


Supporting Individuals & Families
in Drug and Alcohol Crisis
with Access to Treatment & Recovery
Support – Regardless of a Lack of
Resources

- Becky Gordon, Executive Director
- Kim Reil, Clinical Director
- Delfina Huergo, Bilingual Support
group/therapist
- Beth Berkeley, Family Program
Clinician
- Chris Rieder, Clinician (Eagle County)
- Karlynn Fulmer, Peer Support
Coordinator
- Salomi Gonzalez, Bilingual Peer
Support/Community liaison
- Lenny Beaulieu, Family Support
Group
- Glory McDaniels, Bilingual Clinician



Who Are We?

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- A Way Out is a non-profit founded in 2013 to address the substance abuse problem in Garfield, Eagle, & Pitkin counties, and now Summit County.
 - Our goal is to help people with chronic to acute alcoholism and drug addiction get well, learn how to become self sufficient and thrive in their recovery
 - We provide more than just initial care but also a free year-long bilingual continuum of care to support people from early sobriety to long-term sobriety.

Our Solution and offer of help

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- It's important to know you can always call AWO with questions and we can simply help navigate the online Google search. There are lots of ways we can help.
 - A Way Out helps any resident locate and connect to addiction treatment programs specific to their needs. With or without insurance or with or without other financial means.
 - A Way Out will provide a year of free support and connection with others in recovery
 - An ongoing Peer Engagement Program connects folks who have fun and create positive social relationships with others on their path. AWO peers also help with basic life skills and aid clients in whatever they need support with.
 - Family Program: Groups online and individual sessions for family members.

Who Do We Work With?

- We receive referrals from:
Aspen Valley, Valley View, Vail Health & Grand River Hospitals, The Aspen, Frisco, and MSH detoxes, Family Resource Centers, Youth Zone, Mountain Family Health Centers, Family Visitor Program, Hope Center(s), River Center, Discovery Café, local jails, county agencies, School Counselors, area Physicians, Mid Valley Family Practice, Mind Springs Health, probation officers, police departments, courts, mental health clinicians, businesses, and families, to name a few.
- We receive crisis calls from area residents and either handle them immediately in-house or refer them to the appropriate agency.
- We work with treatment centers and programs throughout the nation creating alliances to further support our community.

Family Support Groups



FREE Family Support Group
for people with loved ones
who struggle with substance
abuse and mental health.

Facilitated by a
Certified Addiction Therapist

**Zoom Meetings Every
Tuesday 6-7:30pm**

www.alwaysout.org



**ONLINE
COMMUNITY
SUPPORT**

Education & Tools
Coping Strategies
Mutual Support
Safe & Confidential

**FOR MORE INFORMATION
CALL BECKY AT
970-340-4505**



**GRUPO DE APOYO PARA FAMILIAS
CON SERES QUERIDOS QUE LUCHAN
CONTRA EL ABUSO DE SUSTANCIAS
Y SALUD MENTAL.**

En español para parejas, padres, hijos, hermanos y amigos.
Las familias también necesitan apoyo,
orientación y conexión con otras familias
que enfrentan los mismos desafíos.

Via Zoom - Confidencial - GRATUITO

**TODOS LOS MIÉRCOLES
DE 6 PM A 7:30 PM**

Comuníquese con Delfina Huergo, LPC al:
970-924-0532 o delfinahuergolpc@gmail.com

 **DELFINA HUERGO**
MLC, LPC
www.delfinahuergolpc.com

Fun Sober Events for Recovery Community

A WAY OUT PRESENTS...

Test your knowledge, enjoy delicious food,
connect with the recovery community,
and win some awesome prizes!

Trivia Night


THURSDAY, DECEMBER 14TH

FREE Dinner

White House Pizza
801 Main Ct, Carbondale

JOIN NOW

Text or call Karl Lynn at
803-331-7197

 **Away Out**

 **Away Out**

FREE

**Yoga for People
in Recovery**

 **Carl Elamson**

 **Katie Andrichko**

 **Davis Cowles**

Tuesdays 8am


Fridays 6pm

The Meeting Place
981 Cowen Dr.
Carbondale, CO

Mats and blocks will be provided,
but feel free to bring your own.

MEET IN THE MIDDLE HIKE


Join RECONNECTED and A Way Out for a group hike in Eagle, CO




Brown's Loop

10AM on Saturday, September 7 2024

Hike is situated at Yeoman Park campground in Eagle, CO

 **Away Out**

 **RECONNECTED**

Spanish speaking services

- We recently hired a new bilingual community liaison and are doing more with our Spanish-speaking population. Individuals can now call a new phone number and speak in Spanish to a person who can help guide them into care. This role is helping us to build trust in the community and to help people understand how and what they need to do to get help.
- We are researching both in-state and out-of-state options where we can send our residents and help them access the care they need.



