



FREE Disaster and Emergency Preparedness for your Community!



Everyone knows the Red Cross helps people during emergencies. But you may not know that it's also part of our mission to help you help yourself! Becoming "Red Cross Ready" for an emergency means following our simple steps in advance to ensure you can weather a crisis safely and comfortably. Being prepared may not prevent a disaster, but it will give you confidence to meet the challenge.

Preparedness Presentations for Adults and Households

Be Red Cross Ready

This 60-minute presentation for adults and households teaches three easy steps to being prepared: get a kit, make a plan, and be informed.

Hands-Only CPR

A 45-minute non-certification training teaching chest compressions through instruction and hands-on practice.

Are you an owner or leader of a small business? Ask about our Ready Rating presentation!

Preparedness Presentations for Elementary Schools

Prepare with Pedro

Kindergarten-2nd Grade

A 30-45 minute preparedness program for students that follows Pedro the Penguin and his friends as they learn how to be prepared and take action during an emergency.

We also offer Be Red Cross Ready for Elementary School parents!

To schedule a presentation, contact Kimberly Aufrecht at kimberly.aufrecht2@redcross.org or 714-313-5440.

All presentations have a 20-participant minimum