

LIFE SCAN WELLNESS CENTERS 2024 QUOTE:	
Department: Mission Fire Department City: Mission State: TX Contact: Deputy Chief Douglas Williams Date: February 28, 2024 Number of Physicals: 110	COST
Public Safety Physical Exam (NFPA 1582 compliant)	
Medical & Occupational/Environmental Questionnaire	Included
Comprehensive Hands-On Physical Exam	Included
Vital Signs: Height, Weight, Blood Pressure, Pulse	Included
Sleep Disorder Evaluation, Epworth Sleep Scale	Included
Back Health Evaluation	Included
Urinalysis	Included
Audiogram	Included
Titmus Occupational Vision with Peripheral, Depth Perception, and Color	Included
Breast Exam with Self-Exam education	Included
Personal Consultation with review of testing results	Included
Laboratory Tests:	
Comprehensive Metabolic Panel, Blood Chemistry	Included
Complete Blood Count, Hematology Panel	Included
Hemoccult Stool Test for Colon Cancer Screening	Included
Total Lipid Panel	Included
Thyroid Test TSH	Included
Glucose	Included
Hemoglobin A1C	Included
Men: PSA (Prostate cancer marker) and Testosterone	Included
Ultrasound Screenings (Early Detection of Heart Disease and Cancer):	
Echocardiogram (Heart Ultrasound)	Included
Carotid Arteries Ultrasound	Included
Aorta and Aortic Valve Ultrasounds	Included
Liver Ultrasound	Included
Gall Bladder Ultrasound	Included
Kidneys Ultrasound	Included
Spleen Ultrasound	Included
Bladder Ultrasound	Included
Thyroid Ultrasound	Included
Men: Prostate and Testicular Ultrasounds	Included
Women: Ovaries and Uterus Ultrasounds	Included
Cardiopulmonary Testing	
Cardiac Stress Test (Treadmill with 12 lead, sub-maximal, Bruce Protocol)	Included
EKG, 12 Lead	Included
Spirometry, PFT Lung Capacity with OSHA Respirator Medical Clearance	Included
Fitness Evaluations per NFPA 1583~IAFF/IAFC Wellness Fitness Initiative:	
Fitness tests for muscular strength & endurance	Included
Sit and Reach, Planking, Grip Strength,	Included
Sit Up Test, Wall Sit, Flexibility	Included
VO2 Max Calc for Aerobic Capacity	Included
Body Weight and Composition	Included
Personal Fitness Rx	Included
LIFE SCAN PUBLIC SAFETY PHYSICAL EXAM Per Physical	\$567.00
LifeScan NFPA Proprietary EMR System with Behavioral Health Assessments Proprietary EMR and Data Storage, Enhanced Data Dashboards, Administrative Management, Patient and Client Portals	\$25.00
Life Scan Wellness Centers TOTAL COST each	\$592.00

OPTIONAL TESTS AVAILABLE	Line-Item COST
Chest X-Ray, 2 view with radiologist review	\$91.00
Lumbar X-Ray, 2 view with radiologist review	\$91.00
Hazmat Cholinestrese	\$91.00
Hazmat Heavy Metals	\$91.00
Hepatitis A Screening Test	\$65.00
Hepatitis A Titer	\$44.00
Hepatitis B Screening Test	\$72.00
Hepatitis B Titer	\$40.00
Hepatitis C Screening Test	\$65.00
HIV Test, Gen 4	\$37.00
PPD TB Skin Test	\$37.00
QuantiFeron TB Blood Test	\$77.00
Tdap (Tetanus, Diphtheria, Pertussis) Titer	\$37.00
OSHA Respirator Mask Fit Testing (Portacount)	\$57.00
Drug Screen, I CUP	\$57.00
Drug Rescreen with confirmation	\$65.00
Medical Review Officer (MRO) as indicated/secondary review	\$132.00
Phlebotomist (Blood Draw) Fee	\$26.00

Pricing subject to annual increase. Pricing is based on 9 patients per day, 45 per week. All scheduled appointments will be billed.

LIFE SCAN
Wellness Centers

Mission Fire Department

City of Mission
1201 E. 8th Street
Mission, TX 78572
December 21, 2022
Sole Source Letter

Life Scan Wellness Centers is the sole provider of the Life Scan Wellness Program for public safety which has unique characteristics that are essential to perform the health, wellness, and fitness evaluations for your firefighters.

The Life Scan public safety physical is an integrated medical approach to occupational exams that combines NFPA 1582 physicals, NFPA 1583/Wellness Fitness Initiative fitness evaluations, and OSHA 1910.134 Respirator Medical Clearance and Mask Fit Testing with advanced medical assessments for the early detection of the major diseases such as heart disease, stroke, cancer, diabetes, and aneurysms before they reach a catastrophic level. It provides your employees with a thorough assessment of their health as well as recommendations for achieving and maintain long term health and managing medical risks. Each Life Scan physical exam follows the guidelines of NFPA 1582, OSHA, and the IAFF/IAFC Health and Wellness Initiative and yet has the added-value benefit of ultrasound imaging assessments of the internal organs and cardiovascular system, more extensive laboratory blood profiles, diet and nutritional analysis, a state-of-the-art fitness evaluation, and a personalized wellness plan. Life Scan utilizes unique proprietary data-based electronic medical records system.

The Life Scan program also has the unique ability to perform the physical exam on-site at a location provided by City of Mission Fire Department.

I appreciate your consideration and look forward to providing City of Mission Fire Department with our Life Scan Wellness Program for your firefighter physicals.

Sincerely,



Patricia Johnson, CEO

1011 North MacDill Avenue
Tampa, Florida 33607