



**BUSINESS OF THE CITY COUNCIL
CITY OF MERCER ISLAND**

**AB 6133
September 6, 2022
Consent Agenda**

AGENDA BILL INFORMATION

TITLE:	AB 6133: National Recovery Month Proclamation No. 293	<input type="checkbox"/> Discussion Only <input checked="" type="checkbox"/> Action Needed: <input checked="" type="checkbox"/> Motion <input type="checkbox"/> Ordinance <input type="checkbox"/> Resolution
RECOMMENDED ACTION:	Proclaim September 2022 National Recovery Month Proclamation in Mercer Island.	

DEPARTMENT:	Youth and Family Services
STAFF:	Ali Spietz, Chief of Administration Tambi Cork, YFS Administrator
COUNCIL LIAISON:	n/a
EXHIBITS:	1. Proclamation No. 293
CITY COUNCIL PRIORITY:	n/a

AMOUNT OF EXPENDITURE	\$ n/a
AMOUNT BUDGETED	\$ n/a
APPROPRIATION REQUIRED	\$ n/a

EXECUTIVE SUMMARY

The purpose of this agenda bill is to proclaim September as National Recovery Month. Recognizing National Recovery Month each September raises awareness in the Mercer Island community that *Recovery is for Everyone: Every Person, Every Family, Every Community* and promotes resources for prevention, intervention, and treatment on Mercer Island.

ISSUE/DISCUSSION

Mental health and substance use disorders affect all communities nationwide, and National Recovery Month is celebrated in the U.S. each September to promote access to recovery, celebrate those participating in services, and educate the community to overcome the barriers of stigma and discrimination. Recovery Month focuses specifically on recovery from mental health and substance use disorders and advances the broader messages that behavioral health is essential to overall health and wellness and that prevention works, treatment is effective, and people do recover. The 2022 National Recovery theme, *Recovery is for Everyone: Every Person, Every Family, Every Community*, reminds people in recovery and those who support them that recovery belongs to all of us and is a community effort.

The impact of mental and substance use disorders is apparent in our community, and an estimated 400,000 people in King County are affected by these conditions. Through Recovery Month, people become more

aware and able to recognize the signs of mental and substance use disorders, which can lead more people into needed treatment and recovery support services. Managing the effects of these conditions can help people achieve wellbeing, both physically and emotionally.

Mercer Island supports this important message through robust prevention, intervention and treatment programs through the Youth and Family Services (YFS) Department. YFS provides community-wide substance abuse prevention and mental health promotion services via the Healthy Youth Initiative. YFS outpatient mental health counselors and school-based counselors provide mental health treatment and substance abuse intervention and referral. We encourage Mercer Island residents seeking services or information to connect with the Youth and Family Services Department Confidential Intake Line at 206-275-7657 or learn more www.mercerisland.gov/yfs and www.mihealthyyouth.com.

RECOMMENDED ACTION

Proclaim September 2022 National Recovery Month in Mercer Island.