

Proclamation

City of Mission



Designation of July as Park and Recreation Month

WHEREAS parks and recreation is an integral part of communities throughout this country, including Mission, Texas; and

WHEREAS, Since 1985, people in the United States have celebrated Park and Recreation Month in July to promote building strong, vibrant and resilient communities through the power of parks and recreation and to recognize the more than 160,000 full-time park and recreation professionals that maintain our country's local, state and community parks; and

WHEREAS, This year's theme — *"Where Community Grows"* — celebrates the vital role park and recreation professionals play in bringing people together, providing essential services and fostering the growth of our communities; and

WHEREAS parks and recreation promotes health and wellness, improving the physical and mental health of people who live near parks and promotes time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimers; and

WHEREAS parks and recreation encourages physical activities by providing space for popular sports, hiking trails, swimming pools and many other activities designed to promote active lifestyles and education activities, such as out-of-school time programming, youth sports and environmental education, are critical to childhood development; and

WHEREAS parks and recreation increases a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses, and crime reduction; and

WHEREAS our parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors; and

WHEREAS the U. S. House of Representatives has designated July as Parks and Recreation Month; and

WHEREAS Mission, Texas recognizes the benefits derived from parks and recreation resources; and

NOW, THEREFORE, we the City Council of the City of Mission designate the month of July as

"Park and Recreation Month"

In the City of Mission and invite the community to visit the City of Mission parks and recognizes the benefits derived from parks and recreation resources.

PROCLAIMED on this the 26th day of June 2023.

Norie Gonzalez Garza, Mayor

Jessica Ortega, Mayor Pro Tem

Ruben D. Plata, Mayor Pro Tem

Abiel Flores, Councilman

Alberto Vela, Councilman