

Mental Health Awareness Month May 2022

- **WHEREAS:** Mental Health Awareness Month was founded in 1949 by the Mental Health America organization; and
- WHEREAS: May of each year is recognized nationally as Mental Health Awareness Month; and
- **WHEREAS:** Nearly 1 in 5 Americans will experience a mental illness in any given year; and
- **WHEREAS:** 46 percent of Americans will meet the criteria for a diagnosable mental health condition sometime in their life; and
- **WHEREAS:** The high levels of stigma associated with mental illness and mental health make it difficult for individuals struggling to seek treatment; and
- **WHEREAS:** Middletown Township is dedicated to educating and mobilizing people about the need for mental health care and awareness. Now,
- THEREFORE: I, Mayor Tony Perry and the Middletown Township Committee, do hereby proclaim May 2022, and every May going forward, as Mental Health Awareness Month in the Township of Middletown in order to help raise awareness and reduce stigma around mental health care.

Given, under my hand and the Great Seal of the Township of Middletown, this 18^{th} day of April in the year two thousand twenty-two

Mayor Tony Perry