

Quote

Exp. Date: 2025-12-31

Prepared for Mission Fire Department
Mission TX
Member Exams: # 110

NAME	PRICE	QTY	SUBTOTAL
Comprehensive Hands On Physical	\$595.00	110	\$65,450.00
EMR Fee	\$25.00	110	\$2,750.00
Mandatory LifeScan NFPA Proprietary EMR System with Behavioral Health Assessments			
On-site Blood Draws	\$30.00	110	\$3,300.00
ADV Cancer Markers	\$105.00	110	\$11,550.00
			\$83,050.00
		Discount	\$0.00
		Tax	\$0.00
		Total Per Person	\$83,050.00

This quotation is subject to the following terms and conditions:

1. Minimum of 45 appointments to come on site. Can combine multiple departments
2. Pricing subject to annual increase
3. Pricing is based on 9 patients per day, 45 per week. All scheduled appointments will be billed.

Additional Info:

1. Detailed scope of work can be found on page 2
2. Additional testing that can be added to the exam is listed on page 3 & 4

Douglas Williams
Deputy Chief Mission Fire Department

Public Safety Physical Exam (NFPA 1582 Compliant)

Medical & Occupational/Environmental Questionnaire	Included
Comprehensive Hands-On Physical Exam	Included
Vital Signs: Height, Weight, Blood Pressure, Pulse	Included
Behavioral Health Eval - Epworth Sleep, PCL-5, PHQ-9	Included
Back Health Evaluation	Included
Urinalysis	Included
Audiogram	Included
Titmus Occupational Vision Exam	Included
Breast Exam with Self-Exam education	Included
Personal Consultation with review of testing results	Included

Laboratory Tests:

Comprehensive Metabolic Panel, Blood Chemistry	Included
Complete Blood Count, Hematology Panel	Included
Hemoccult Stool Test for Colon Cancer Screening	Included
Total Lipid Panel	Included
Thyroid Test TSH	Included
Glucose	Included
Hemoglobin A1C	Included
Men: PSA (Prostate cancer marker) and Testosterone	Included
Women: CA-125	Included

Ultrasound Screenings (Early Detection of Heart Disease and Cancer):

Echocardiogram (Heart Ultrasound)	Included
Carotid Arteries Ultrasound	Included
Aorta and Aortic Valve Ultrasounds	Included
Liver Ultrasound	Included
Gall Bladder Ultrasound	Included
Kidneys Ultrasound	Included
Spleen Ultrasound	Included
Bladder Ultrasound	Included
Thyroid Ultrasound	Included
Men: Prostate and Testicular Ultrasounds	Included
Women: Ovaries and Uterus Ultrasounds	Included

Cardiopulmonary Testing & Fitness Eval (NFPA 1583 & IAFF WFI)

Cardiac Stress Test (Treadmill with 12 lead, sub-maximal)	Included
EKG, 12 Lead	Included



LIFE SCAN WELLNESS CENTERS

Saving the Lives of America's Heroes

Life Scan Wellness Centers
1011 N Macdill Ave Tampa, FL 33607
813-876-0625

Public Safety Physical Exam (NFPA 1582 Compliant)

Spirometry, PFT with OSHA Respirator Medical Clearance

Included

Fitness tests for muscular strength & endurance

Included

VO2 Max Calc for Aerobic Capacity

Included

Body Weight and Composition

Included

Personal Fitness Rx

Included



LIFE SCAN WELLNESS CENTERS

Saving the Lives of America's Heroes

Mission Fire Department

City of Mission
1201 E 8th St
Mission, TX 78572
March 17, 2025
Sole Source Letter

Life Scan Wellness Centers is the sole provider of the Life Scan Wellness Program for public safety which has unique characteristics that are essential to perform the health, wellness and fitness evaluations for your firefighters.

The Life Scan public safety physical is an integrated medical approach to occupational exams that combines NFPA 1582 physicals, NFPA 1583/Wellness Fitness Initiative fitness evaluations, and OSHA 1910.134 Respirator Medical Clearance and Mask Fit Testing with advanced medical assessments for the early detection of the major diseases such as heart disease, stroke, cancer, diabetes, and aneurysms before they reach a catastrophic level. It provides your employees with a thorough assessment of their health as well as recommendations for achieving and maintaining long-term health and managing medical risks. Each Life Scan physical exam follows the guidelines of NFPA 1582, OSHA, and the IAFF/IAFC Health and Wellness Initiative and yet has the added-value benefit of ultrasound imaging assessments of the internal organs and cardiovascular system, more extensive laboratory blood profiles, diet and nutritional analysis, a state-of-the-art fitness evaluation, and a personalized wellness plan. Life Scan utilizes unique proprietary data-based electronic medical records system.

The Life Scan program also has the unique ability to perform the physical exam on-site at a location provided by [Department].

I appreciate your consideration and look forward to providing City of Mission Fire Department with our Life Scan Wellness Program for your firefighter physicals.

Sincerely,

Patricia Johnson, CEO/President