



COHESIVE HEALTHCARE MANAGEMENT & CONSULTING

Mangum Regional Medical Center

TITLE		POLICY	
Patient Education		709	
MANUAL	EFFECTIVE DATE	REVIEW DATE	
Rehabilitation			
DEPARTMENT	REFERENCE		
Rehabilitation Services			

SCOPE: All professional rehabilitation staff that will be providing patient education for patient care at Mangum Regional Medical Center.

PURPOSE: To outline and maintain the rehabilitation services policy to maximize functional status and improve patient functional outcomes by promoting healthy behavior and involving the patient and, when appropriate, the family or caregiver in care and care decisions.

DEFINITION: Patient education is when a provider educates a patient, family member or caregiver about the management of the patient’s health care needs.

POLICY: Patient/family/caregiver education will be provided in accordance with physician orders and established Care Plan. Education will be tailored to the individual patient's needs and learning style or method. Patient’s abilities, strengths, needs and goals reflected in professional assessments will be utilized for formulating patient’s educational goals.

- PROCEDURE:**
1. To ensure that patient education is successful, the following steps will be taken:
 - a. Assess organization wide patient education programs and activities
 - b. formulate patient program goals
 - c. allocate resources for patient education
 - d. determine and prioritize specific patient educational needs
 - e. provide education to meet identified patient needs
 - f. recognize the intense educational needs of the majority of patients in rehabilitation programs.
 2. The ultimate goals of patient education are to:
 - a. help the patient understand his/her health status, care options, and the risks or benefits of the options selected
 - b. encourage patient and family participation in care decisions

- c. Increase the likelihood that the patient will follow his or her care plan
 - d. maximize the patient's ability to cope with his/her health status, prognosis, or functional outcome
 - e. enhanced patient involvement in continuing care
 - f. promote quality of life
 - g. improving the patient's potential for discharge to home or an alternate level of care
3. It is the intent of Rehabilitation Services to develop, implement, evaluate and improve systems to:
- a. provide the patient with appropriate education and training about his/her illness and care needs.
 - b. Incorporate information from the patient's assessment about his/her education needs into the care planning process.
 - c. Educate the patient as appropriate to his/her assessed needs, abilities, strengths, goals, readiness, preferences, and length of stay.
 - d. Provide education that includes explanation of the patient's, family/caregiver's responsibilities in the patient's care.
 - e. Include education regarding how to safely and effectively use medication, when applicable, in accordance with the patients' needs and legal requirements.
 - f. Discuss how to safely and effectively used medical equipment, when applicable.
 - g. council on hydration intervention, modified diet's, and oral health when applicable.
 - h. Provide education regarding the use of rehabilitation techniques to adapt to the environment or improve functional independence.
 - i. Improve self-care activities, as appropriate.
 - j. Access available community resources, if needed.
 - k. Know when and how to obtain further care or treatment after discharge.
 - l. Provide continuity through discharge instructions, which are given to their patient and those responsible for the patient's continuing care.
 - m. monitor the effectiveness of patient education.
 - n. Plan patient education within the established interdisciplinary framework as appropriate to the plan of care.
4. Education needs, goals and plans will be documented on the patient's plan of care.
5. Resources, teaching methods, lesson plans, outcomes, and effectiveness of patient teaching will be documented in the therapy notes and or facility education form.
- a. Patient education needs, goals and success will be reviewed as will all the other plan of care interventions as per the facility plan of care policy and procedures.

REVISIONS/UPDATES

Date	Brief Description of Revision/Change

