



## ACTION ITEM REPORT

**Item Title:** Consideration and ACTION for the Mayor and Council to support and participate in the 2026 Healthier Texas Community Challenge.

**Recommendation:**

The community health program is promoting this challenge in hopes of getting more folks involved in healthy living. Points are received when folks participate, eat well and exercise. Points are also received for the Mayor's support and the Council's support. We need this as well as a photo of the Mayor with the pledge and a photo of the Council with the pledge. Christine Martinez will be present to give information on the program. For information, the City of Los Fresnos has won first place in the small city category for 5 out of the last 6 years.

I recommend approval.