



City of Medina, Washington
PROCLAMATION

2022 National Recovery Month

WHEREAS, behavioral health is an essential part of one's overall health and wellness; and

WHEREAS, the COVID-19 pandemic has had, and continues to have, a profound effect on mental health and substance use, with increasing numbers of people experiencing anxiety, depression, and loneliness; and

WHEREAS, an estimated 575,000 people in King County are affected by these conditions; and

WHEREAS, preventing and overcoming mental and substance use disorders is essential to achieving healthy lifestyles for individuals, families, and entire communities; and

WHEREAS, connection and community are critical components of recovery in our local area and across the nation; and

WHEREAS, we must encourage relatives, friends, and neighbors of people with mental and/or substance use disorders to recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services; and

WHEREAS, prevention of mental health and substance use disorders works, treatment is effective, and recovery is possible; and

WHEREAS, to help more people achieve and sustain recovery, the U.S. Department of Health and Human Services (HHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), the White House Office of National Drug Control Policy (ONDCP), King County, and City of Medina invite all residents of Medina to participate in recognizing National Recovery Month; and

NOW, THEREFORE, I, Jessica Rossman, by virtue of the authority vested in me by the laws of City of Medina do hereby proclaim the month of September 2022 as

NATIONAL RECOVERY MONTH

In Medina and call upon the people of Medina to observe this month with programs and activities to support **National Recovery Month**.

In Witness Whereof, I have hereunto set my hand this 12th day of September, in the year of two thousand twenty-two, and of the Independence of the United States of America the two-hundred and forty-sixth.

Mayor, Jessica Rossman