



## COHESIVE HEALTHCARE MANAGEMENT & CONSULTING

### Mangum Regional Medical Center

TITLE		POLICY
<b>Abdominal Pain</b>		<b>DRP-001</b>
MANUAL	EFFECTIVE DATE	REVIEW DATE
<b>Drug Room</b>	<b>10-1-2020</b>	<b>10-1-2020</b>
DEPARTMENT	REFERENCE	
<b>Drug Room</b>		

### SCOPE

This protocol applies to adult patients at Mangum Regional Medical Center for the acute management of abdominal pain.

### PURPOSE

Abdominal pain comprises 5 to 10 percent of emergency department (ED) visits. The purpose of this protocol is to assist with streamlining the diagnostic work-up of abdominal pain at Mangum Regional Medical Center.

### PROCEDURE

#### Nursing Orders:

- Vital signs x1
- Pulse oximetry
- Oxygen administration to keep saturation greater than or equal to 95%
- Cardiac Monitor
- Peripheral IV (Saline lock) x1
- NPO

#### Labs:

- ABG
- Amylase
- Beta HCG Qualitative
- CBC with differential
- CMP
- CRP
- D-Dimer
- Lactic acid
- Lipase
- Magnesium

- Phosphorus
- Procalcitonin
- PTT
- Troponin-I
- Urinalysis
- Urine culture and sensitivity (send out)
- Urine Pregnancy Test

Radiology and Other Procedures:

- CT ABD/Pelvis with Contrast
- CT ABD/Pelvis without Contrast
- ECG 12 Lead Panel
- XR Chest AP (1 view)
- XR Abdomen Series with PA Chest

IV fluids:

- Sodium Chloride 0.9% 1000mL, 999mL/Hr Bolus
- Sodium Chloride 0.9% 1000mL, \_\_\_\_\_ mL/Hr
- Lactated Ringers 1000mL, 999mL/hr Bolus
- Lactated Ringers 1000mL, \_\_\_\_\_ mL/Hr
- Sodium Chloride 0.9% 10mL Flush PRN for line patency

Anti-emetics:

- Zofran 4mg IV push x1
- Zofran 4mg ODT x1
- Phenergan 25mg IM x1
- Phenergan 50mg IM x1
- Reglan 10mg IV push x1
- Protonix 40mg IV push x1
- GI Cocktail PO x1

Pain meds:

- Acetaminophen 500mg PO x1
- Acetaminophen 625mg PO x1
- Hydromorphone 1mg IV push x1
- Hydromorphone 2mg IV push x1
- Morphine 2mg IV push x1
- Morphine 4mg IV push x1
- Ketorolac 15mg IV push x1
- Ketorolac 30mg IV push x1
- Ketorolac 60mg IM x1

Antimicrobials:

- Cipro<sup>®</sup> 400mg IV x1
- Flagyl<sup>®</sup> 500mg IV x1
- Merrem<sup>®</sup> 1g IV x1
- Rocephin 1 gram IV x1
- Zosyn 3.75g IV x1

**REFERENCES**

<https://www.uptodate.com/contents/evaluation-of-the-adult-with-abdominal-pain-in-the-emergency-department>

**ATTACHMENTS**

None.

**REVISIONS/UPDATES**

Date	Brief Description of Revision/Change