



DATE: September 16, 2024
TO: Community Health and Senior Services Commission
FROM: Ryan Baker, Library Director
SUBJECT: Discuss if Opportunities Exist for CHSSC Involvement in Community Health Projects

RECOMMENDATION:


Discuss if opportunities exist for CHSSC involvement in community health projects.

BACKGROUND:



The Chair has requested that the Commission discuss opportunities for involvement in community health. The following excerpt outlines the one goal and seven polices addressing health that were adopted by Town Council as part of the 2040 General Plan:



6.13 Healthy Community


A healthy community promotes a positive physical, social, and economic environment that supports the overall well-being of its residents. While other parts of the General Plan also touch on aspects of health and quality of life, the purpose of section is to promote a healthy lifestyle and improve residents' quality of life.


 *Outdoor activity is also part of a healthier community. Bicycle and pedestrian options are covered in Section 5.2 (Bicycle and Pedestrian Facilities) in the Mobility Element and in Section 6.2 (Parks and Recreation) in the Open Space, Parks, and Recreation Element.*

The following goal and policies address health in Los Gatos.

PFS-26 Ensure all residents have access to healthy foods, including plant-based options.
 

PFS-26.1 Healthy Food Options
  Encourage farmer's markets and healthier food options within neighborhoods or near child-oriented uses (e.g., schools, day care, and parks).

PFS-26.2 Limit Concentrations of Alcohol and Tobacco
 Establish zoning code requirements to guide locations and restrict concentrations of businesses selling alcohol and tobacco near sensitive land uses.

PFS-26.3 Healthier Diet Options
 Support programs that guide healthier diet and plant-based eating options within the community.

PREPARED BY: Ryan Baker
Library Director

PFS-26.4



Support Santa Clara County Efforts

Support Santa Clara County efforts and public health programs that improve access to healthy foods, address food inequities, and provide food education to help residents make healthier food choices.

PFS-26.5



Support Acceptance of Government-Issued Vouchers

Support the acceptance of Government-issued food vouchers (such as WIC and Cal FRESH) via an Electronic Benefit Transfer (EBT) card at food retailers and farmers markets.

PFS-26.6



Healthy Food at Government-sponsored Events

The Town shall provide healthy foods at Town-sponsored meetings and events when food is provided.

PFS-26.7



Nutritional Vending Machine Options

The Town shall encourage nutritional options for vending machines in Town-owned and leased locations.

If the CHSSC wishes to be involved in any of these adopted policies, staff will present the request to the Town Council for direction.

Additionally, the Chair has asked for a 2023 CHSSC Mental Health Report (Attachment 1), and the Vice Chair has asked for the supplemental mental health program and class information (Attachment 2) to be included with this document as background information only. Staff notes that mental health falls under the purview of the County, so these attached documents are to be received as informational.

Attachments:

1. 2023 CHSSC Mental Health Report
2. Program and Classes to Assist Youth