COMMUNITY HEALTH & SENIOR SERVICES COMMISSION (CHSSC)

End of Year Report December 2025

CHSSC Commissioners

Eleanor Yick, Chair

Martha Sterne, Vice Chair

Jeff Blum

Greg Gentile

Dick Konrad

George Rossman

The CHSSC has been providing oversight on the implementation of the 7 Goal Areas identified in the Senior Services Roadmap for the past 3 years.

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The CHSSC is proud of all that has been accomplished thus far and looks forward to supporting the continued implementation and oversight of the Senior Services Roadmap's goals. Each commissioner has chaired at least one goal area ad hoc committee, served as an individual committee member on another goal area, and/or served as a liaison to another Los Gatos Commission.

This 2025 End of the Year Report has been prepared as an addendum to the Mid-Year Report submitted in July 2025. Please note the addendum bullet points that have been inserted under each goal area.

A few highlights from 2025 include:

- •Continued support and work with the Los Gatos Thrives Foundation:
 - •Monthly Monday Morning Movie Project
 - •Community Center project. Jeff Blum serves on the Finance Committee and Eleanor Yick serves as Chair of the Communication Team.
 - •Continued publication of Jeff Blum's articles in The Gatan re: the Foundation and the Community Center Project.

- •Hiring of a part time Senior Services Coordinator was successful in better identification of current senior services and noted gaps. (See attached report!)
- •Continued growth of the LGSRec 55+ program and membership increase speaks volumns to the quality and appropriateness of program offerings and services. (See attached report!)
- •Successful launching of a Volunteer newsletter and clearing house for volunteer opportunities led by Commissioner Martha Sterne in collaboration with the Los Gatos Thrives Foundation.
- •Successful editing and updating of the Los Gatos Housing Resource Guide.
- •Successful collaboration between the Complete Streets and Transportation Commission and CHSSC; formation of an AD Hoc Committee with CHSSC Commissioners Greg Gentile and Dick Konrad and 2 commissioners from CSTC to address specific Senior Roadmap goals. Continued success of the VTA Taste and Ride program.
- •Successful support of the proposed Los Gatos' Diversity, Equity, Inclusion Commission's Constitution Writing Project
- •CHSCC input and support for the Los Gatos Town Survey of Service Providers
- •Continued support through attendance at all West Valley Service Provider's Network Meetings by Commissioners Rossman, Konrad and Blum.
- •Successful location of food truck outside library on each week.

CHSSC Observations:

- 1. The hiring of a part time Senior Services Coordinator was proving to be very successful as evidenced by the attached report. Unfortunately, the initial hire left earlier than expected and a new part time coordinator has been hired but only through Dec. 31, 2025. In order to continue to improve the coordination of senior services and to take the implementation of the Senior Services Roadmap goals to the next level, a designated employee coordinator is needed.
- 2. With the newly implemented Town policies regarding how the work of the Town Commissions must function, more clarification and assistance is needed when Commissions are developing their Annual Work Plan so commissions can continue to focus on meaningful projects that are timely and worthwhile for both the volunteer commissioners and the Town Council.

Eleanor Yick: To be added into updated mid-year report:

Goal 1: Appealing and Inviting Facility

Addendum November 2025:

- •Commissioner Jeff Blum (Finance Committee) and Commissioner Eleanor Yick (Communication Team Chair) continue to be directly involved in the Los Gatos Thrives Foundations' Monthly Movie Event and the Community Center Project.
- •One of the major goals of the Community Center Project in 2025 was continued development of community awareness of the project. Many community/group presentations were successfully scheduled during 2025 and will continue throughout 2026. A High School Teen club was organized and a high school parent input meeting was scheduled. An information booth was set up at Jazz on the Plazz on 2 different evenings and plans are in progress to participate in the 2025 Los Gatos Holiday Parade.

Goal 3: Community and Engagement

Addendum November 2025:

•Areas A-E above have all experienced additional success metrics. See attached report from LGSRec 55+ program for a detailed program update. The LGSec 55+ program is to be recognized and commended for the outstanding program it provides.

•Highlights from January-June 2025 include:

- a. Growth in membership to >1000 as of October 2025;
- b. 3500+ Printed Copies of the Newsletter Annual Version (shared digitally with all members monthly via email)
- c. Distribution of copies of the Print: all members digitally plus XXX print.
- d. Phone calls to 55+ program: 1,964 per 6 months/330 per month.
- e. The HUB continues to be a valued community resource as evidenced by the 3,335 clicks per this 6 month period (over 500 clicks per month). The HUB is an ongoing project continually

being updated, edited, etc.

- f. The number of participants in programs this 6 month period: 10,048
- g. Total number of programs offered = 661. Many new programs and special events continue to be added based on member interest.(i.e. pickleball, Food for Thought, Healing Hearts Grief Support Group, Paint Party, Beading Workshops, etc.)
- h. Extensive calendar of day trips organized monthly.

•E. Areas of Focus:

- Three specific areas of focus for Goal 3 in 2025: video tutorials, digital inclusion initiatives, and connection with KCAT. All 3 areas have been addressed to varying degrees; it is an ongoing process.
- •KCAT: although a self supporting program, KCAT does receive grant funding from the town of Los Gatos. There needs to be better outreach from KCAT and connections fostered between KCAT and the 55+ program to advertise the program offerings. There is little to no program advertisement to the 55+ Program or the community at large.





From:

Sent: Friday, October 31, 2025 1:05:22 PM

To: Jennifer Fosco < JFosco@losgatosca.gov>
Cc: Katy Nomura < KNomura@losgatosca.gov>
Subject: Re: CHSSC Goal 4 Nov 2025 update.docx

[EXTERNAL SENDER]

Here you go.

Goal 4. Volunteer Support and Engagement

Submitted by Commissioner Martha Sterne

- •Based on the goals outlined in the Senior Services Roadmap, CHSSC advocated and , subsequently the Town Council, for the creation of a funded Senior Services Coordinator position. Thanks to the Town Council and Staff, Los Gatos now has a part-time Senior Services Coordinator as of February 2025.
- •Continued to seek ways to bridge the gap between service organizations seeking volunteers and older adults looking to volunteer.
- Organized CHSSC participation in the Los Gatos Resource Fair for Older Adults, May 17, with the objective of informing attendees about the role of the CHSSC, the HUB online resource, and where information about many services can be found.

ADDENDUM NOV. 2025:

A new Volunteer Exchange initiative that highlights the importance of volunteerism in our community is in the works. It will be supported by the Los Gatos Thrives organization. The focus in 2H25 is to define and launch a monthly Volunteer Connections Los Gatos newsletter which will be a place where non-profits, with a mission to serve the public benefit in Los Gatos, can advertise for volunteers. The newsletter will be emailed to individuals who have expressed a desire to volunteer and make a difference. This initiative will be supported by a Volunteer Exchange Committee of which Commissioner Sterne is a member.

Sincerely, Martha From:

Date: October 29, 2025 at 10:10:02 AM PDT

To:

Subject: Goal 5 Dick Konrad and Greg Gentile

Dear Eleanor - Please see below:

Goal 5: Dick Konrad and Greg Gentile

Task Force 5 Commissioners Konrad and Gentile continue to attend the Complete Streets and Transportation Commission (CS&TC) meetings. The CS&TC has appointed Commissioners Suzuiki and Tabinski to form an ad hoc with Commissioners Konrad and Gentile to collaborate on Senior Roadmap goals. Robert Borton and Wendy Riggs have joined the ad hoc given their experience with the Town's senior and student transportation issues. The ad hoc has met twice and will continue to meet to discuss methods to institute and improve Roadmap Transportation Goals. It was noted that the VTA Ride and Taste continues to be successful and may merit expansion, if possible, providing more seniors with knowledge as to how to use public transportation. The next ad hoc meeting is set for December 3, 2025.

From:

Date: October 29, 2025 at 10:25:43 AM PDT

To:

Subject: Proposed Task Force 6 Addendum Eleanor Yick, Tom Picraux and Greg

Gentile

Hi Eleanor: Proposed for your review:

Goal 6: Eleanor Yick, Tom Picraux and Greg Gentile

Task Force 6, Eleanor Yick, Tom Picraux and Greg Gentile have completed and compiled the up-dated version of the "The Los Gatos Housing and Resource Guide." The draft was provided to the Town staff. Town staff is in the process of reviewing, formatting and preparing to publish the up-dated version on the Town's website and linked to the HUB.

From:

Subject: Re: Updated directions re addendums

Date: Oct 30, 2025 at 9:26 AM

To:

Reply-To:

Goal 7 addendum - George Rossmann

3. The Town of Los Gatos invited service providers to participate in a survey jointly developed with the CHSSC to better understand services available to our community. The data collected by the survey will be publicly available early in November.

From:

Sent: Friday, October 31, 2025 2:14:33 PM
To: Katy Nomura < KNomura@losgatosca.gov>

Cc: Eleanor Yick <egyick@icloud.com>

Subject: Core Senior Services

[EXTERNAL SENDER]

Hi,Please add to the existing document: The Town has conducted a survey of Service Providers and the Commission will use the data collected to guide future actions. From the existing document strike the comment starting with Many of the suggestions and ending with Services in our Community. Add to the last sentence. The results of the Town survey will guide future actions.

Sent from my iPhone