



PROCLAMATION

WHEREAS, Posttraumatic Stress Disorder (PTSD) is associated with chemical changes in the body's hormonal system and autonomic nervous system, and is characterized by symptoms including flashbacks, nightmares, insomnia, avoidance, hypervigilance, anxiety, and depression; and

WHEREAS, between 7 and 8 percent of the population will experience PTSD during their lifetime; and

WHEREAS, PTSD can occur after a person experiences trauma including, but not limited to the stress of combat, rape, sexual assault, child abuse, bombing, accidents and natural disasters, and affects approximately 8 million adults in the United States annually; and

WHEREAS, despite its treatability, many cases of PTSD remain undiagnosed and untreated due to a lack of awareness of this condition and the persistent stigma associated with mental health conditions; and

WHEREAS, raising awareness of this condition is necessary to remove the stigma and to encourage those suffering to seek proper and timely treatment that may save their lives.

NOW, THEREFORE, I, Dr. Larry Wallace Jr., Mayor of the City of Manor, Texas, and on behalf of the Manor City Council, do hereby proclaim the month of June 2021, as:

“National PTSD Awareness Month”

in the City of Manor and encourage all people to reach out to their fellow citizens to provide support and remove the stigma associated with this disorder.

IN WITNESS WHEREOF, I have hereunto set my hand and caused to be affixed the seal of the City of Manor on this 2nd day of June 2021.

Dr. Larry Wallace Jr., Mayor
City of Manor