BREAKS DOWN IN FOOD

### RECYCLE

- SIGN UP FOR RECYCLING
- RECYCLE SMART

**YES** - PLASTIC MILK JUG (WITH CAPS), PLASTIC #1-6 (IF NOT LABELED DO NOT RECYCLE), DETERGENT BOTTLES, CLAM SHELLS #1-6 (NO PLA)

**NO** PLASTIC BAGS | NO PACKING MATERIAL (BUBBLES, PLASTIC) | NO STYROFOAM | NO PLASTIC PLATES, FORKS, SPOONS OR KNIVES | NO SIX PACK HOLDERS | NO LOOSE CAPS OR LIDS



### 5 FACTS ABOUT PLASTICS

- MORE THAN 50% OF PLASTICS ARE MADE FOR SINGLE USE, GOING INTO LANDFILLS AFTER THAT.
- PLASTICS DO NOT BIODEGRADE QUICKLY. IT CAN TAKE HUNDREDS OF YEARS FOR PLASTIC TO BREAK DOWN
- MOST PLASTICS BREAK DOWN INTO MICRO-SIZED BITS THAT ARE IN OUR SOIL, WATER, AND AIR.
- SOME CLOTHES CONTAIN TINY PLASTIC FIBERS, CALLED MICROFIBERS, WHICH ENTER OUR WATER WAYS FROM WASHING MACHINES WHEN PEOPLE DO THEIR LAUNDRY
- MICROPLASTICS ARE NOW IN ANIMALS AND HUMANS AND CAUSE HEALTH ISSUES.