



Proclamation

Whereas, mental health is essential to everyone's overall health and well-being; and

Whereas, almost every family in America has experienced times of difficulty and stress in their lives; and

Whereas, stigma and fear of discrimination keep many who would benefit from mental health services from seeking help; and

Whereas, research shows that the most effective way to reduce stigma is through socialization, compassion and education; and

Whereas, connecting our community with mental health resources and support, helps raise awareness on the importance of fighting the stigma; and

Whereas, mental health organizations and resources make important contributions to our communities' social well-being, healing and socialization; and

Whereas, good mental health is critical to the well-being of our families and promoting vibrant communities, schools, and businesses.

Now, Therefore, I Dr. Christopher Harvey, Mayor of the City of Manor, Texas, and on behalf of the Manor City Council, do hereby proclaim the month of May as:

"Mental Health Awareness Month"

in the City of Manor and encourage citizens, government agencies, public and private institutions, businesses, and schools to recommit to our community increasing awareness and understanding of mental health, reducing stigma and discrimination, and promoting appropriate and accessible services for all.

In Witness Whereof, I have hereunto set my hand and caused the seal of the City of Manor to be affixed this 4th day of May 2022.

Dr. Christopher Harvey, Mayor
City of Manor