



**BUSINESS OF THE CITY COUNCIL
CITY OF MERCER ISLAND**

**AB 6321
September 5, 2023
Consent Agenda**

AGENDA BILL INFORMATION

TITLE:	AB 6321: National Recovery Month Proclamation No. 314	<input type="checkbox"/> Discussion Only <input checked="" type="checkbox"/> Action Needed: <input checked="" type="checkbox"/> Motion <input type="checkbox"/> Ordinance <input type="checkbox"/> Resolution
RECOMMENDED ACTION:	Approve Proclamation No. 314 proclaiming September 2023 as National Recovery Month on Mercer Island.	

DEPARTMENT:	Youth and Family Services
STAFF:	Ali Spietz, Chief of Administration Derek Franklin, YFS Administrator
COUNCIL LIAISON:	n/a
EXHIBITS:	1. Proclamation No. 314
CITY COUNCIL PRIORITY:	n/a

AMOUNT OF EXPENDITURE	\$ n/a
AMOUNT BUDGETED	\$ n/a
APPROPRIATION REQUIRED	\$ n/a

EXECUTIVE SUMMARY

The purpose of this agenda bill is to proclaim September as [National Recovery Month](#). Recognizing National Recovery Month each September raises awareness in the Mercer Island community that recovery is for everyone *“Every Person, Every Family, Every Community”* and promotes resources for prevention, intervention, and treatment on Mercer Island. The City’s Department of Youth and Family Services provides many such services to Island residents.

BACKGROUND

Mental health and substance use disorders affect all communities nationwide, and National Recovery Month is celebrated in the U.S. each September to promote access to recovery, celebrate those participating in services, and educate the community to overcome the barriers of stigma and discrimination. Recovery Month focuses specifically on recovery from mental health and substance use disorders and advances the broader messages that behavioral health is essential to overall health and wellness and that prevention works, treatment is effective, and people do recover.

ISSUE/DISCUSSION

The 2023 National Recovery Month theme, *“Every person. Every Family. Every Community.”* reminds people in recovery and those who support them that recovery belongs to all of us and is a community effort. This theme has been adopted as the permeant tagline of National Recovery Month.

The impact of mental and substance use disorders is apparent in our community just as it is nationally where nearly 1 in 3 adults have had either a substance use disorder or any mental health illness in the past year and 46% of young adults 18-25 had either a substance use disorder or any mental illness.

Through Recovery Month, people become more aware and able to recognize the signs of mental and substance use disorders, which can lead more people into needed treatment and recovery support services. Managing the effects of these conditions can help people achieve wellbeing, both physically and emotionally.

Mercer Island supports this important message through robust prevention, intervention and treatment programs through the Youth and Family Services (YFS) Department. YFS provides community-wide substance abuse prevention and mental health promotion services via the Healthy Youth Initiative. YFS outpatient mental health counselors and school-based counselors provide mental health treatment and substance abuse intervention and referral. Mercer Island residents seeking services or information, please contact the YFS Department Confidential Intake Line at (206) 275-7657 or learn more at www.mercerisland.gov/yfs and www.mihealthyyouth.com.

RECOMMENDED ACTION

Approve Proclamation No. 314 proclaiming September 2023 as National Recovery Month on Mercer Island.