



PROCLAMATION

OFFICE OF THE MAYOR



- WHEREAS:** Middletown Township includes older Americans who enrich our community through their diverse life experiences; and
- WHEREAS:** We recognize their many valuable contributions to society and the importance of bringing together all generations and engaging in activities that promote physical, mental, and emotional well-being; and
- WHEREAS:** The Middletown Senior Center is a resourceful hub that offers a wide range of activities from daily exercise classes, seasonal themed parties, and more. In celebration of Older Americans Month, the Center is inviting its members to write a piece of advice for the senior class of 2023 on Tuesday, May 16th, enjoy delicious food at the Older Americans Month Luncheon at Yesterday's Restaurant on Tuesday, May 23rd, and take a Tai Chi class on Wednesday, May 31st which is National Senior Fitness Day; and
- WHEREAS:** Middletown encourages and celebrates the countless contributions that older adults make to our community. Their time, experience, and talents benefit family, peers, and neighbors every day. We are committed to supporting them, their families, and caregivers. Now,
- THEREFORE:** I, Mayor Tony Perry and the Middletown Township Committee, do hereby proclaim May 2023 as **Older Americans Month** in the Township of Middletown. We urge every resident to take time during this month to acknowledge older adults and the people who serve them as influential and vital members of our community. We also encourage residents who are 60+ to join the Middletown Senior Center for free. Call 732-615-2265 or visit www.middletownnj.org/seniors for more information.

*Given, under my hand and the Great Seal of the Township of Middletown,
this 1st day of May in the year two thousand twenty-three*

Mayor Tony Perry