



**COHESIVE HEALTHCARE MANAGEMENT & CONSULTING**

**Mangum Regional Medical Center**

TITLE		POLICY
<b>Abbreviations</b>		<b>604</b>
MANUAL	EFFECTIVE DATE	REVIEW DATE
<b>Rehabilitation</b>		
DEPARTMENT	REFERENCE	
<b>Rehabilitation Services</b>		

**SCOPE:** All rehabilitation staff members who will be documenting in patient charts at Mangum Regional Medical Center.

**PURPOSE:** To provide a list of commonly used therapy abbreviations.

**POLICY:** Only facility approved abbreviations or symbols will be utilized when documenting in the patient’s medical record.

**PROCEDURE:**

1. Commonly used therapy abbreviations:
  - a. O.T. Occupational Therapy
  - b. OTR/L Occupational Therapist Registered and Licensed
  - c. COTA Certified Occupational Therapy Assistant
  - d. P.T. Physical Therapy
  - e. PT Physical Therapist
  - f. PTA Physical Therapy Assistant
  - g. S.P. Speech Pathologist
  - h. SL/P Speech and Language Pathologist
  - i. S.T./ST Speech Therapy
  - j. AFO ankle foot orthosis
  - k. Amb ambulate
  - l. AROM active range of motion
  - m. AAROM active assistive range of motion
  - n. ROM range of motion
  - o. PROM passive range of motion
  - p. PRE progressive resistive exercise(s)
  - q. ORIF open reduction internal fixation
  - r. LBQC large base quad cane
  - s. LOB loss of balance
  - t. BOS base of support

u.	WBOS	wide base of support
v.	NBOS	narrow base of support
w.	COG	center of gravity
x.	NWB	non-weight bearing
y.	WBAT	weight bearing as tolerated
z.	PWB	partial weight bearing
aa.	TTWB	toe touch weight bearing
bb.	RW	rolling walker
cc.	PNF	proprioceptive neuromuscular facilitation
dd.	SLR	straight leg raise
ee.	TKE	terminal knee extension
ff.	VC(s)	verbal cues
gg.	TC(s)	tactile cues
hh.	SBA	stand-by assist
ii.	CGA	contact guard assist
jj.	Sup	supervision
kk.	MinA	minimal assist
ll.	ModA	moderate assist
mm.	MaxA	maximal assist
nn.	D	dependent
oo.	I	independent
pp.	ModI	modified independent
qq.	DIP	distal intraphalangeal
rr.	PIP	proximal intraphalangeal
ss.	MP	metacarpal-phalangeal
tt.	TE	therapeutic exercise(s)
uu.	TA	therapeutic activity
vv.	Gt	gait training
ww.	MT	manual therapy
xx.	MET	muscle energy technique
yy.	JSCS	Jones strain counter strain
zz.	MFR	myofascial release
aaa.	ADLs	activities of daily living
bbb.	IADLs	instrumental activities of daily living
ccc.	UBD	upper body dressing
ddd.	LBD	lower body dressing
eee.	NPWT	negative pressure wound therapy
fff.	SLR	straight leg raise
ggg.	LAQ	long arc quad
hhh.	SAQ	short arc quad
iii.	QS	quad set
jjj.	HS	heel slide
kkk.	ABD	abduction

lll. ADD           adduction  
mmm. AP           ankle pumps  
nnn. GS           gluteal sets  
ooo. MMT          manual muscle test  
ppp. TUG          timed up and go

**REVISIONS/UPDATES**

<b>Date</b>	<b>Brief Description of Revision/Change</b>