

## Staff Report

### A) Current Programs-

#### a. Mondays-

- Walking Club at 10:00 am; Free!
- Grief Support Group- 2nd & 4th Monday; 1:00 pm; Free!
- Watercolor Class- 3rd Monday; 1:00 pm; \$5-Res/\$7 Non-Res

#### b. Tuesdays-

- Cardio Drumming at 9:30 am; \$5
- Chair Yoga at 11:00 am; \$5
- Creative Cooking- 3<sup>rd</sup> Tuesday at 12:00 pm

#### c. Wednesdays-

- Podiatrist- 1st Wednesday- 8:30-10:30 am
- Strength Training at 9:30 am; \$5
- Knit & Crochet Group at 10:00 am; Free!
- Tai Chi Class at 11:00 am; \$5
- Dominoes Group at 12:30 pm; Free!
- Craft Class- 3rd Wednesday at 1:00 pm; \$5-Res/\$7 Non-Res
- Computer Assistance at 1:00 pm; Free!

#### d. Thursdays-

- Walking Club at 10:00 am; Free!
- Zumba Gold at 11:00 am; \$5
- State Licensed \$ Bingo at 1:00 pm
- Smoothie Day- 4<sup>th</sup> Thursday at 11:30 am

#### e. Fridays-

- Reflexology- 1st Friday; 9:30 am–11:30 am; \$10-20
- Bunco at 10:00 am; Free!
- Massage Therapy- 2nd Friday at 9 am; \$25 for 30 minutes
- Art as Therapy- 3rd Friday; 12:45 pm; \$5-Res/\$7 Non-Res

#### f. Every Day-

- Computer, exercise equipment & billiard table use- anytime during regular business hours; now free!
- Monthly events and trips

#### g. News to Know

- New bus
- Day trips on our bus update
- Sponsored programs update
- Memorial Day Ceremony- Saturday, May 28
- Center closed Monday, May 30- Memorial Day
- Open House- Friday, June 17

- Status of OMOW- Started back up on Monday, April 4
- Masks/Capacity