

It's our mission to make a difference every day by delivering compassionate, exceptional healthcare through collaboration and team commitment.

MRMC

One Wickersham Dr. Mangum, OK 73554

Mangum Regional Medical Center

After Sedation

Patient Education for
the Adult

(NUR-022C)





Caring is our passion

Discharge Instructions

1. Call 911 if any of the following occur:
 - Sudden trouble breathing
 - You cannot be roused or awakened
2. Return to the emergency department for:
 - Severe headache or dizziness
 - Heart is beating faster than usual
 - Fever
 - Nausea & Vomiting
 - Itchy skin, rash
 - Severe Pain
3. Special Precautions:
 - Have someone stay with you for 24 hours
 - Do not drive, operate, or use dangerous machines/tools for 24 hours
 - Rest quietly for 24 hours. Avoid sudden standing or rising
 - Avoid exercise, bike riding, sports, or strenuous activities for 24 hours
 - Drink liquids as tolerated
 - Eat small, frequent meals as tolerated to prevent nausea and vomiting
 - Do not drink alcohol or take medicines that cause drowsiness

Moderate sedation or conscious sedation medication is provided for the relief of discomfort and anxiety associated with a procedure so that the patient remains motionless and can cooperate actively following verbal commands throughout the procedure.

After receiving sedation medication, the effects of the medication may persist for several hours. As a result, precautions will need to be taken to ensure no adverse event occurs.

Contact Us

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