

2026 Proposed CHSSC Work Plan

During 2026, the Community Health and Senior Services Commission (CHSSC) will continue to monitor and support community health and senior services in the Los Gatos community with focus on the following areas: (Note: Staff time is not required unless specifically stated.)

Focus Overview

A. 7 Goals of the Senior Services Roadmap

- a. Appealing and Inviting Community Center (leads: Commissioners Yick and Konrad)
- b. Core Senior Services (leads: Commissioners Konrad and Yick, Chair Sterne)
- c. Communication and Engagement (leads: Commissioners Yick and Konrad, Chair Sterne)
- d. Volunteer Support and Engagement (leads: Chair Sterne, Commissioner Yick)
- e. Transportation Options for Older Adults (leads: Commissioner Konrad, Vice-chair Gentile)
- f. Senior Housing - Information on Approaches and Options (leads: Commissioner Yick, Vice-Chair Gentile)
- g. Integrated Governance, Funding, and Accountability for Senior Services (lead: Commissioner Konrad)

B. Community Health Services (suggested leads: Commissioners Brewster, Uro-May, and Venkatsubramanian)

- a. Research and monitor local and SCC medical and behavioral health services and share pertinent information with the CHSSC and Town.
 - b. Provide feedback on the distribution of opioid settlement funding for Town Council's consideration once the item has been prepared by staff (likely late 2026 or 2027). (Staff time is available for one meeting.)
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Work Plan Details

A. 7 Goals of the Senior Services Roadmap

- a. Appealing and Inviting Community Center (leads: Commissioners Yick and Konrad)
 - i. Continue to participate in and provide input and support to LG Thrives Foundation re senior services and the Community Center Campaign.
 - ii. Until a new Community Center is realized, support maintaining the existing Adult Rec Center (ARC) as a warm and inviting location.
 1. Follow "space optimization" in the current 55+ program building.

2. Support continued lease agreement between the Town and LGSR to ensure continuation of 55+ Program at the ARC.

b. Core Senior Services AND Community Health Services (leads: Commissioners Konrad and Yick, Chair Sterne)

- i. Continue to stay informed about senior services that are available in the community and provide any recommendations. Focus will be on the following service providers:
 1. LGS Recreation (LGSR) Dept 55+ Program
 2. West Valley Community Services (WVCS)
 3. Jewish Family Services (JFS)
 4. Live Oak Nutrition Program
 5. Live Oak Adult Day Services
 6. West Valley College's Senior Guided Pathways Program
<https://www.westvalley.edu/schools/continuing-education/sascc/index.html>
 7. LG Library
 8. LG Thrives
 9. CADRE
 10. Other
- ii. Participate in the West Valley Service Providers Network Meetings held 4x/year. (Open to all CHSS Commissioners).
- iii. Provide input into the content of the Town's annual survey of Service Providers and provide feedback on the data collected to help guide support efforts.

c. Communication and Engagement (leads: Commissioners Yick and Konrad, Chair Sterne)

- i. Continue outreach to the community about information (i.e. senior services) available on The Hub.
- ii. Continue to track other communication resources aimed at seniors:
 1. The Print (LGSR 55+ Program)
 2. Outlook
 3. SCC Dept of Aging and Adult Services monthly newsletter
 - a. <https://ssa.santaclaracounty.gov/departments/department-aging-and-adult-services/seniors-agenda>
 4. Los Gatan
 5. Los Gatos Living Magazine
- iii. Promote community awareness of the Guided Pathways Program at WV College.
- iv. Investigate use of Social Media to further promote awareness of services (Nextdoor, Instagram, articles submitted to various outlets).

- d. **Volunteer Support and Engagement** (leads: Chair Sterne, Commissioner Yick)
- i. Continue to seek ways to bridge the gap between service organizations seeking volunteers and older adults looking to volunteer.
 - ii. Support local Resource Fairs for Older Adults.
 1. Promote the HUB and CHSSC.
- e. **Transportation Options for Older Adults** (leads: Commissioner Konrad, Vice-chair Gentile)
- i. Continue attending Complete Streets and Transportation Commission meetings (Commissioners Konrad, Vice-chair Gentile).
 - ii. Monitor and support an age-friendly walking plan.
 1. CSTC would be the lead advisory commission. Subject to the CIP process.
 - iii. Continue to support transportation options for older adults.
 1. Continue to support the VTA Taste and Ride program.
 2. Monitor status of the RYDE program.
 3. Monitor updates to the VTA Mobility Assistance program.
<https://www.vta.org/programs/access/mobility-assistance-program>
 4. Monitor updates to the VTA Access program
<https://vta.org/programs/access>
 5. Monitor updates to the Heart of the Valley Services for Seniors that offers door-to-door rides.
<https://www.servicesforseniors.org/services-programs>
- f. **Senior Housing - Information on Approaches and Options** (leads: Commissioner Yick, Vice-chair Gentile)
- i. Review Housing Resource Guide 1x/yr? Last review occurred by Commissioner Yick and Vice-chair Gentile mid-2025.
 1. Be familiar with the Housing Element and the Senior Housing Resources program described therein as they apply to Town new developments.
 2. The Los Gatos 6th Cycle 2023-2031 Housing Element Update dated May 2024 can be found here.
<https://www.losgatosca.gov/1735/General-Plan---Housing-Element>
 - ii. Research Aging in Place Programs.
 1. Research housing options that support aging in place such as:
 - a. Heart of the Valley Senior Services offers handywork for low income seniors.
<https://www.servicesforseniors.org/services-programs>
 - b. Rebuilding Together Silicon Valley coordinates home accessibility modifications and repairs.
<https://rebuildingtogethersv.org/programs/>

g. Integrated Governance, Funding, and Accountability for Senior Service (leads: Commissioner Konrad)

- i. Continue to review/track metrics of Service Providers.
 - 1. The CHSSC can continue to monitor the state of senior services and suggest improvements and collaboration.
 - 2. The CHSSC may recommend measurement guidelines that would aid in governance of SPs that receive funding from the Town.
- ii. CHSSC commissioner appointed as voting member to DEI Commission (Vice-chair Gentile).
- iii. CHSSC commissioner(s) appointed to liaison to Complete Streets and Transportation Commission (Commissioner Konrad, Vice-chair Gentile).

B. Community Health Services (suggested leads: Commissioners Brewster, Uro-May, Venkatsubramanian)

a. Research and monitor local and SCC medical and behavioral health services and share pertinent information with the CHSSC and Town.

- i. Monitor the County of Santa Clara Behavioral Health Board and Services activities.
 - 1. The SCC Behavioral Health Services (BHS) is the lead agency to support the establishment of mental health clinics. The County also contracts with local non-profit organizations that provide mental health services – and serves as the Mental Health Plan for County Medi-Cal recipients. <https://bhscd.santaclaracounty.gov/services-group/adult-and-older-adult>
 - 2. The SCC Behavioral Health Board is composed of community members at large, clients and family members of clients using the behavioral health system. <https://bhscd.santaclaracounty.gov/behavioral-health/behavioral-health-board>
 - 3. CASSY
 - 4. Other

b. If available, provide feedback on the distribution of opioid settlement funding for Council's consideration once the item has been prepared by staff (likely late 2026 or 2027). Staff are available for one meeting.