## **TOWN OF LOS GATOS**

## COMMUNITY HEALTH AND SENIOR SERVICES COMMISSION AGENDA REPORT

MEETING DATE: 11/18/2024

ITEM NO: 2

DATE: November 7, 2024

TO: Community Health and Senior Services Commission

FROM: Ryan Baker, Library Director

SUBJECT: Receive a Report from Task Force 2 for Senior Roadmap Project S4 Regarding

Mental Health; and Discuss Strategies for Task Force 2's Implementation of

Senior Roadmap Project S2 Regarding Caregiver Support

## **RECOMMENDATION:**

Receive a report from Task Force 2 for Senior Roadmap Project S4 regarding mental health; and discuss strategies for Task Force 2's implementation of Senior Roadmap Project S2 regarding caregiver support.

## **BACKGROUND**:

Project S4 of the Senior Roadmap, pertaining to creating a mental health directory, falls under the purview of Task Force 2. A representative from that task force may wish to give an update on progress in that item.

Additionally, Project S2 of the Senior Roadmap pertaining to Caregiver Support falls under Task Force 2. The Commission should discuss strategies for Task Force 2 to consider as it implements this goal.

Project S2 contains the following goals regarding Caregiver Support:

- Establish facilitated caregiver support programs for families and family caregivers (Q2/24).
- Promote caregiver respite programs (Q4/26).

PREPARED BY: Ryan Baker

**Library Director**