



BUSINESS OF THE CITY COUNCIL CITY OF MERCER ISLAND

AB 5744
September 1, 2020
Consent Calendar

AGENDA BILL INFORMATION

TITLE:	AB 5744: National Recovery Month Proclamation No. 256	<input type="checkbox"/> Discussion Only
RECOMMENDED ACTION:	Proclaim September 2020 as National Recovery Month in Mercer Island.	<input type="checkbox"/> Action Needed: <input type="checkbox"/> Motion <input type="checkbox"/> Ordinance <input type="checkbox"/> Resolution

DEPARTMENT:	Youth and Family Services
STAFF:	Derek Franklin, Senior Programs Manager and Clinical Supervisor
COUNCIL LIAISON:	Benson Wong
EXHIBITS:	1. Recovery Month Proclamation No. 256
CITY COUNCIL PRIORITY:	n/a

AMOUNT OF EXPENDITURE	\$ n/a
AMOUNT BUDGETED	\$ n/a
APPROPRIATION REQUIRED	\$ n/a

SUMMARY

National Recovery Month is celebrated in the U.S. each September to promote access to recovery, celebrate those participating in services, and educate communities about overcoming the barriers of stigma and discrimination. Recovery Month focusses specifically on recovery from mental health and/or substance use disorders and advances the broader messages that behavioral health is essential to overall health and wellness and that prevention works, treatment is effective, and people do recover.

The impact of mental and/or substance use disorders is apparent in our local community, and an estimated 400,000 people in King County are affected by these conditions. Through **Recovery Month**, people become more aware and able to recognize the signs of mental and substance use disorders, which can lead more people into needed treatment and recovery support services. Managing the effects of these conditions can help people achieve healthy lifestyles, both physically and emotionally.

The City's Department of Youth and Family Services (YFS) provides community-wide substance abuse prevention and mental health promotion services via the Healthy Youth Initiative. YFS outpatient mental health counselors and school-based counselors provide mental health treatment and substance abuse intervention and referral. We encourage Mercer Island residents seeking services or information to connect with the Youth and Family and Family Services Department at 206-275-7611 or www.mercerisland.gov/yfs.

RECOMMENDATION

Mayor presents the proclamation proclaiming September 2020 as National Recovery Month.