



COHESIVE HEALTHCARE MANAGEMENT & CONSULTING

Mangum Regional Medical Center

TITLE		POLICY	
Positioning and Draping		700	
MANUAL	EFFECTIVE DATE	REVIEW DATE	
Rehabilitation			
DEPARTMENT	REFERENCE		
Rehabilitation Services			

SCOPE: All professional rehabilitation staff providing patient care at Mangum Regional Medical Center.

PURPOSE: To establish guidelines for proper positioning and draping of patients.

POLICY: To provide guidelines for positioning and draping a patient during treatment to preserve patient’s modesty and privacy.

PROCEDURE:

1. General
 - a. Cover patients with clean linen or exam paper.
 - b. Pull curtain around treatment area if applicable.
 - c. Assist patient on and off plinth as needed.
 - d. Utilize footstool if needed.
2. Supine (back lying):
 - a. Place one pillow under patient’s head and another one under patients’ knees or use appropriate bolster, make sure patient is comfortable more pillows can be added if needed.
 - b. Cover patient with clean linen, exposing only the treatment area as necessary.
3. Prone (stomach lying):
 - a. For a low back treatment: place a pillow under hips and abdomen, and another one under the head.
 - b. For cervical treatment: place pillow under chest and a towel roll under patients’ forehead.
 - c. An additional pillow under the patient’s ankles may be used.
 - d. Cover patient with clean linen, exposing treatment area only as necessary.
4. Side lying:
 - a. After having patient roll onto side with pillow under head, place one pillow between legs at the knees.

- b. Another pillow may be tucked under the patient's back to prevent patient from rolling backwards.

REVISIONS/UPDATES

Date	Brief Description of Revision/Change