



BUSINESS OF THE CITY COUNCIL CITY OF MERCER ISLAND

AB 5927
August 31, 2021
Consent Agenda

AGENDA BILL INFORMATION

TITLE:	AB 5927: National Recovery Month Proclamation No. 279	<input type="checkbox"/> Discussion Only
RECOMMENDED ACTION:	Mayor Wong proclaims September 2021 National Recovery Month in Mercer Island.	<input checked="" type="checkbox"/> Action Needed: <input checked="" type="checkbox"/> Motion <input type="checkbox"/> Ordinance <input type="checkbox"/> Resolution

DEPARTMENT:	Youth and Family Services
STAFF:	Alison Spietz, Chief of Administration Tambi Cork, YFS Administrator
COUNCIL LIAISON:	n/a
EXHIBITS:	1. Proclamation No. 279
CITY COUNCIL PRIORITY:	n/a

SUMMARY

National Recovery Month is celebrated in the U.S. each September to promote access to recovery, celebrate those participating in services, and educate communities about overcoming the barriers of stigma and discrimination. Recovery Month focuses specifically on recovery from mental health and/or substance use disorders and advances the broader messages that behavioral health is essential to overall health and wellness and that prevention works, treatment is effective, and people do recover.

The impact of mental and/or substance use disorders is apparent in our community, and an estimated 400,000 people in King County are affected by these conditions. Through **Recovery Month**, people become more aware and able to recognize the signs of mental and substance use disorders, which can lead more people into needed treatment and recovery support services. Managing the effects of these conditions can help people achieve wellbeing, both physically and emotionally.

The City's Department of Youth and Family Services (YFS) provides community-wide substance abuse prevention and mental health promotion services via the Healthy Youth Initiative. YFS outpatient mental health counselors and school-based counselors provide mental health treatment and substance abuse intervention and referral. We encourage Mercer Island residents seeking services or information to connect with the Youth and Family Services Department at 206-275-7611 or www.mercerisland.gov/yfs.

RECOMMENDED ACTION

Mayor Wong proclaims September 2021 National Recovery Month in Mercer Island.