



**COHESIVE HEALTHCARE MANAGEMENT & CONSULTING**

**Mangum Regional Medical Center**

TITLE		POLICY
Treating in Groups		507
MANUAL	EFFECTIVE DATE	REVIEW DATE
Rehabilitation Services		
DEPARTMENT	REFERENCE	
Rehabilitation	www.cms.gov	

**SCOPE:** All professional rehabilitation staff members providing therapy in groups at Mangum Regional Medical Center.

**PURPOSE:** To outline procedures for rehabilitation staff regarding the treatment of patients in a group setting.

**DEFINITION:** Group therapy consists of simultaneous treatment to two or more patients who may or may not be doing the same activities.

**POLICY:** Services provided in a group setting will be medically necessary and skilled, addressing each patient’s individualized plan of care goals.

**PROCEDURE:**

Skilled rehabilitation services may be provided to patients in a group when this method meets the individualized plan of care to achieve identified goals.

1. Treatment order must indicate that up to 25% of treatment may be provided in a group setting.
2. Supervising therapist or assistant should treat no more than 4 patients at any given time.
3. Treatment setting and the number of patients in the group should be identified to most effectively and efficiently meet patient goals.
4. A portion of the patient’s rehabilitation program needs to be per individual therapy sessions.
5. Regularly scheduled for frequently occurring groups need a written format, including patient criteria, group goal, and potential activities.
6. Groups address components of function that interfere with functional living skills (such as impaired UE strength that interferes with eating skills) or functional skills.
7. Treatment time provided in a group should not exceed 25% of the total treatment time.

8. **CONTRAINDICATIONS:**

- a. Patient whose behavior jeopardizes the safety and/or ability of others to complete their goals.
  - b. Not medically stable.
9. **DOCUMENTATION:**
- a. Individual patient goals will be addressed either individually or in a group setting.
  - b. Progress notes will identify individualized progress toward goals and treatment and goals will be revised as appropriate.
  - c. Treatment log: will use applicable CPT group therapy code, when services provided simultaneously to two patients, are represented by CPT codes requiring direct one on one contact with the provider.

**REFERENCES:**

[https://www.cms.gov/Medicare/Billing/TherapyServices/Downloads/11\\_Part\\_B\\_Billing\\_Scenarios\\_for\\_PT\\_and\\_OTs.pdf](https://www.cms.gov/Medicare/Billing/TherapyServices/Downloads/11_Part_B_Billing_Scenarios_for_PT_and_OTs.pdf)

**ATTACHMENTS:**

**REVISIONS/UPDATES**

Date	Brief Description of Revision/Change