



**Community
Partnership
to Prevent
Underage
Drinking:
Awareness
to Action**

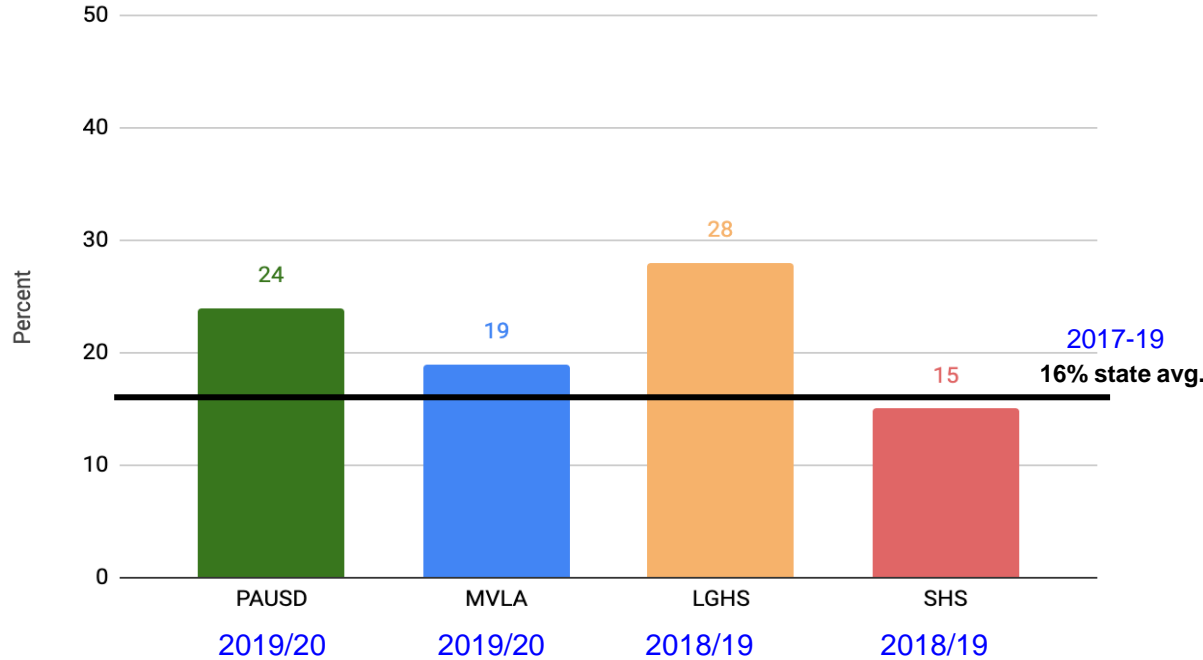


California Healthy Kids Survey

The California Healthy Kids Survey (CHKS) is the largest statewide survey of resiliency, protective factors, and risk behaviors in the nation.

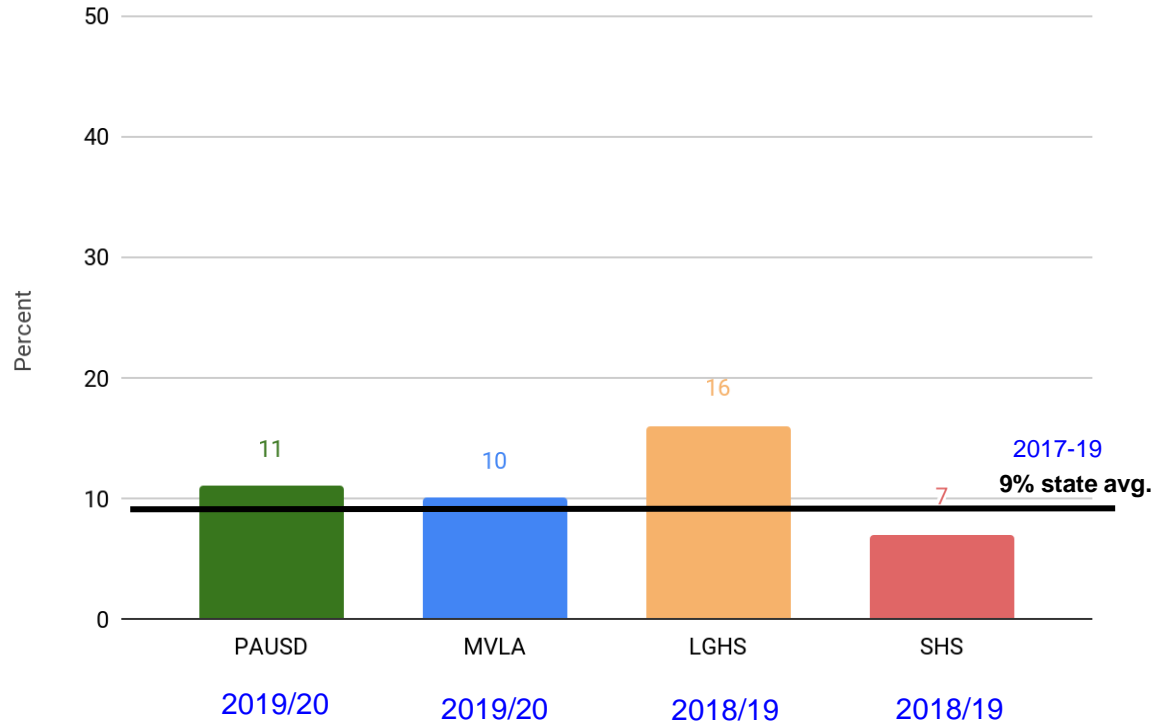
Across California, the CHKS has led to a better understanding of the relationship between students' health behaviors and academic performance, and is frequently cited by state policymakers and the media as a critical component of school improvement efforts to help guide the development of more effective health, prevention, and youth development programs.


It provides a means to confidentially obtain data on student knowledge, attitudes, perceptions, and behaviors related to the topics it covers.



During the past 30 days, did you have one or more drinks of alcohol?
11th Grade

During the past
30 days, have
you engaged in
binge drinking?
(5 or more
drinks
in a row)
11th Grade





Teen drinking leads to other social issues that negatively impact our entire community:

- Community:
 - Drunk driving
 - Vandalism
 - Sexual harassment & assault
 - Physical assaults
 - Gateway to other drug use
- Individual:
 - Addiction
 - Legal consequences
 - Emotional consequences - bullying/harassment/social media
- School:
 - Fallout from inappropriate behavior impacts school
 - Resulting gossip/bullying/harassment
 - Social-Emotional impact from sexual harassment & assault
 - Victims feel unsafe at school which interferes with learning

Impacts of Underage Alcohol Use

LGSUHSD Efforts to Combat Underage Drinking & its Consequences

- **Education & Prevention:**
 - Increasing education and prevention efforts related to substance use, healthy relationships, sexual harassment/assault, discrimination, and wellness
- **Expectations & Enforcement:**
 - Code of Conduct updated to express clear & consistent expectations for school-related behavior
 - Our legal limits:
 - A school district may discipline a student ***only for acts that are related to school activity or attendance***, including those occurring:
 - While on school grounds;
 - While going to or coming from school;
 - During the lunch period whether on or off campus; or
 - During or while going to or coming from a school-sponsored activity

2020-2021 Interventions

Tier 3 - Interventions

- Assist (Therapeutic Program)
- WRAP Around Services (Home)
- CASSY Services

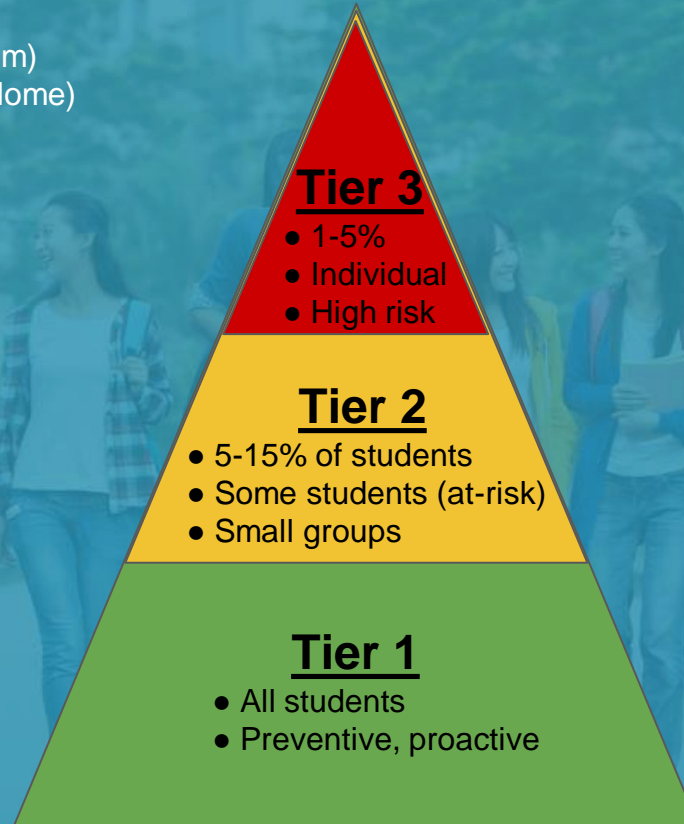
Tier 2 - Interventions

- CASSY Services

Tier 1 - Interventions

- Advisory 1.0

MTSS



2021-2022 Interventions

Tier 3 - Interventions

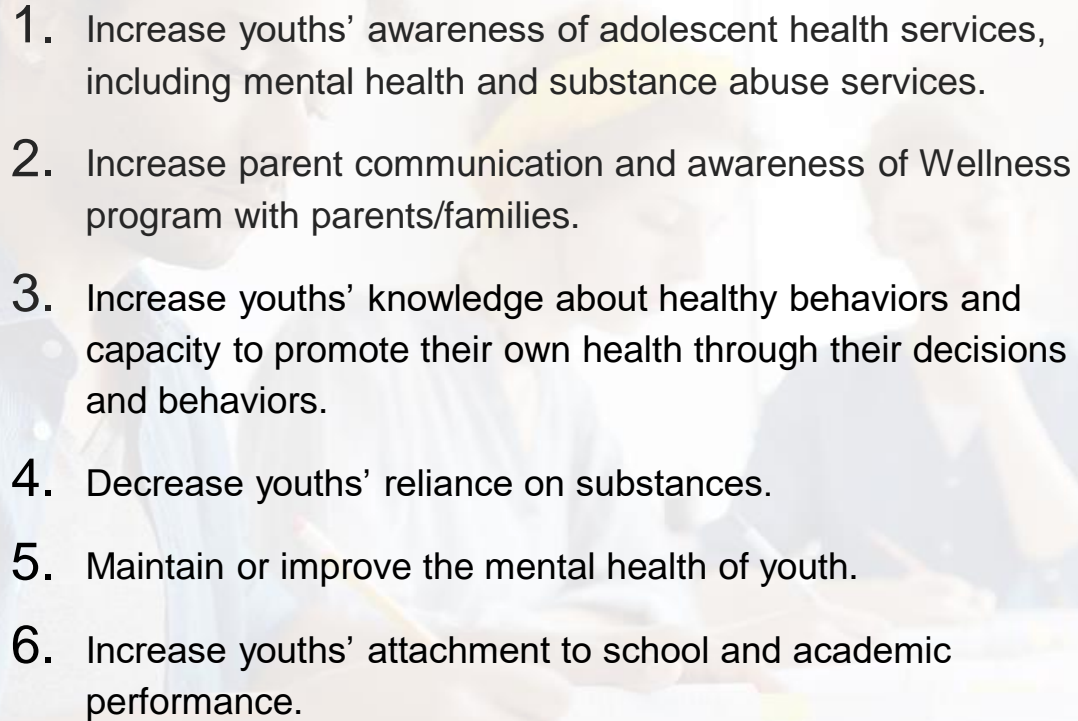
- Assist (Therapeutic Program)
- WRAP Around Services (Home)
- Wellness Center
 - District Lead Therapists
 - CASSY Therapists

Tier 2 - Interventions

- Wellness Center
 - Short-term Intervention Groups
 - Restorative Practices

Tier 1 - Interventions

- Advisory 2.0
- Improved Education/Outreach re: Title IX
- Text/Audio/Video Therapy (Talkspace)
- Wellness Center
 - Clinical Health Outreach Worker
 - Youth Outreach Workers

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1. Increase youths' awareness of adolescent health services, including mental health and substance abuse services.
 2. Increase parent communication and awareness of Wellness program with parents/families.
 3. Increase youths' knowledge about healthy behaviors and capacity to promote their own health through their decisions and behaviors.
 4. Decrease youths' reliance on substances.
 5. Maintain or improve the mental health of youth.
 6. Increase youths' attachment to school and academic performance.

Wellness Center Program Outcomes

Substance Abuse and Mental Health Services Administration Recommendations to Move Communities from Awareness to Action

- Promote the idea that underage alcohol use is a local problem that local citizens can solve through concerted and dedicated action;
- Establish organizations and coalitions committed to forming a local culture that disapproves of underage alcohol use, that works diligently to prevent and reduce it, and that is dedicated to informing the public about the extent and consequences of underage drinking; and
- Work to ensure that members of the community are aware of the latest research on adolescent alcohol use and, in particular, the adverse consequences of alcohol use on underage drinkers and other members of the community who suffer from its secondhand effects.

Next Steps

- Our community can & should address this issue. It is possible to reduce underage drinking & its consequences.
- LGSUHSD embraces our responsibility in addressing this issue, but we cannot do it alone.
- This is a community issue on which we need to work together with families & community partners.
- Potential Next Steps:
 - Strengthen LG Social Host ordinance and its enforcement
 - Community awareness and education efforts
- Strengthening the SH Ordinance will not solve this issue by itself, but it is a powerful message to our community and a deterrent to underage drinking.
- Our Board and District are fully supportive of this ordinance and other joint efforts.