

Manor City Council Monthly Report

Name: **Sonia Wallace** Place/Position **Council Member 4**

Start Date: May 01, 2024 End Date: May 31, 2024

Tier	Meeting Criteria and Compensation Guidelines
I	Regular Scheduled City Council Meetings (1st & 3rd Wednesday), Special Called Council Meetings/Workshops, Public Finance Corporation (PFC), Tax Increment Reinvestment Zone (TIRZ), Public Improvement District (PID), and other authorized public meetings (joint meetings with MISD and other state and local government agencies)
II	Committee Meetings - Serve on at least two (2) committees, Chair at least one (1) committee, Host a minimum of 6 meetings per year, and provide meeting notes/reports to the City Council (Quarterly)
	*Request budget funding as necessary
III	Schedule/attend meetings Travis County Commissioner Precinct No. 1/County Judge, State Representatives, U.S. Congressman, Host two (2) Community Meetings, and Attend/Engage H.O.A. at least one (1) event
	*Participate/Speak at TML Annual Conference, Policy Summit, or other large TML event, and earn at least 8-16 TML credit hours
IV	TML Region - 10 Involvement, State Board Appointments, CAPCOG, CapMetro, TEDC, CAMPO, CTRMA, and Austin Health, etc. Memberships approved by City Council
	*Active attendance and participation and provide an update to City Council is a requirement

TIER 1

Tier	Meeting Criteria and Compensation Guidelines
I	Regular Scheduled City Council Meetings (1st & 3rd Wednesday), Special Called Council Meetings/Workshops, Public Finance Corporation (PFC), Tax Increment Reinvestment Zone (TIRZ), Public Improvement District (PID), and other authorized public meetings (joint meetings with MISD and other state and local government agencies)

City Council Meetings/Special Called Sessions/Workshops

Type of Meeting	Date	Description
Council meeting	05/01/24 05/15/24	

Other Meetings

Type of Meeting	Date	Description
PFC Meeting	05/01/24	
P&Z meeting Town Hall Meeting	05/08/24 05/28/24	Seeking public input on possible park a minute to East, and discussing possible grant opportunities.

Other

Type	Date	Description
Avenly Manor Groundbreaking	05/22/24	Manors first low income and first responder housing project
NFC Partnerships teams meeting	05/29/24	Discussion on possible fitness courts available for our park areas. Also Grant opportunities to be able to purchase said fitness court.

- Please submit any backup material for Tier 1 that supports your community involvement and attendance.

TIER 2

Tier	Meeting Criteria and Compensation Guidelines
II	Committee Meetings - Serve on at least two (2) committees, Chair at least one (1) committee, Host a minimum of 6 meetings per year, and provide meeting notes/reports to the City Council (Quarterly)
	*Request budget funding as necessary

Committee Meetings (minimum of 2 and Chair of 1)

Committee Name	Chair (Yes or No)	Meeting Date	*Quarterly Report Date	Description
Parks Meeting	Yes	05/28/24		

Committee Name	Chair (Yes or No)	Meeting Date	Quarterly Report Date	Description

Other

Type	Date	Description

- Please submit any backup material for Tier 2 that supports your community involvement and attendance.

* Quarterly Committee Reports Due October, January, April, July



CAMPAIGN BRIEFING

WELCOME





AMERICA'S LARGEST PUBLIC-PRIVATE WELLNESS PARTNERSHIP



CELEBRATING 500TH
Healthy Community this Year



NOW FUNDED
to welcome 1000 Healthy
Communities by 2025

CAMPAIGN MISSION: to Build Healthy Communities

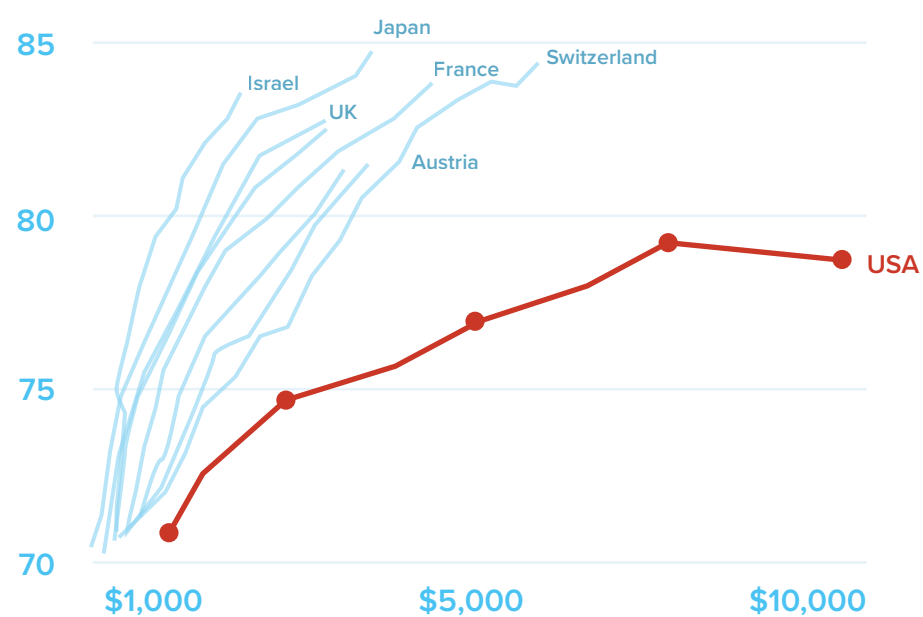


WHY THE CAMPAIGN DOES IT

TO MAKE WORLD CLASS FITNESS FREE



Life Expectancy vs Health Expenditure



UNDERSTANDING THE PROBLEM

AMERICA IS FACING A HEALTH CRISIS CAUSED BY SEDENTARY LIFE-STYLES AND CITIES DESIGNED FOR CARS. USA SPENDS MORE MONEY THAN ANY OTHER ON HEALTHCARE WITH POOR RESULTS.



BECOMING THE SOLUTION

WHEN COMMUNITIES ARE DESIGNED TO SUPPORT WELL-BEING, HEALTH OUTCOMES CHANGE!



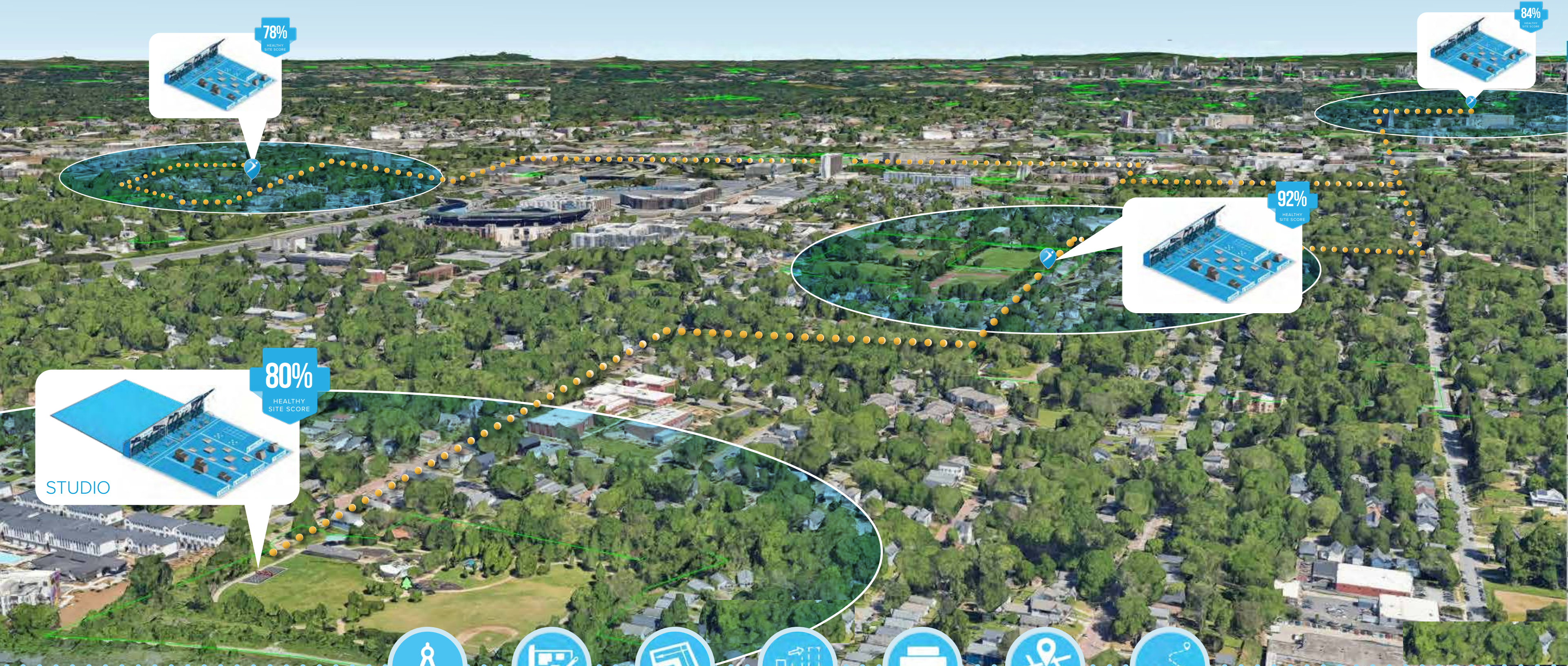
BROUGHT TO YOU BY





FITNESS COURT | HEALTHY INFRASTRUCTURE PLANNING

MULTI-SITE PLANNING FOR HEALTH IMPACT

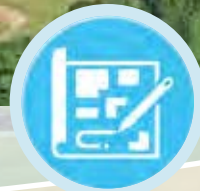


STUDIO

BUILDING HEALTHY COMMUNITIES
MULTI-SITE PHASING FOR HEALTH IMPACT
HEALTHY SITE SCORE (HSS)



PLANNING



PHASING



LAYOUTS



PROJECTIONS



SCORES



MAPPING



TRAILS



WHAT THE CAMPAIGN DOES
A COMPREHENSIVE COMMUNITY WELLNESS PROGRAM

DESIGN & PLANNING

LAUNCH & PRESS

SPONSOR SUPPORT CAMPAIGN

PUBLIC ART

GRANT FUNDING

AMBASSADOR TRAINING

INSTALLATION

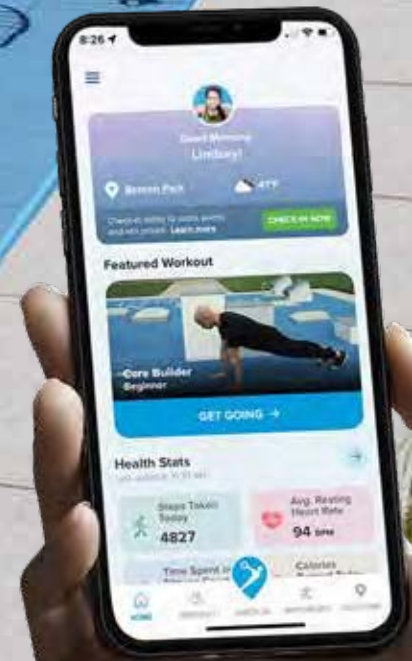
MOBILE APP





FITNESS COURT

WORLDS BEST OUTDOOR GYM



7 MOVEMENT FULL BODY WORKOUT
FUNCTIONAL TRAINING SYSTEM
DIGITALLY ACTIVATED | COACH IN YOUR POCKET



CORE



SQUAT



PUSH



LUNGE



PULL



AGILITY



BEND

NEW FOR 2024



FITNESS COURT
COMMUNITY WELLNESS HUB

STUDIO



COMMUNITY WELLNESS PROGRAMMING
WELCOMES ENTIRE COMMUNITY
MAYORS WELLNESS SERIES



HIIT



YOGA



ZUMBA



DANCE



STRETCH



KICKBOXING



TAI-CHI



FITNESS COURT | ART

EVERY FITNESS COURT IS A WORK OF ART



WORK WITH LOCAL ARTISTS
NFC DESIGN STUDIO

WORLD RENOWN ARTIST GALLERY
KEITH HARING | JEAN MICHEL BASQUIAT

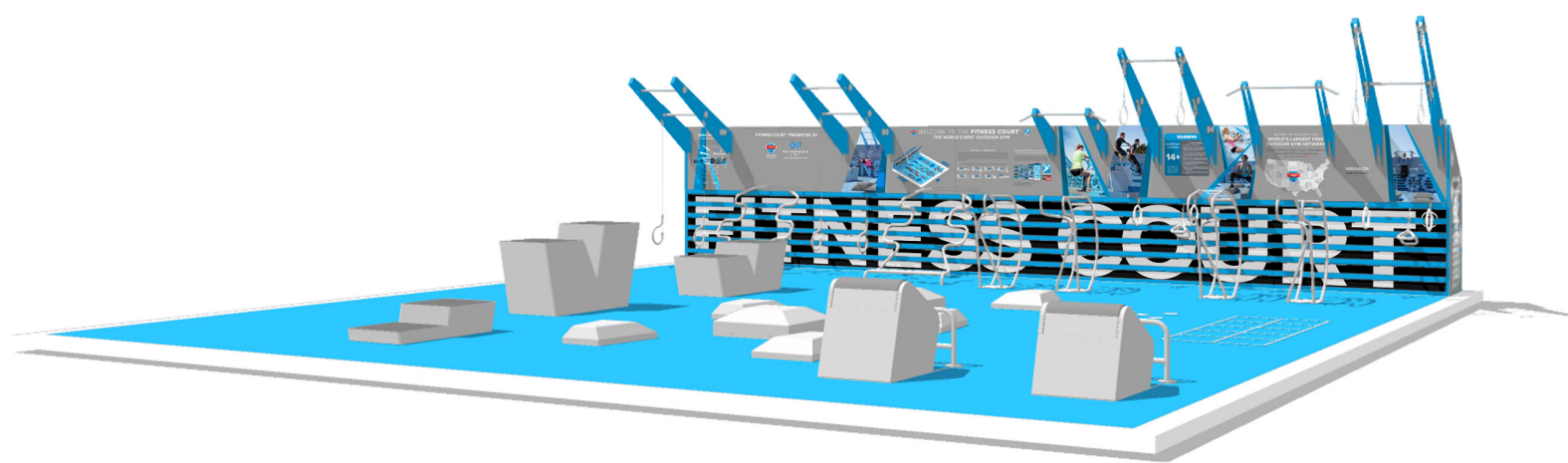
Fitness Court® Public Art



FITNESS COURTS®



Approved State Fitness Court Design



2024 NFC State Sponsor Art Collection
No Additional Funding Required

EACH FITNESS COURT® IS A ONE-OF-A-KIND WORK OF ART.

NFC DESIGN STUDIO

Additional Funding Required:
\$10,000



Final design works in collaboration with State Sponsor.

LOCAL ARTIST

Additional Funding Required:
\$25,000



Final design works in collaboration with State Sponsor.

FEATURED ARTIST

Additional Funding Required:
\$50,000

Limited licenses available



2023 JEAN-MICHEL BASQUIAT



1. BE A PART OF THE NATIONAL FITNESS CAMPAIGN
AMERICA'S LARGEST PUBLIC PRIVATE WELLNESS PARTNERSHIP

2. HEALTH BENEFITS
MORE TIME OUTDOORS, IMPROVED MENTAL & PHYSICAL WELLBEING

3. HEALTHY INFRASTRUCTURE
PLACES DESIGNED FOR PEOPLE NOT CARS

4. BUILDING COMMUNITY
CREATING A WELLNESS CULTURE THAT IS SOCIAL, CONNECTED AND FUN!

5. REDUCED HEALTHCARE COSTS
HEALTHIER, HAPPIER, PEOPLE





2024 TEXAS CAMPAIGN

PRESENTED BY



Strategic Plan Adopted for Health Impact Across State

Limited funding for 20 communities in 2024



\$1,000,000 in Funding Now Available
for Qualified Site Partners

NFC Grant Requirements

Program Qualification




**LEADERSHIP
SUPPORT**

STEP 1



**SITE
WITH IMPACT**

STEP 2



**FUNDING
MATCH**

STEP 3



**QUALIFY FOR
GRANT**

STEP 4

JOIN THE CAMPAIGN



STEP 1

LEADERSHIP SUPPORT

*BUILD CONSENSUS / CONFIRM FEASIBILITY
MUNICIPAL LEADER SUPPORT*

SHARE 3 MINUTE VIDEO





STEP 2

SITES WITH IMPACT

*IDENTIFY SITES THAT MEET CRITERIA
FOR FUNDING*

*HEALTHY INFRASTRUCTURE PLANNING
• VISIBLE • CONNECTED • ACCESSIBLE •*

**SUBMIT SITES FOR
CONSIDERATION**





STEP 3

FUNDING MATCH

*NFC GUIDES FUNDING PLAN
CIP • STATE/NATIONAL • LOCAL SPONSORS*

**GRANT FUNDING AVAILABLE:
\$30,000-\$50,000 PER SITE**

*GRANT FUNDING TYPICALLY SUPPORTS ABOUT
1/3 OF FUNDING REQUIREMENT*

PROGRAM FUNDING REQUIREMENT

\$150,000-\$225,000

PER SITE





STEP 4

QUALIFY FOR GRANT

- A. PRE-APPLICATION PHASE*
- B. GRANT AWARD*
- C. BUILD/SITE PLAN*
- D. LAUNCH LOCAL CAMPAIGN*

**SUBMIT GRANT
APPLICATION**



JOIN US

LET'S BUILD HEALTHY COMMUNITIES
TOGETHER



Discussion - Q&A

NEXT STEP



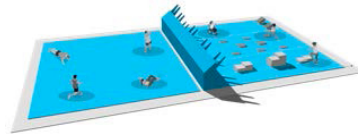
**ATTEND PARTNERSHIP QUALIFICATION
CALL IF APPROPRIATE**

DISCUSSED AT NEXT STEP:

- 1. FEASIBILITY & ALIGNMENT WITH LOCAL PRIORITIES**
- 2. SITE ANALYSIS & LOCATION OPTIONS FOR FUNDING CONSIDERATION**
- 3. FUNDING REQUIREMENT DETAILS AND GRANT PROGRAM & AVAILABILITY FOR YOUR STATE**
- 4. NON-BINDING GRANT QUALIFICATION PROCESS**

STEP 3

2024 CAMPAIGN FUNDING REQUIREMENT

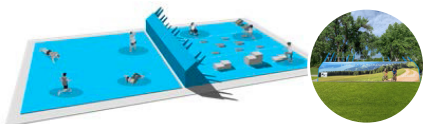


NFC PROGRAM FUNDING

The Fitness Court® Studio and National Campaign Services **\$ 195,000**

NFC Grant Funding Award  **(\$30,000-\$50,000)**

Fitness Court® Studio Art Options: *(note: powder-coating color and included art design dependent on state sponsor)*



Design Studio Standard Art
Included



Local Artist
\$25,000

OPTIONAL

NFC PROGRAM TOTAL **\$ 145,000-165,000**

CONCRETE SLAB (FULL STUDIO DIMENSIONS 38X76) **est.\$ 0-40,000**

Can be performed in-house or in-kind

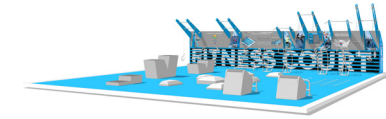
NFC APPROVED INSTALLER NETWORK INSTALLATION TEAM **\$ 32,500**

Turn Key Fitness Court Assembly
Art & Graphic Installation
Installation Partner (separate agreement)
With Prevailing Wage Rates: \$34,500

INSTALLATION & CONCRETE TOTAL ESTIMATE **\$ 32,500-72,500**

FITNESS COURT STUDIO & INSTALLATION TOTAL ESTIMATE AFTER \$50,000 GRANT FUNDING \$ 217,500*

**Assumes concrete pad costs of \$40,000 (national average) and includes Standard Art*



NFC PROGRAM FUNDING

The Fitness Court® and National Campaign Services **\$ 160,000**

NFC Grant Funding Award  **(\$30,000-\$50,000)**

Art & Custom Color Options



NFC Standard
Included



NFC Design Studio
\$10,000



Local Artist
\$25,000



Featured Artist
\$35,000

OPTIONAL

NFC PROGRAM TOTAL **\$ 110,000-130,000**

CONCRETE SLAB **est.\$ 0-20,000**

Can be performed in-house or in-kind

NFC APPROVED INSTALLER NETWORK INSTALLATION TEAM **\$ 25,000**

Turn Key Fitness Court Assembly
Art & Graphic Installation
Installation Partner (separate agreement)
With Prevailing Wage Rates: \$27,000

INSTALLATION & CONCRETE TOTAL ESTIMATE **\$ 25,000-47,000**

FITNESS COURT & INSTALLATION TOTAL ESTIMATE AFTER \$50,000 GRANT FUNDING \$ 155,000*

**Assumes concrete pad costs of \$20,000 (national average) and includes Standard Art*