Supporting Individuals & Families in Drug and Alcohol Crisis with Access to Treatment & Recovery Support – Regardless of a Lack of Resources

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- Beth Berkeley, Family Program Clinician
- Chris Rieder, Clinician (Eagle County)
- Karlynn Fulmer, Peer Support Coordinator
- Salomi Gonzalez, Bilingual Peer Support/Community liaison
- Lenny Beaulieu, Family Support Group
- Glory McDaniels, Bilingual Clinician



Who Are We?

- A Way Out is a non-profit founded in 2013 to address the substance abuse problem in Garfield, Eagle, & Pitkin counties, and now Summit County.
- Our goal is to help people with chronic to acute alcoholism and drug addiction get well, learn how to become self sufficient and thrive in their recovery
- We provide more than just initial care but also a <u>free</u> year-long bilingual continuum of care to support people from early sobriety to long-term sobriety.

Solution and offer of help

- It's important to know you can always call AWO with questions and we can simply help navigate the online Google search. There are lots of ways we can help.
- A Way Out helps any resident <u>locate and connect</u> to addiction treatment programs specific to their needs.
 With or without insurance or with or without other
- A Way Out will provide a year of free support and connection with others in recovery

tinancial means.

- An ongoing <u>Peer Engagement</u> Program connects folks who have fun and create positive social relationships with others on their path. AWO peers also help with basic life skills and aid clients in whatever they need support with.
- <u>Family Program</u>: Groups online and individual sessions for family members.

Who Do We Work With?

We receive referrals from:

Program, Hope Center(s), River Center, Discovery Café, local jails, county agencies, School police departments, courts, mental health clinicians, businesses, and families, to name a few. Counselors, area Physicians, Mid Valley Family Practice, Mind Springs Health, probation officers, detoxes, Family Resource Centers, Youth Zone, Mountain Family Health Centers, Family Visitor Aspen Valley, Valley View, Vail Health & Grand River Hospitals, The Aspen, Frisco, and MSH

- We receive crisis calls from area residents and either handle them immediately in-house or refer them to the appropriate agency.
- We work with treatment centers and programs throughout the nation creating alliances to turther support our community

Family Support Groups





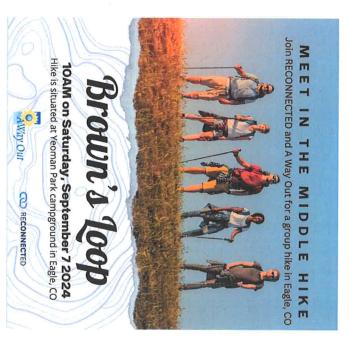
Comuníquese con Delfina Huergo, LPC al: 970-924-0532 o delfinahuergolpc@gmail.com



Fun Sober Events for Recovery Community







Spanish speaking services

- trust in the community and to help people understand guide them into care. This role is helping us to build and are doing more with our Spanish-speaking We recently hired a new bilingual community liaison population. Individuals can now call a new phone how and what they need to do to get help number and speak in Spanish to a person who can help
- We are researching both in-state and out-of-state options where we can send our residents and help them access the care they need.



