



PROCLAMATION

Office of the Mayor



September 2023

- WHEREAS:** National Recovery Month (Recovery Month) is a national observance held every September to educate Americans about how substance use treatment and mental health services can enable those with a mental and/or substance use disorder to live a healthy and rewarding life; and
- WHEREAS:** Mental health and substance use disorders affect all communities nationwide. With commitment and support, those impacted can embark on a journey of improved health and overall wellness. The focus of Recovery Month is to celebrate all the people that make the journey of recovery possible by embracing the theme, "Recovery is For Everyone: Every Person, Every Family, Every Community." Recovery Month spreads the message that people can and do recover every day; and
- WHEREAS:** Through Recovery Month, people become more aware and able to recognize the signs of mental health and substance use disorders and encourage people in need of recovery services to seek help. Managing the effects of these conditions helps individuals achieve healthy lifestyles, both physically and emotionally; and
- WHEREAS:** The Recovery Month observance continues to work to improve the lives of those affected by mental health and substance use disorders by raising awareness and educating communities about the effective services that are available; and
- WHEREAS:** To help more people achieve and sustain long-term recovery, we encourage community members to reach out to the Middletown Municipal Alliance for the prevention of substance use and Crossroads at the Lincroft Annex should they or a loved one need help with battling addiction. Now,
- THEREFORE:** I, Mayor Tony Perry and the Middletown Township Committee, do hereby proclaim the month of September 2023 as **Recovery Month** in Middletown Township and call upon our community to observe this month with compelling programs and events that support this year's 33rd anniversary of Recovery Month. Visit www.rm.facesandvoicesofrecovery.org for more information.

*Given, under my hand and the Great Seal of the Township of Middletown,
this twenty-first day of August in the year two thousand twenty-three*

Mayor Tony Perry