

# Senior Emergency Preparedness

---

Get the alert • Know your route • Have a check-in plan

May 28, 2026

# PRESENTATION OVERVIEW

---

Safety tips, local resources, and ways to help older adults prepare before an emergency

## Safety priorities

---

- Alerts and evacuation planning
- Medical, power, and go-bag needs
- Check-in plans
- Home safety before disaster

## Resource connections

---

- AlertSCC and Genasys evacuation zones
- PG&E Medical Baseline and C.A.R.E.
- CADRE, Sourcewise, SCCFD, and 2-1-1
- Share through trusted community channels

# THREE ACTIONS TO REMEMBER

---

A practical framework for seniors, caregivers, neighbors, and helpers

## 1 Get the alert

Sign up for AlertSCC. Make sure a caregiver, neighbor, or adult child can also monitor alerts for the senior's address.

[WWW.ALERTSCC.ORG](http://WWW.ALERTSCC.ORG)

## 2 Know your zone + route

Write down the evacuation zone, two routes, two rides, and where you will go before conditions change.

[PROTECT.GENASYS.COM](http://PROTECT.GENASYS.COM)

## 3 Have a check-in plan

Name a nearby person, an out-of-area contact, and a local backup so no one is overlooked.

[WWW.READY.GOV/OLDER-ADULTS](http://WWW.READY.GOV/OLDER-ADULTS)

**Goal: reduce decisions during times of stress and confusion**

# WHY SENIORS NEED A SPECIFIC PLAN

The emergency plan must match daily needs

- Medications, medical devices, oxygen, CPAP/BiPAP, dialysis, or refrigerated medication
- Mobility, transportation, vision, hearing, memory, or communication needs
- Seniors living alone may need a check-in before and after evacuation



## Readiness check

Can you answer: How will I know? How will I leave? Where will I go? Who knows I left?

# 1 • GET THE ALERT

---

AlertSCC and evacuation zones should reach both the senior and a helper

- Sign up or update AlertSCC: cell phone, landline, email, and TTY where needed
- Add a loved one's address so a caregiver or adult child can monitor alerts
- Look up the Genasys / Zonehaven evacuation zone and write it near the phone



**Do this together today.**

## 2 • PLAN THE EVACUATION

Those who need extra time should be ready to leave early

**Plan today for how you would leave tomorrow.**

**1 Exit**

Preferred route  
+ alternate  
route.

**2 Ride**

Family,  
neighbor,  
caregiver,  
paratransit, or  
facility plan.

**3 Go**

One nearby  
place + one  
farther away.



**Keep keys, shoes, glasses, phone, charger, medications, and mobility aids easy to grab at night.**

## 3 • PROTECT MEDICAL & POWER NEEDS

For power-dependent medical needs, an outage can become a medical emergency

- Apply for PG&E Medical Baseline if eligible
- Ask about Portable Battery Program and SVILC/DDAR outage support
- Plan a backup place with power and transportation
- Teach a helper how medical devices work



### Examples to ask about

Oxygen, CPAP/BiPAP, dialysis, wheelchairs/scooters, refrigerated medications, heat/cooling needs.

## 4 • PACK A GO-BAG & L.I.F.E. FILE

Keep essential supplies and medical information ready to grab

### Go-bag

- Water and snacks
- Medications and medication list
- Glasses and hearing-aid batteries
- Charger and power bank
- Flashlight, keys, cash, and ID
- Insurance cards and emergency contacts
- Sturdy shoes and warm clothing
- Paper map and pet/service-animal supplies



[www.ready.gov/older-adults](http://www.ready.gov/older-adults)

**L.I.F.E. = Lifesaving Information For Emergencies. Keep one form per person on the refrigerator and a copy in the go-bag.**

## 5 • HAVE A CHECK-IN PLAN

---

1

### Nearby person

Neighbor, friend, building manager, caregiver, or faith/community contact who can physically

2

### Out-of-area contact

Adult child, relative, or friend who can coordinate calls and receive updates

3

### Local backup

Los Gatos C.A.R.E. daily check-in



A check-in plan turns preparedness into a safety net.

**C.A.R.E. = Caring About Resident Elders: free daily wellness call, 365 days/year.**

**If no answer and contacts cannot be reached, police may check welfare.**

**To sign up email Jackie Rose [jrose@logatosca.gov](mailto:jrose@logatosca.gov)**

# HOME SAFETY BEFORE DISASTER

---

Small changes reduce falls, fire risk, and evacuation delays

## Clear the way out

---

Remove clutter and cords.  
Secure loose rugs. Use night lights. Keep shoes, flashlight, phone, and glasses near the bed.

## Reduce fire risk

---

Test smoke and carbon monoxide alarms. Practice two ways out. In wildfire areas, maintain defensible space and keep exits clear.

## Include animals

---

Plan for pets and service animals: leash, carrier, food, water, medication, records, and a pet-friendly destination.

**Preparedness is not only what you pack — it is also what you remove from the path.**

# CARE FACILITIES: FAMILY QUESTIONS

Ask before the emergency

- Where would residents be relocated, and what is the backup location?
- How are residents with dementia, oxygen, walkers, wheelchairs, or scooters evacuated?
- How are families notified, and what does backup power actually support?



**Key takeaway:** many care settings are required to have emergency plans and drills — residents and families should understand the plan before the emergency.

# RESOURCES

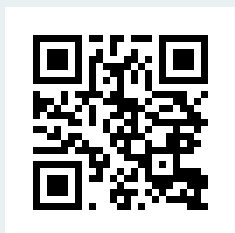
---

- **Alerts** — [AlertSCC.org](https://AlertSCC.org)
- **Genasys Evacuation Zones** — [protect.genasys.com](https://protect.genasys.com)
- **Ready.gov Older Adults** — [ready.gov/older-adults](https://ready.gov/older-adults)
- **Los Gatos C.A.R.E.** — email Jackie Rose [jrose@losgatosca.gov](mailto:jrose@losgatosca.gov)
- **SCCFD L.I.F.E. File + senior safety** — [sccfd.org](https://sccfd.org) → L.I.F.E. File
- **2-1-1** — dial 2-1-1
- **CADRE preparedness** — [cadresv.org/preparedness](https://cadresv.org/preparedness)
- **PG&E Medical Baseline** — [pge.com/medicalbaseline](https://pge.com/medicalbaseline)
- **SVILC workshops / DDAR** — [svilc.org/workshops-and-events](https://svilc.org/workshops-and-events)
- **Los Gatos wildfire preparedness** — [www.losgatosca.gov/EmergencyPreparedness](https://www.losgatosca.gov/EmergencyPreparedness)
- **SCCFD WUI inspections** — 408-378-4010; [sccfd.org](https://sccfd.org) → Wildfire
- **FireSafe Council HIZ / chipping** — [sccfiresafe.org/prepare](https://sccfiresafe.org/prepare)

# SCAN OR SHARE THESE LINKS

---

Use for sign-up help, handouts, newsletters, and community conversations



## AlertSCC

[AlertSCC.org](https://AlertSCC.org)

Sign up or update emergency alerts. Add the senior's address and helper contact.



## PG&E Medical Baseline

[pge.com/medicalbaseline](https://pge.com/medicalbaseline)

Apply or learn about eligibility. Plan backup power.



## Ready.gov Older Adults

[ready.gov/older-adults](https://ready.gov/older-adults)

Federal checklist for needs, planning, communication, and support networks.



## CADRE Resources

[cadresv.org/preparedness](https://cadresv.org/preparedness)

Preparedness library with senior and access/functional-needs resources.

QR codes for quick access; broader local resources are listed on the previous slide.

# FIVE ACTIONS THIS WEEK

---

Checklist for seniors, families, caregivers, neighbors, and community groups

1

Sign up / update AlertSCC

2

Know your zone and where you will go

3

Pack a go-bag

4

Protect medical + power needs

5

Pick nearby helpers and check-in people