



The Riding Institute
for Disabled
Equestrians



The Story of R.I.D.E

The R.I.D.E program has been run by Dee and Poke Stiers as well as other family since 1993. The whole family has a shared passion for horses and helping others. While living in Oahu their whole family worked at a Equine therapy center. Once they moved down to Silt, Colorado they built a Equine therapy center of their own, R.I.D.E and the rest is history.

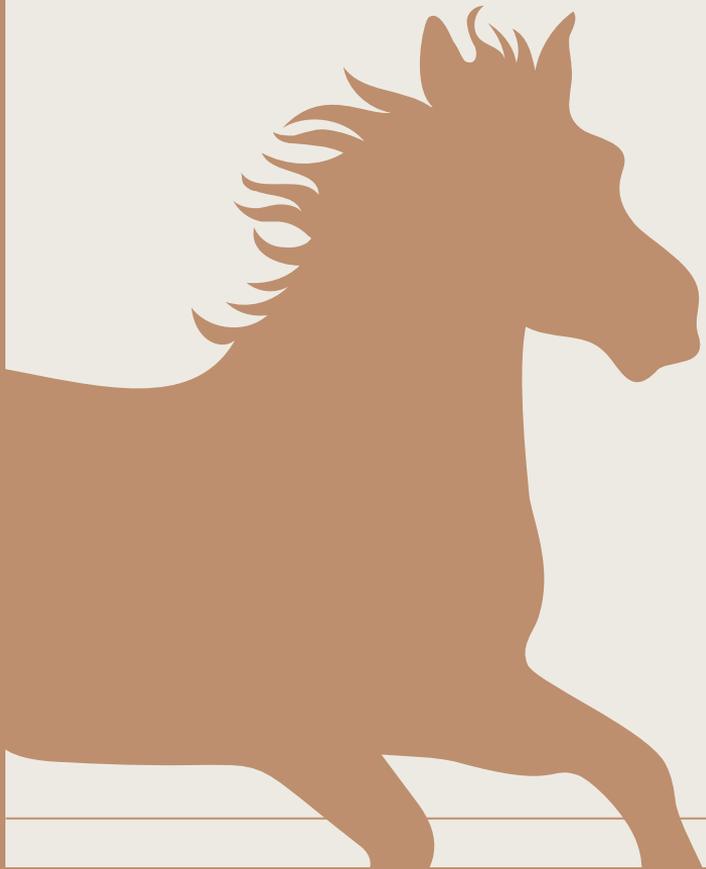


R.I.D.E Mission



“Our mission is to empower children and adults with developmental and physical disabilities through the transformative connection between horse and rider. By providing safe, inclusive, and compassionate horseback riding experiences, we foster personal growth, physical strength, confidence, and joy, enriching lives one stride at a time.”





13

Horses on the ranch

60

Volunteers ages 12+

150

Students ages 3-100 years

Benefits of Therapeutic Riding

Mental

- Self-awareness
- Self-confidence
- Concentration
- Self-discipline

Physical

- Balance
- Coordination
- Strength

Veteran Outreach Program

Christmas at Home



Our goal with the veterans is to create an environment where they feel welcome and free to form connections outside of their home.

Quality Time



Riding in the Summer



Fall/Spring Outreach Program



The spring and fall outreach program focus on school age children. They are either high risk or significant needs. The students brush and help take care of the horses in addition to riding them. They also work on teamworks skill and conflict resolution.

Strive to Thrive



Strive to thrive is a
Make A Wish program
that comes for one day
each summer





A picture is worth a thousand words

Thanks!

Do you have any questions?

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www.coloradoride.org

<https://www.facebook.com/ridewithdisabilities>

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