



PROCLAMATION

OFFICE OF THE MAYOR

Alcohol Awareness Month April 2022

- WHEREAS:** Alcohol is the most commonly used addictive substance in the United States. Excessive drinking is responsible for more than 95,000 deaths in our nation each year, approximately 3,500 of those deaths being among underage youth; and
- WHEREAS:** Young people who begin drinking before age 15 are four times more likely to develop alcohol dependence than those who begin drinking at age 21; and
- WHEREAS:** The typical American will see 100,000 beer commercials before they turn 18; and
- WHEREAS:** Kids who drink are more likely to be victims of violent crime, to be involved in alcohol-related traffic crashes, and to have serious school-related problems; and
- WHEREAS:** A supportive family environment is associated with lowered rates of alcohol use in adolescents. Consistent and sustained parental attitudes can influence a child's decision about whether to use alcohol and drugs; and
- WHEREAS:** Kids who have conversations with their parents and learn a lot about the dangers of alcohol and drug use are 50% less likely to use alcohol and drugs than those who don't have such conversations. Now,
- THEREFORE:** I, Mayor Tony Perry and the Middletown Township Committee, join the Middletown Municipal Alliance and Crossroads at the Lincroft Annex in proclaiming April 2022 **Alcohol Awareness Month** in Middletown Township. We call upon all citizens, parents, governmental agencies, public and private institutions, businesses, hospitals, schools, and colleges in Middletown to support efforts that will provide early education about alcohol and substance use or misuse to increase support for individuals and families coping with alcoholism. If you know a loved one who needs help, call Crossroads at 732-615-2277 or email crossroads@middletownnj.org. Through these efforts, together we can provide hope, help, and healing for those in our community who are facing challenges with alcohol use or misuse.

*Given, under my hand and the Great Seal of the Township of Middletown,
this 4th day of April in the year two thousand twenty-two*

Mayor Tony Perry