

COHESIVE HEALTHCARE MANAGEMENT & CONSULTING

Mangum Regional Medical Center

TITLE			Policy
Therapeutic Leave of Absence			513
MANUAL	EFFECTIVE DATE	REVIEW DATE	
Rehabilitation			
DEPARTMENT	REFERENCE		
Rehabilitation Services			

- **SCOPE:** All rehabilitation staff members providing patient care at Mangum Regional Medical Center.
- **PURPOSE:** To define the structure and goals of a therapeutic leave and maximize safety and success in home discharges.
- **POLICY:** Each therapy discipline must consider whether a therapeutic pass or home visit is appropriate in determining an appropriate discharge location and recommendations.

PROCEDURE:

- 1. A therapeutic leave of absence is used with a patient who will be discharged home from the facility (i.e. home, apartment, ALF, etc.)
- 2. A physician's order must be secured before any level of a therapeutic absence occurs.
- 3. A therapeutic leave of absence will typically last no more than 18 hours and will never exceed 23 hours.
- 4. There are several levels of a therapeutic leave of absence.
 - a. Ride in a car:

Training on car transfers must be done with family and resident prior to going for a ride.

b. Going out to eat:

Training on therapeutic diet, medication education, car transfers, and toilet transfers must be completed prior to going out for a meal with the family and the patient.

- c. Going to a family member's home: Training on diet, medication, car transfers, toilet transfers, accessibility of the family member's home must be discussed prior to the leave of absence.
- d. Going to a patient's home:
 Home assessment must be completed as well as the previously stated functional goals prior to going on a pass.

- 5. The therapy team will complete the facility form prior to each therapeutic leave of absence with the goals checked and any comments under each goal.
- 6. Family will complete the form as to how the resident did on the therapeutic leave of absence. The form will be given to the nurse upon the patient's return. Nursing will give the form to therapy for review. The completed form will be placed in the medical record.
- 7. Therapy will address the difficulties the patient and/or family had on pass during treatment sessions.
- 8. The therapeutic leave of absence typically occurs when the patient is not participating in therapy i.e. weekends, evenings, and late afternoons.

REVISIONS/UPDATES

Date	Brief Description of Revision/Change