

Proclamation

City of Mission



WHEREAS, men live an average of five years less than women, in spite of advances in medical technology and research; and

WHEREAS, educating the public and health care providers about the importance of healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value of preventative health will be more likely to participate in health screenings; and

WHEREAS, awareness is needed on a broad range of men's health issues, including heart disease, diabetes, prostate, testicular and colon cancer, breast cancer; and

WHEREAS, while breast cancer is known predominately as a leading cause of death for women, it is important to realize that in some cases it can also affect men; and

WHEREAS, Mission Regional Medical Center and its clinics, include Monarch Family Medicine and Mission Heart & Vascular, provide important medical check-ups for men, as well as encouraging healthier lifestyles and regular exercise; and

WHEREAS, Mission Regional Medical Center provides free screening mammograms for both women and men who are uninsured and need such a screening, utilizing funds generated through the annual "Mission Pink" community event; with this charity event sponsored by Mission Regional Medical Center, in partnership with the City of Mission year-after-year;

NOW, THEREFORE we the City Council of the City of Mission do hereby, extend our deepest respect for survivors and those advocating for prevention and cures for a broad range of men's health issues, and in so doing hereby proclaim June 2026 as:

"MEN'S HEALTH MONTH"

PROCLAIMED on this the 9th day of June, 2026.

Norie Gonzalez Garza, Mayor

Jessica Ortega, Councilwoman

Ruben Plata, Mayor Pro Tem

Marissa Ortega Gerlach, Councilwoman

Alberto Vela, Councilman