



**PROCLAMATION
Parks and Recreation Month
July 2024**

WHEREAS, parks and recreation programs are an integral part of communities throughout this country, including **Mead, Colorado**; and

WHEREAS, parks and recreation promotes both health and wellness, improving the physical and mental health of people who live near parks; and

WHEREAS, parks and recreation encourages time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimer's; and

WHEREAS, parks and recreation programs increase a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses, and crime reduction; and

WHEREAS, parks and recreation areas are fundamental to the environmental well-being of our community; and

WHEREAS, park and recreation programming and education activities, such as out of-school time programming, youth sports and environmental education, are critical to childhood development; and

WHEREAS, our parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors; and

WHEREAS, the Town of Mead recognizes the benefits derived from parks and recreation resources

NOW THEREFORE, I, Colleen Whitlow, Mayor, of the Town of Mead do hereby proclaim that July is recognized as **Parks and Recreation Month** in the Town of Mead.

Given under my hand and Seal of the Town of Mead, Colorado
On this 8th day of July 2024

Colleen G. Whitlow
Mayor