

2023 Health Committee Calendar

JANUARY	National Blood Donor Month National Birth Defects Prevention Month National Glaucoma Awareness Month Thyroid Awareness Month
FEBRUARY	National Cancer Prevention Month American National Heart Month (Wear Red Day Feb 2) Tinnitus Awareness Week (Feb 6-12) World Cancer Day (4th) Eating Disorder Week (Feb 28-March 6)
MARCH	Ovarian Cancer Awareness Month Prostate Cancer Awareness Month World Kidney Day - National Kidney Month National Development Disabilities Awareness Month National Colorectal Cancer Awareness Month International Women's Day (March 8) World Down Syndrome Day (March 21) World TB Day (March 24) MS Awareness Week (March 13-19)
APRIL	International IBS Awareness Month Bowel Cancer Awareness Month National Autism Month Testicular Cancer Awareness Month World Autism Awareness Day (April 2) World Health Day (April 7) World Parkinson's Day (April 11) Allergy Awareness Week (April 24 – 30) World Day for Safety and Health at Work (April 28th) Food Allergy Awareness Week (April 24 - 30) Volunteers Week (April 16-22)

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MAY	Action on Stroke Month Mental Health Awareness week and Month Lupus Awareness Month National High Blood Pressure Education Month Skin Cancer Awareness Month National Motorcycle Awareness Month World Asthma Day (May 2) International Fibromyalgia Day (May 12 th) Dementia Awareness Week (May 15-21) World No Tobacco Day (May 31)
JUNE	National Osteoporosis Month Alzheimer's & Brain Awareness Month National PTSD Awareness Month National Men's Health Week (June 12-18) Diabetes Week (June 12-18)
JULY	National Childhood Obesity Week (July 3-9) World Hepatitis Day (July 28)
AUGUST	National Immunization Awareness Month Children's Eye Health and Safety Month National Breastfeeding Month
SEPTEMBER	National Cholesterol Education Month Blood Cancer Awareness Month Childhood Cancer Awareness Month Substance Use Recovery Healthy Aging National Childhood Obesity Awareness Month
OCTOBER	Breast Cancer Awareness Month Domestic Violence Awareness Month Health Literacy Month National Youth Sports Week (Oct 24-29)
NOVEMBER	Mental health and suicide prevention
DECEMBER	International Day of Person with disabilities