

# Los Gatos Senior Services Roadmap

A Report Prepared for the Town of Los Gatos



## Vision

Making Los Gatos an age-friendly community where older adults are engaged, valued and provided equitable opportunities to thrive!

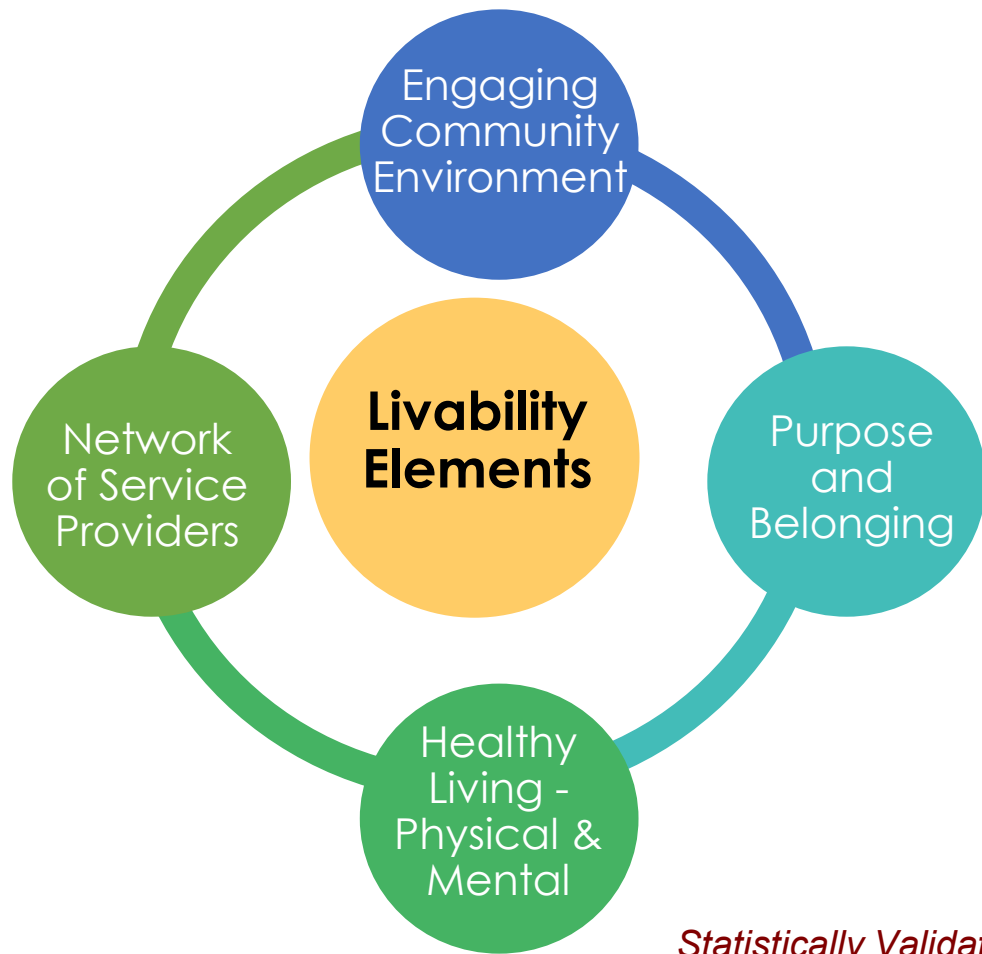
### *Committee Members Representing:*

- Community Health & Senior Service Commission
- Councilmembers/Mayors
- Service Clubs
- Chamber of Commerce
- Service Providers
- Senior Community Leaders
- County Department of Aging
- Healthcare Providers



ATTACHMENT 2

# Creating an Age-Friendly Environment for Los Gatos



Our findings served to clarify the most important aspects of what makes a thriving community.

## Key needs for our community

- Communication
- Socialization
- Mobility

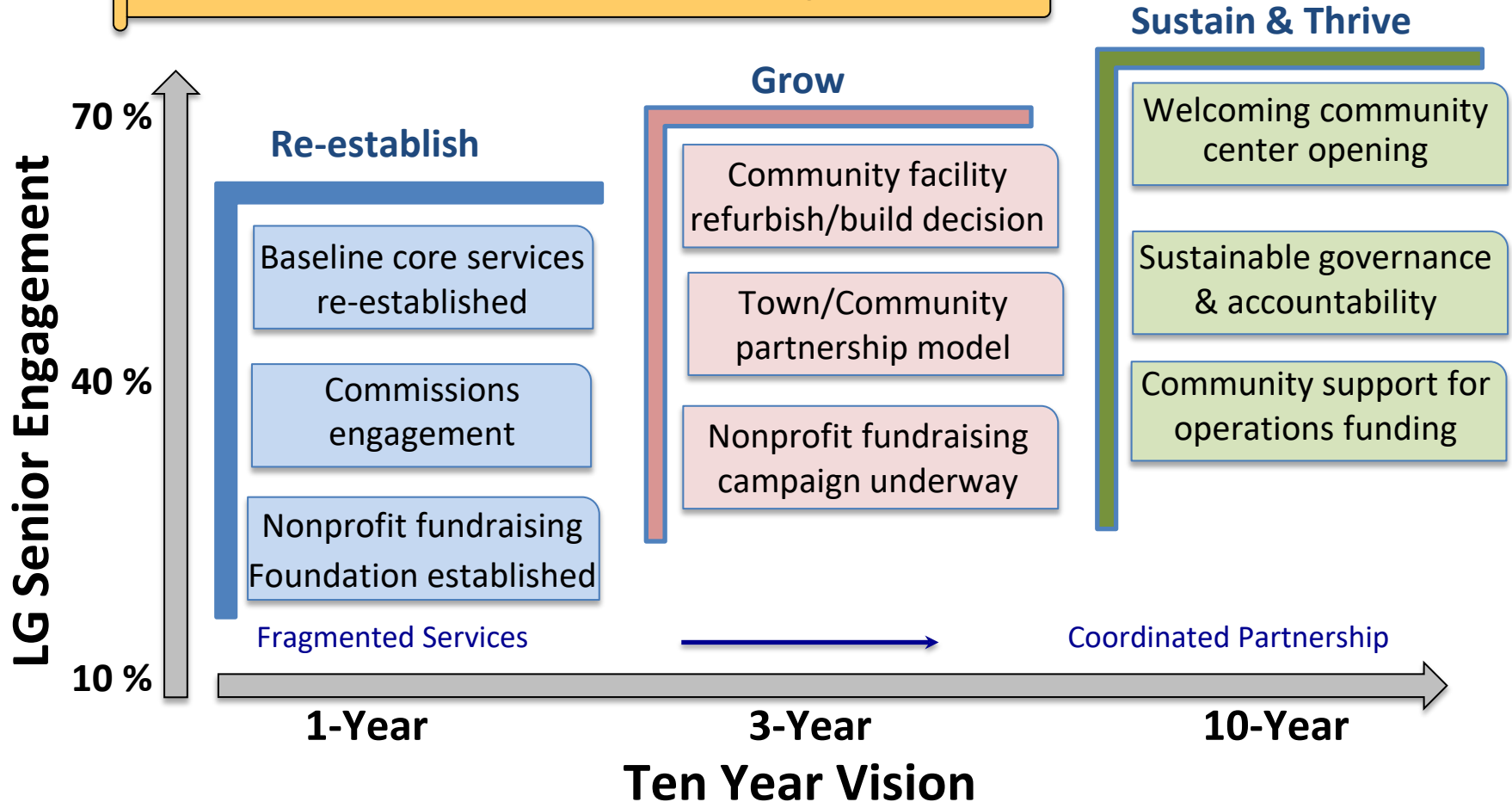
*Statistically Validated Survey, Workshops, Peer Cities Benchmarking*

# Goals for Senior Services in Los Gatos



Making Los Gatos an age-friendly community where older adults are engaged, valued and provided equitable opportunities to thrive

# Senior Services Roadmap Vision



## Seven Goals for a Community Roadmap

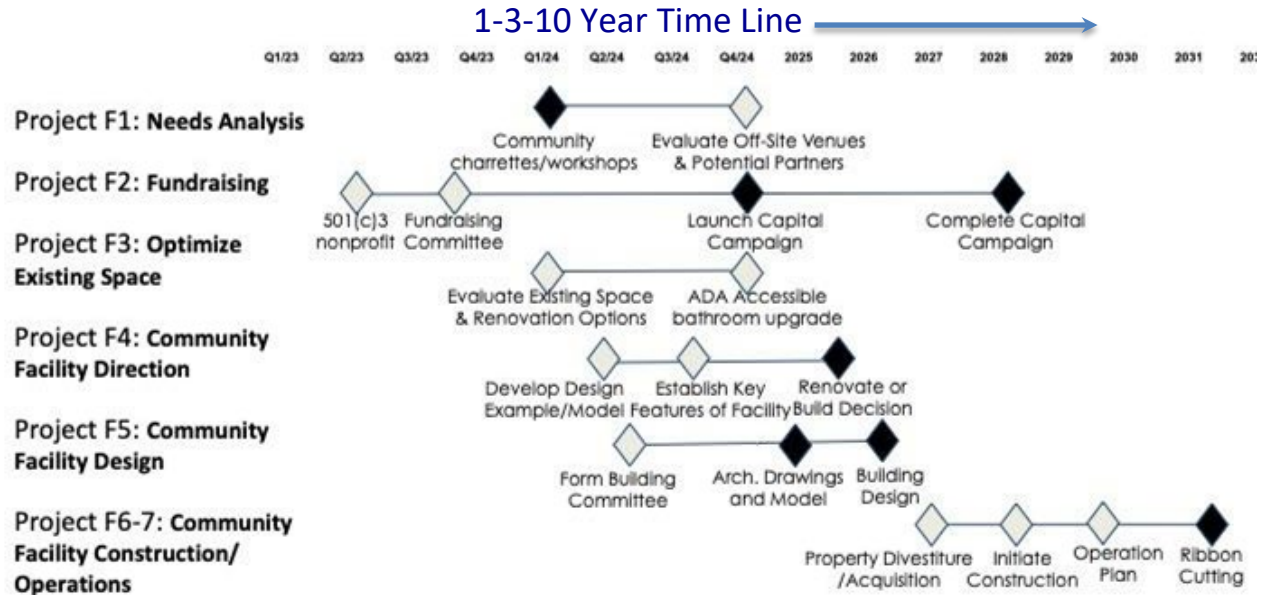
# Appealing and Inviting Facility (Renovate or Build)

### What

- Welcoming community center with dedicated space for older adults.
- Funding strategy: 501(c)(3), solicit donations, grants, ...
- Direction in 3 years for renovate or build
- Coordinated community engagement & support.

### How & When

- Roadmap proposes projects



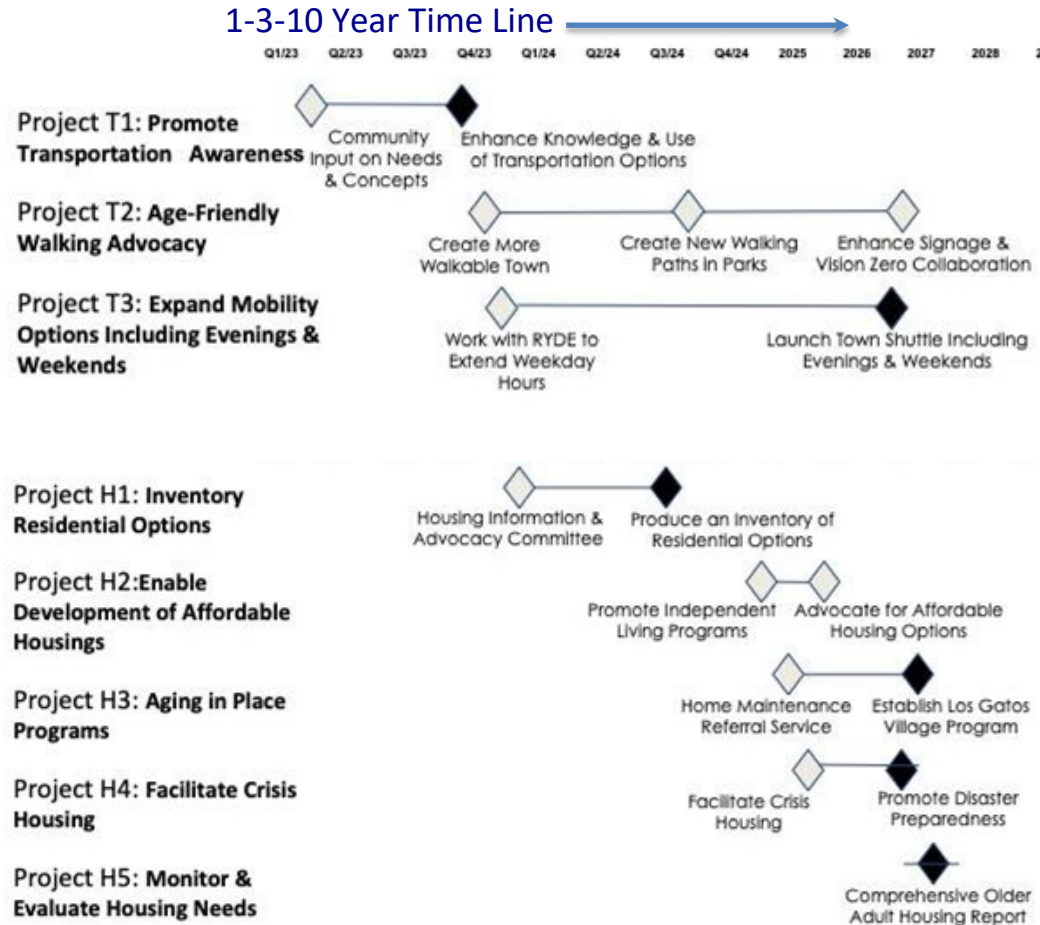
## Seven Goals for a Community Roadmap

### Enhanced Transportation Options

- Promote availability of mobility options and information
- Implement a Town shuttle
- Create age-friendly accessible walking track

### Senior Housing Options

- Produce an inventory of residential options
- Establish a “Los Gatos Village” (subscription-based concierge association)



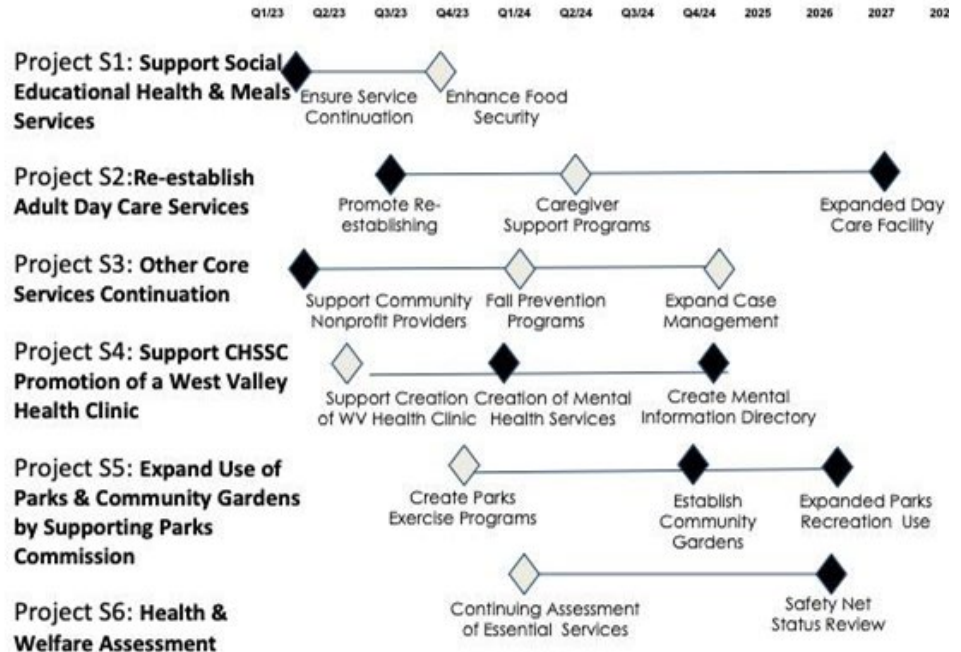
# Seven Goals for a Community Roadmap

## Core Senior Services

### What

- Essential services for all stages of aging: nutrition, adult day care, socialization, educational, and healthy living opportunities.
- Classes on new skills, safety, scam avoidance; legal assistance, county mental health offerings

### How & When





## Seven Goals for a Community Roadmap

### Communications & Engagement

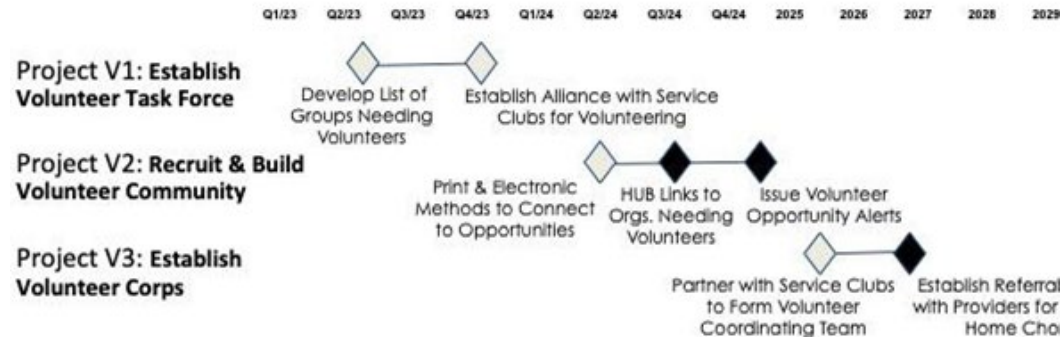
- Information on services & resources – The HUB, Outlook, The Print, transportation, etc.
- Increase engagement in social, educational & healthy living programs.
- Establish measurable goals.



### Volunteer Support and Engagement

*(be a volunteer/seek a volunteer)*

- Volunteer opportunity exchange
- Link service providers, clubs, volunteers – bulletin board, fairs, etc.
- Inclusive processes to engage volunteers





## *Seven Goals for a Community Roadmap*

# **Integrated Governance, Funding, & Accountability**

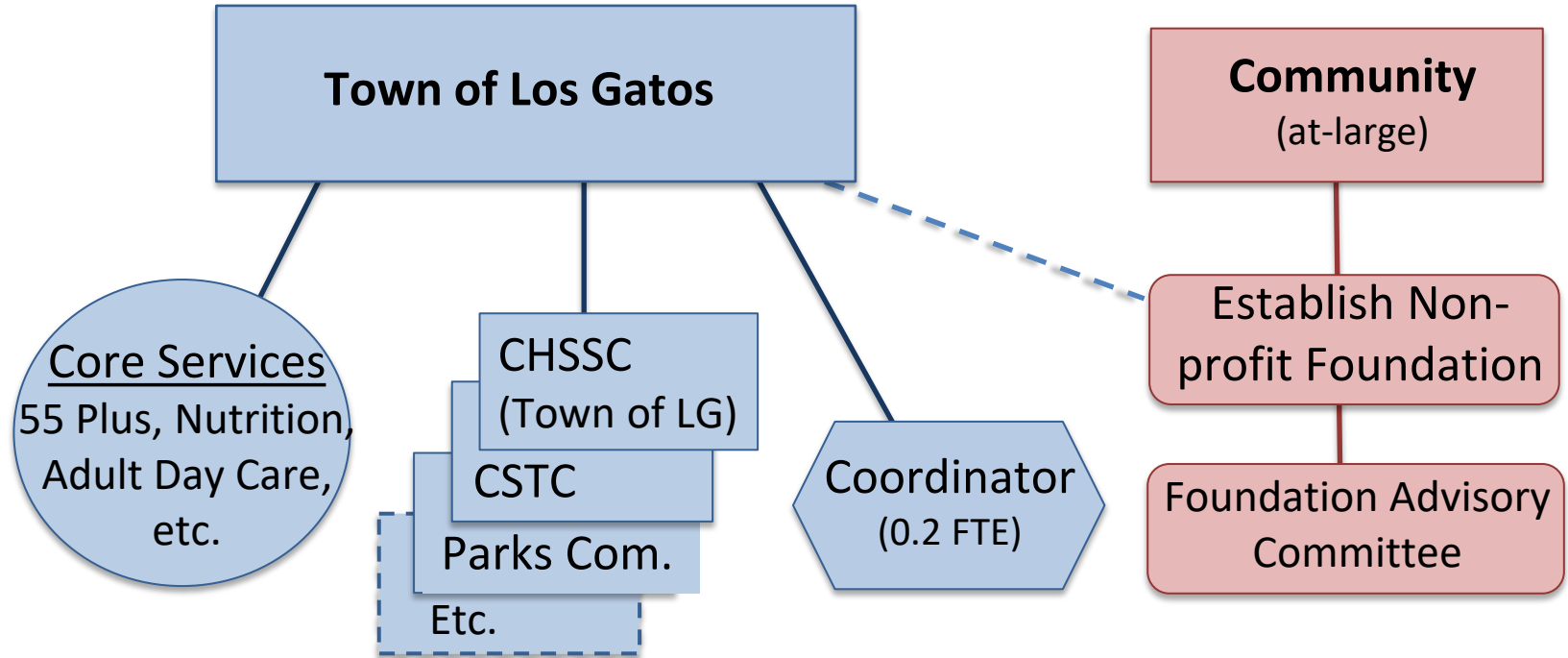
### **What**

- **Integrated governance model** with stronger community participation
- **Enhanced role for CHSSC** (Communications & Engagement, Roadmap Tracking, Assessment)
- Engage other **Town Commissions and Boards** in support of age-friendly initiatives (e.g., Community Garden - Parks Commission; Enhanced Shuttle Service - CSTC)
- **Establish fiscal planning process** by Q1 2024 including Town, County, and third-party organizations

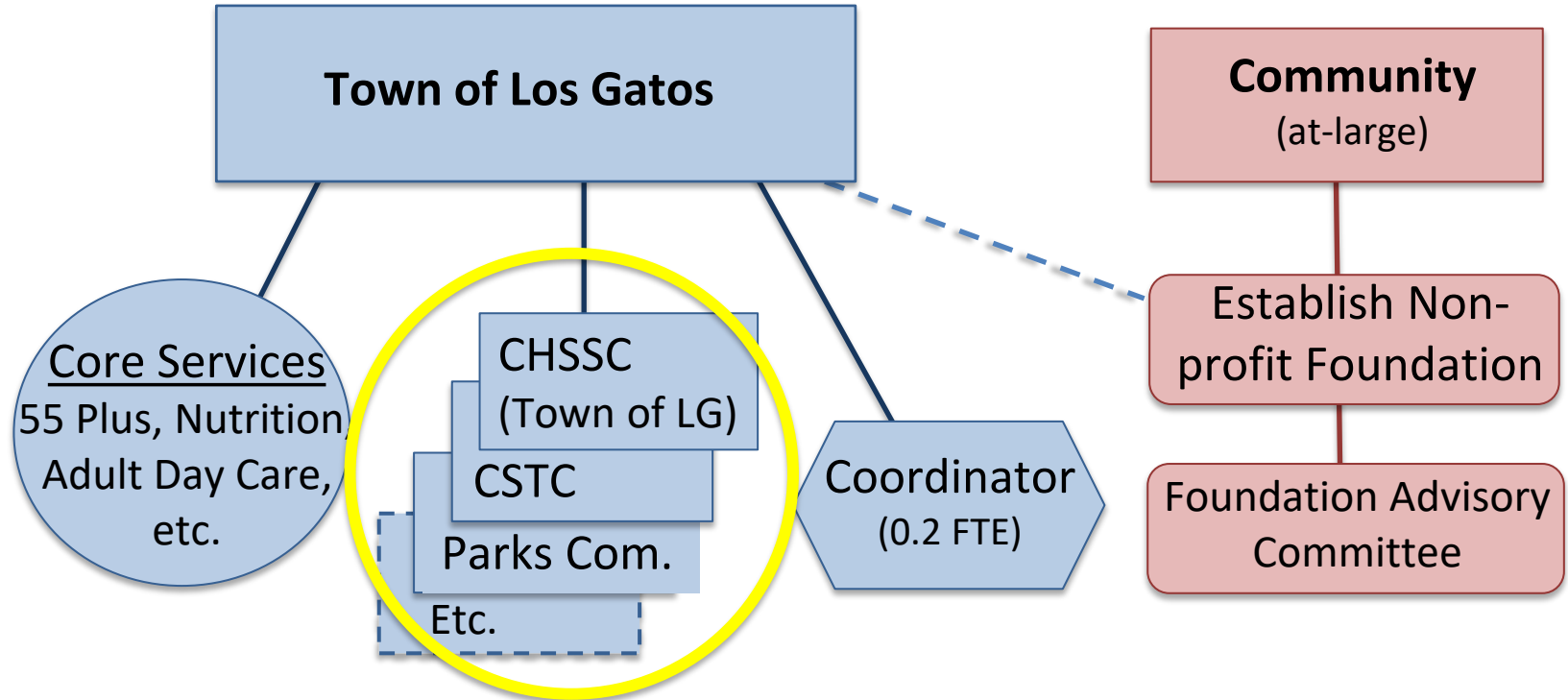
### **How & When** (key 2023 goals)

- **Community nonprofit foundation** (501(c)3) established for facility & services fundraising in ***years 1-3 and beyond***
- **Town Age-Friendly Coordinator** (0.2 FTE initially) as point of contact for integration of senior programs
- **Sufficient funding** of LGS Recreation for ongoing senior services ***in 2023*** and evaluate go-forward relationship
- **Assessment Report** on Senior Services prepared ***annually*** by CHSSC for Council
- **Annual Q1 Review of Roadmap Progress by Council** for ***years 1-3***, and then as-needed

## Year 1 - Re-establish Baseline

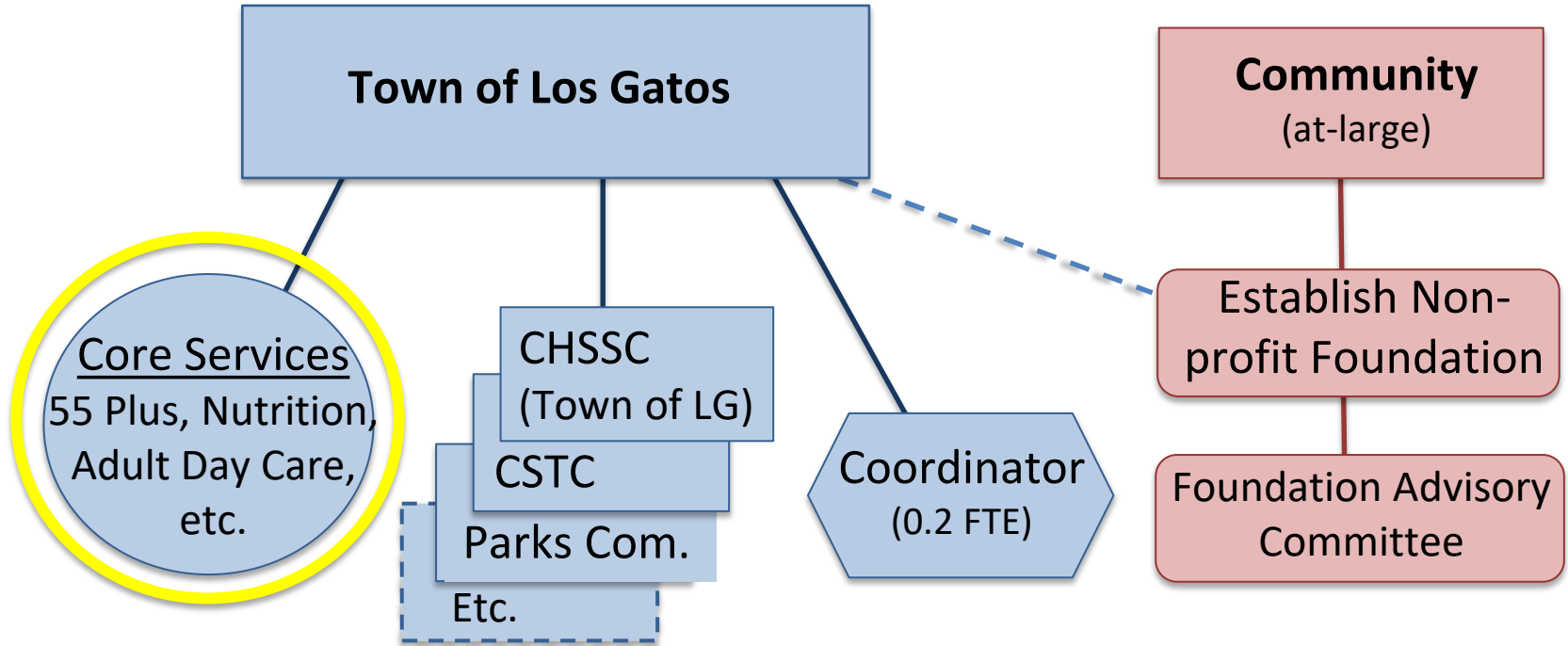


## Year 1 - Re-establish Baseline



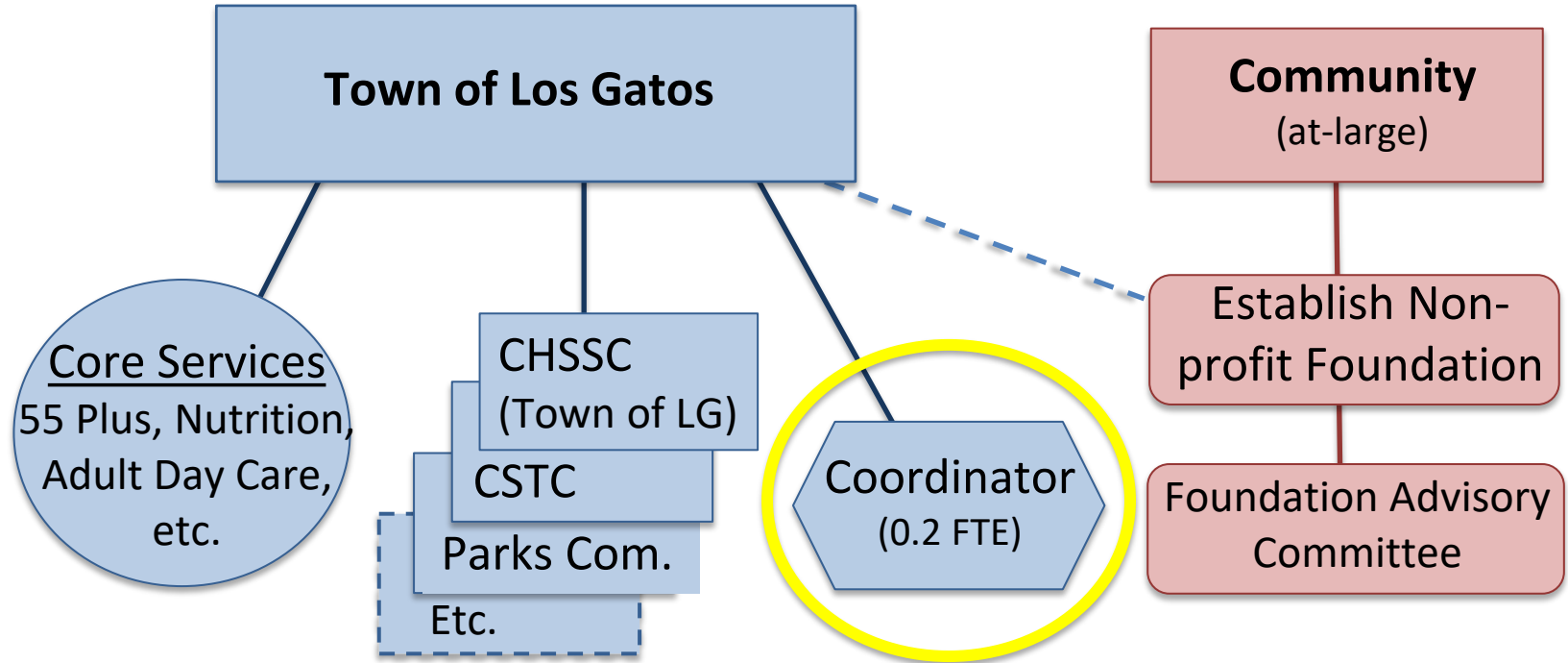
**1) Engage Commissions and Boards in support of Roadmap goals**

## Year 1 - Re-establish Baseline



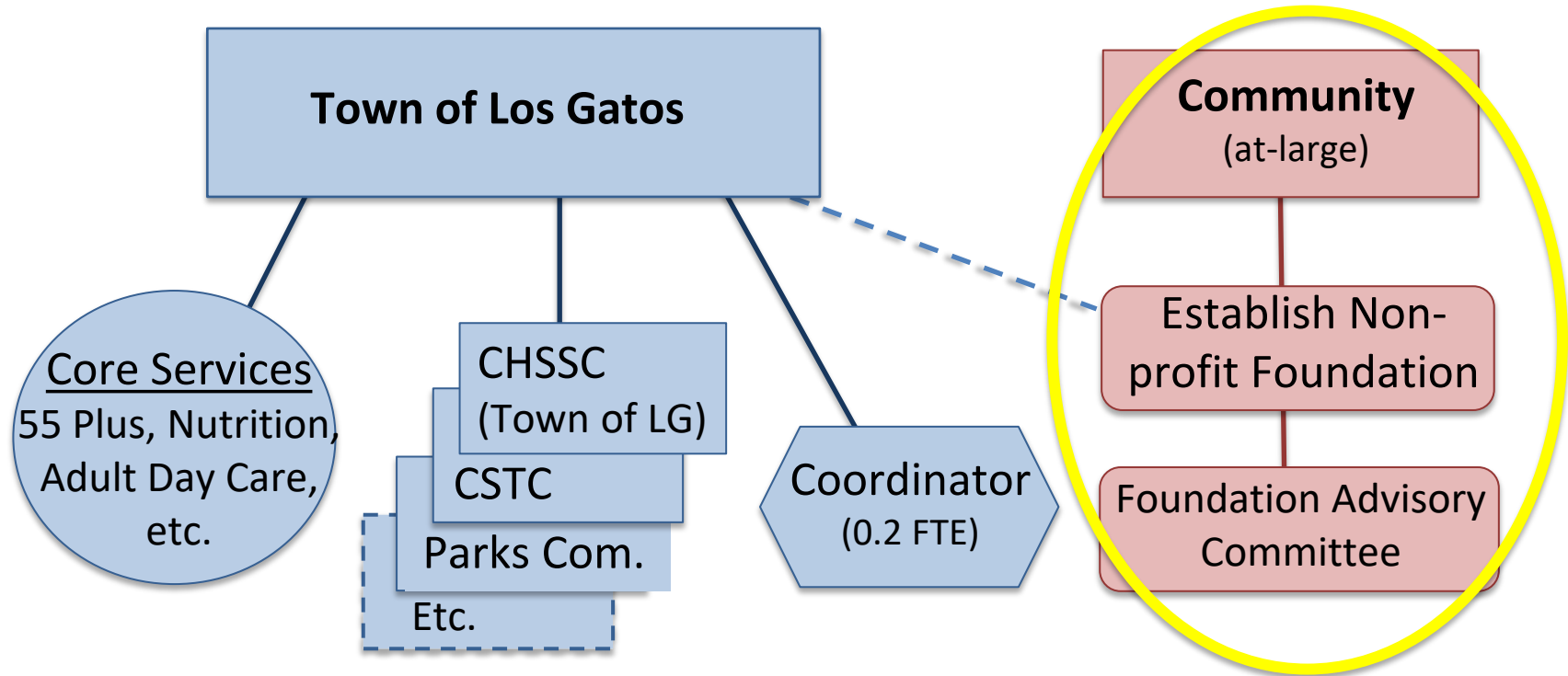
**2) Sustainably support core senior services**

## Year 1 - Re-establish Baseline



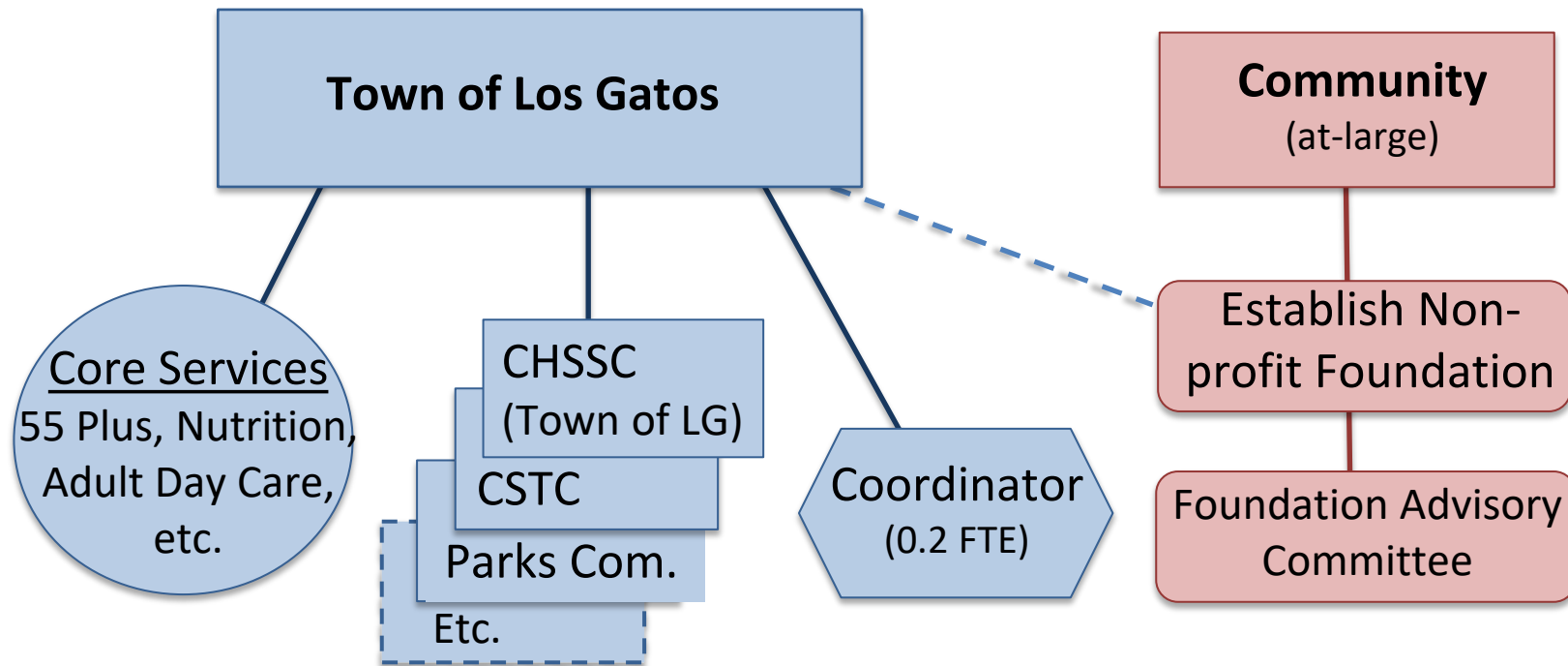
**3) Create an Age-Friendly program coordinator position (0.2 FTE)**

## Year 1 - Re-establish Baseline



**4) Encourage formation of independent community nonprofit Foundation**

## Year 1 - Re-establish Baseline



**5) Transition from planning to action by engaging the Senior Services Committee to jump-start Year 1 projects & then sunset Committee.**



# Committee Recommendation Summary

- **Endorse roadmap**
- **Approve the 5 recommendations for Year 1**

1. Engage Commissions and Boards in support of the Roadmap goals
2. Sustainably support core senior services:
  - a. Town: social, educational, healthy living activities provided by LGS Recreation,
  - b. Community: grants to services (Live Oak Nutrition, WVCS, re-establish Adult Day Care, etc.)
3. Create an Age-Friendly Coordinator position (0.2 FTE) as the central point of contact
4. Encourage formation of an independent community nonprofit Foundation to raise funds for senior programs and a community facility with space for senior activities
5. Transition from planning to action by engaging the Senior Services Committee to jump-start year 1 projects and then sunset the Committee in 2023

**Backup slides**

## **Senior Services Committee**

Tom Picraux, Senior Community Leader, Chair

Maureen Heath, Senior Community Leader, Vice Chair

Matthew Hudes, Council Member

Rob Rennie, Council Member & Mayor (Sept. 2021 - Apr. 2022)

Maria Ristow, Mayor & Council Member (Apr. 2022 – Jan. 2023)

Nancy Pearson, Service Clubs (Kiwanis)

Catherine Somers, Los Gatos Chamber of Commerce

Kathy Mlinarich, Service Provider (Live Oak Nutrition)

Lisa Lenoci, Service Provider (Live Oak Adult Daycare)

Diana Miller, County Department of Aging Representation

Brennan Phelan, El Camino Hospital

Dick Konrad, CHSSC (Chair in 2022)

George Rossmann, CHSSC (Chair in 2021)

Maia Bernholz/Arshia Mathur, CHSSC Youth Representatives

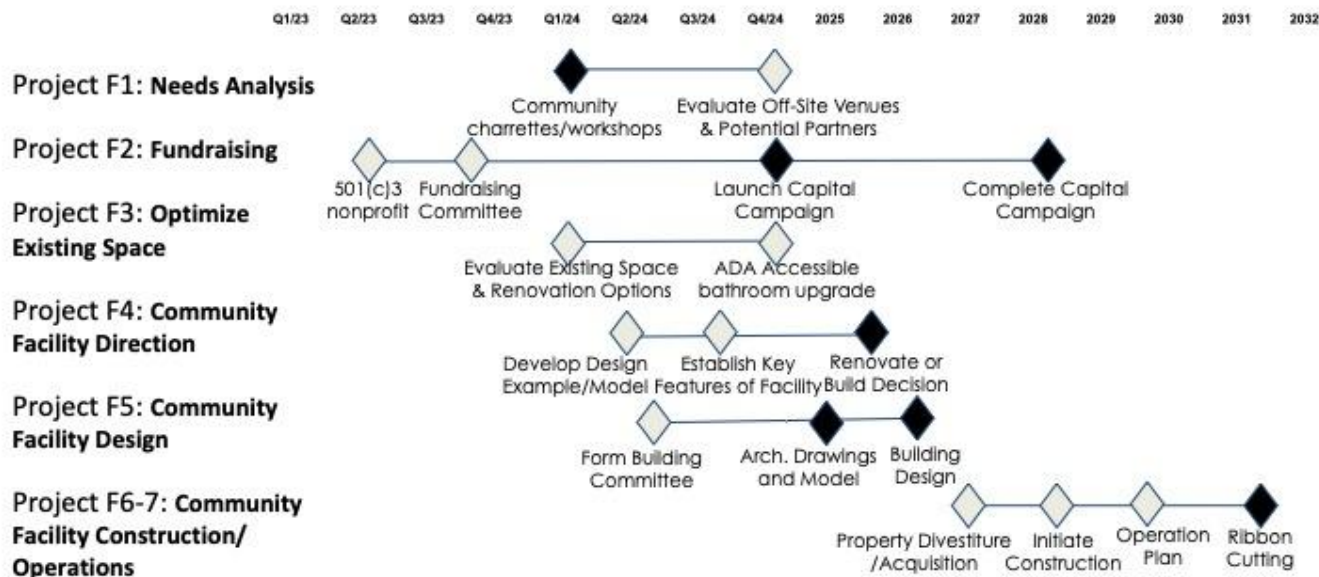
Eleanor Yick, CHSSC Member

Jeff Blum, CHSSC Member

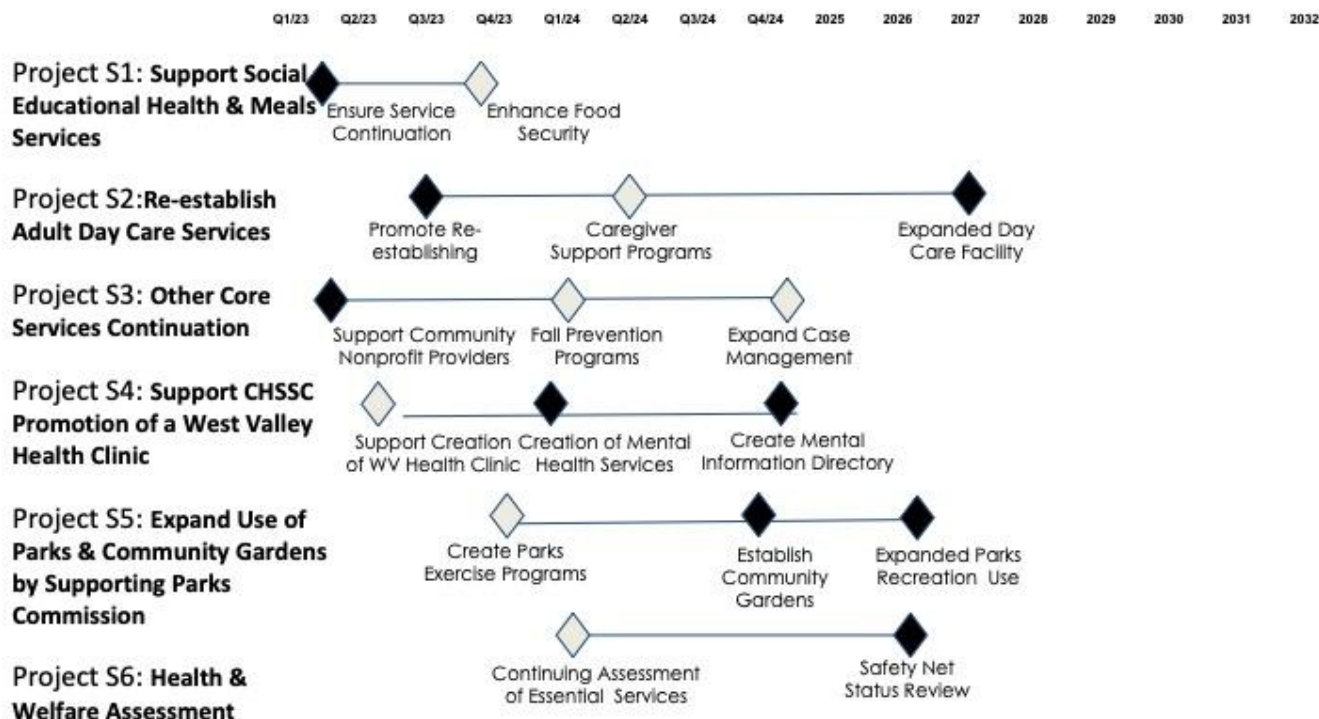
Pradeep Khanal, CHSSC Member

Arn Andrews, Assistant Town Manager, Town Liaison

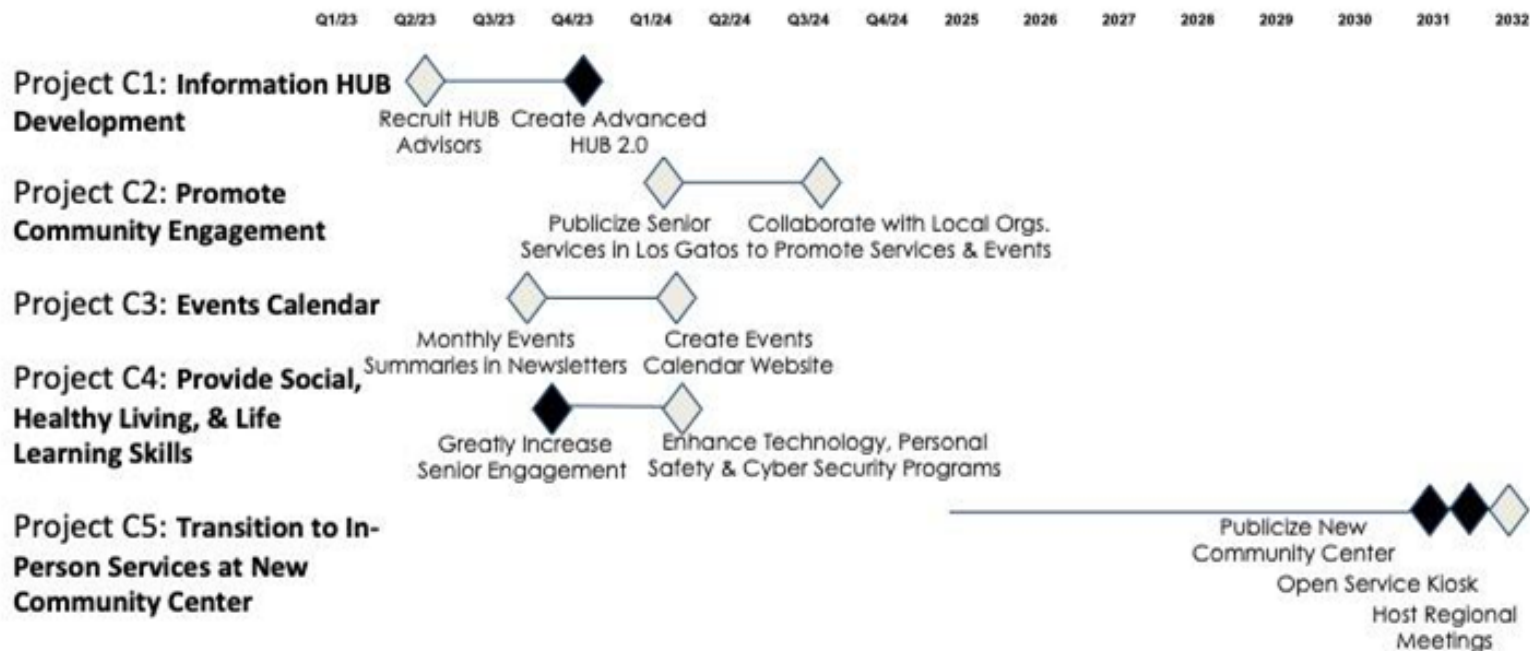
# 1. Appealing and Inviting Facility (Renovate or Build)



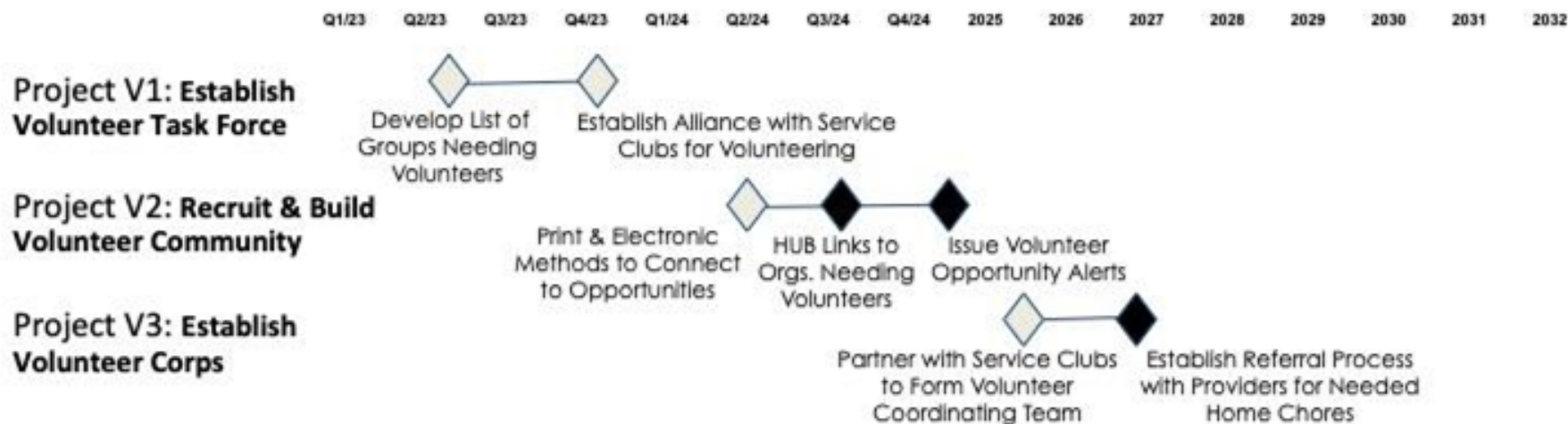
## 2. Core Senior Services



### 3. Communications and Engagement

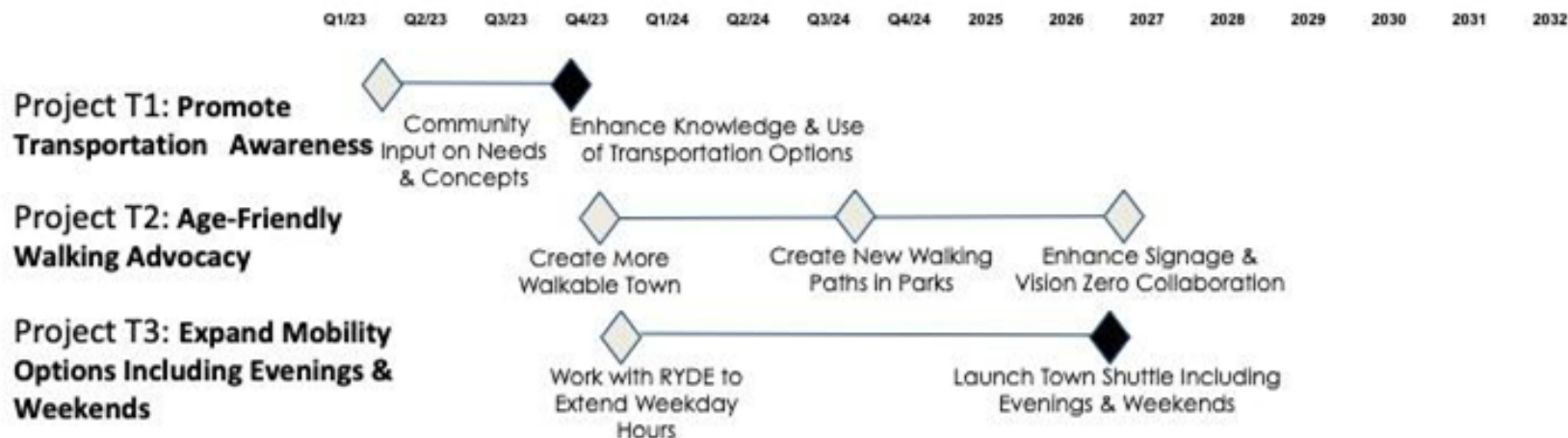


## 4. Volunteer Support and Engagement





## 5. Transportation Options for Older Adults



## 6. Senior Housing - Information on Approaches and Options

