

# Proclamation

## City of Mission



**WHEREAS**, one person dies every 33 seconds from heart disease, making it the leading cause of death and disability for men and women in the United States, according to the American Heart Association; and

**WHEREAS**, someone has a heart attack every 40 seconds in the U.S., with about 1 in 5 heart attacks silent, meaning the damage is done, but the person is not aware of it; and

**WHEREAS**, the American Heart Association estimates that more than 6 in 10 U.S. adults (61%) will have some type of cardiovascular disease, or CVD, by 2050; and

**WHEREAS**, more than half of people in the U.S. (51%) do not know that heart disease is the leading cause of death in the country, according to a recent Harris Poll survey conducted on behalf of the American Heart Association; and

**WHEREAS**, South Texas Health System Heart – one of the first freestanding cardiology and cardiovascular hospitals built in the U.S. – has provided comprehensive quality, compassionate inpatient and outpatient cardiovascular care for the South Texas region for nearly 30 years; and

**WHEREAS**, South Texas Health System Heart – one of the first freestanding cardiology and cardiovascular hospitals built in the U.S. – has provided comprehensive quality, compassionate inpatient and outpatient cardiovascular care for the South Texas region for nearly 30 years; and

**WHEREAS**, STHS Heart has helped raise awareness for heart disease in the Rio Grande Valley and beyond through its extensive educational and recreational events, including dedicated Let's Talk Your Health webinars, no-cost heart disease-related sessions for recently diagnosed patients and their families and hosted is Heroes with Heart 5K run/walk, with all proceeds donated to local charities helping in the fight against heart disease

**NOW THEREFORE**, we, the City Council of the City of Mission, do hereby proclaim the month of February 2025:

### **American Heart Month**

in the City of Mission, and encourage all citizens to recognize American Heart Month and join South Texas Health System Heart's Heroes with Heart initiative to confront, fight and most importantly, change the future of this deadly disease

**PROCLAIMED** on this the 10<sup>th</sup> day of February 2025.

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Norie Gonzalez Garza, Mayor

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Jessica Ortega, Councilwoman

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Ruben Plata, Mayor Pro Tem

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Marissa Gerlach, Councilwoman

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Alberto Vela, Councilman