

It's our mission to make a difference every day by delivering compassionate, exceptional healthcare through collaboration and team commitment.

MPMC

One Wickersham Dr. Mangum, OK 73554

# Mangum Regional Medical Center

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After Sedation

Patient Education for  
the Child

(NUR-022D)





## Caring is our passion

- Infants under 18 months; begin with formula or breast milk, juices; if no vomiting occurs, continue with child's usual feeding routine
- Children over 18 months; begin with clear liquids, if no vomiting occurs after 30 minutes, continue with solid foods
- If child vomits, allow his/her stomach to settle for one hour, then offer clear liquids. Do not force child to drink. Have child drink slowly (about 4-8 ounces over 30 minutes)

## Discharge Instructions

1. Call 911 if any of the following occur:
  - Sudden trouble breathing
  - Child cannot be roused or awakened or does not return to normal state of coordination
2. Return to the emergency department for:
  - Severe headache or dizziness
  - Heart is beating faster than usual
  - Fever
  - Nausea & Vomiting
  - Itchy skin, rash
  - Severe Pain
3. Special Precautions:
  - Adult sit next to child to ensure child's airway positioned carefully in car seat while traveling after sedation
  - Adult escort with child when child walking/crawling until child fully awake
  - Avoid dangerous activities (biking, sports, playing outside) until child fully awake
  - Avoid daycare for one day and child has returned to usual state of awareness
  - Provide rest and quiet activities
  - See back for additional instructions

Moderate sedation or conscious sedation medication is provided for the relief of discomfort and anxiety associated with a procedure so that the patient remains motionless and can cooperate actively following verbal commands throughout the procedure.

**After receiving sedation medication, the effects of the medication may persist for several hours. As a result, precautions will need to be taken to ensure no adverse event occurs.**

### Contact Us

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