



PROCLAMATION
Mental Health Month
May 2024

WHEREAS, now, more than ever, we must understand that the health of our minds is as important as physical health; and

WHEREAS, one in every four people are affected by mental illness, with more Weld County residents having reported mental health challenges such as depression, anxiety, or other mental health conditions than in years past; and

WHEREAS, Mead residents can find recovery through a variety of outpatient, residential, and critical walk-in crisis support options through Weld County's community mental health center, North Range Behavioral Health; and

WHEREAS, Mead residents are healthier because of North Range's commitment to preventing hospitalizations, incarcerations, trauma, suicides, and substance use disorder through collaboration with community health centers, school districts, human services, law enforcement, United Way, and many others; and

WHEREAS, North Range Behavioral Health's Suicide Education and Support Services (SESS) program supports those who have lost someone to suicide and provides education to Mead residents that help build critical suicide prevention skills; and

WHEREAS, National Mental Health Month is observed every May to raise awareness about behavioral health, recovery and hope, the importance of prevention, and the factors that contribute to mental wellness.

NOW, THEREFORE, I, Colleen Whitlow, Mayor of the Town of Mead, do hereby proclaim the month of May 2024 as **Mental Health Month** and call upon the citizens, government agencies, public and private institutions, businesses and schools to recommit our community to increasing awareness and understanding of behavioral health and understanding the need for appropriate and accessible services for all citizens.

Given under my hand and Seal of the Town of Mead, Colorado
On this 29th day of April, 2024

Colleen G. Whitlow
Mayor