



BUSINESS OF THE CITY COUNCIL CITY OF MERCER ISLAND

AB 6749
September 2, 2025
Consent Agenda

AGENDA BILL INFORMATION

TITLE:	AB 6749: National Recovery Month, Proclamation No. 369	<input type="checkbox"/> Discussion Only <input checked="" type="checkbox"/> Action Needed: <input checked="" type="checkbox"/> Motion <input type="checkbox"/> Ordinance <input type="checkbox"/> Resolution
RECOMMENDED ACTION:	Approve Proclamation No. 369 proclaiming September 2025 as National Recovery Month on Mercer Island.	

DEPARTMENT:	Youth and Family Services
STAFF:	Mayor Salim Nice Derek Franklin, YFS Administrator
COUNCIL LIAISON:	n/a
EXHIBITS:	1. Proclamation No. 369
CITY COUNCIL PRIORITY:	n/a

AMOUNT OF EXPENDITURE	\$ n/a
AMOUNT BUDGETED	\$ n/a
APPROPRIATION REQUIRED	\$ n/a

EXECUTIVE SUMMARY

The purpose of this agenda bill is to proclaim September as National Recovery Month on Mercer Island with Proclamation No. 369 (Exhibit 1). Recognizing National Recovery Month each September raises awareness in the Mercer Island community that recovery from substance abuse and mental health conditions is possible for everyone and promotes prevention, intervention, and treatment on Mercer Island. The City's Department of Youth and Family Services provides low-barrier prevention, intervention, and treatment service to Mercer Island residents.

BACKGROUND

Mental health conditions and substance use disorders affect all communities nationwide, and [National Recovery Month](#) is celebrated in the U.S. each September to promote access to recovery, celebrate those participating in services, and educate the community to overcome the barriers of stigma and discrimination. Originally focused on recovery only from substances of abuse, over time National Recovery Month evolved to encompass mental health, recognizing the connection between these conditions.

Recovery Month advances the broader messages that behavioral health is essential to overall health and wellness and that prevention works, treatment is effective, and people do recover.

ISSUE/DISCUSSION

The 2025 National Recovery Month theme is “Recovery is for Everyone: Every Person, Every Family, Every Community”. This theme reminds people in recovery and those who support them that recovery belongs to all of us and is a community effort. This observance reinforces the message that behavioral health is essential to overall health, prevention works, treatment is effective, and people can and do recover. Nationally, approximately 74% of adults who have ever had a substance use issue and 70% of adults who have ever had a mental health issue consider themselves to be in recovery or have recovered.

The City of Mercer Island supports this important message by providing robust prevention, intervention and treatment programs through its Department of Youth and Family Services (YFS). YFS provides community-wide substance abuse prevention and mental health promotion services via the Healthy Youth Initiative. YFS outpatient mental health counselors and school-based counselors provide mental health treatment and substance abuse intervention and referral.

Data from the biennial Healthy Youth Survey administered in Washington public schools finds that Mercer Island youth historically binge drink (consuming five or more drinks on one occasion for males and four or more drinks on one occasion for females) and report rates of stress and anxiety at rates higher than their peers statewide. National and regional data identifies young adults ages 18-24 as being at highest risk for high-risk cannabis use and adults ages 25-34 having the highest rates of fentanyl-involved nonfatal overdose emergency department visits. National Recovery Month reminds the Mercer Island community that there is more work to be done supporting those individuals and families impacted by substance use and mental health conditions with education, awareness, prevention, intervention, and treatment services.

Mercer Island residents seeking mental health or substance use-related services or information, are encouraged to contact the YFS Department Confidential Intake Line at (206) 275-7657 or learn more at www.mercerisland.gov/yfs and www.mihealthyyouth.com.

RECOMMENDED ACTION

Approve Proclamation No. 369 proclaiming September 2025 as National Recovery Month on Mercer Island.