

March 2025



Los Fresnos Senior Citizen Program

204 N. Brazil Street
956-233-4350

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
23	24	25	26	27	28	1
	3	4	5	6	7	8
	COFFEE & BINGO 8:00 AM-11:00 AM English Class 1:00 PM	COFFEE & BINGO 8:00 AM-11:00 AM Sit & Fit 11:00 AM Cards 1:00 PM	COFFEE & BINGO 8:00 AM-11:00 AM Food Pantry Pick Up 1:00 PM	COFFEE & BINGO 8:00 AM-11:00 AM Amor Eterno 11:00 AM Dominos/Cards 1:00 PM	COFFEE & BINGO 8:00 AM-11:00 AM Doctors Appointments 1:00 PM	
9	10	11	12	13	14	15
	COFFEE & BINGO 8:00 AM-11:00 AM Amigos Casa 1 Dance 1:00 PM-3:00 PM	COFFEE & BINGO 8:00 AM-11:00 AM Nutrition Lesson 1:00 PM	COFFEE & BINGO 8:00 AM-11:00 AM Commodity Pick Up 1:00 PM	COFFEE & BINGO 8:00 AM-11:00 AM English Class 1:00 PM	COFFEE & BINGO 8:00 AM-11:00 AM Doctors Appointments 1:00 PM	
16	17	18	19	20	21	22
	COFFEE & BINGO 8:00 AM-11:00 AM Nail Day 1:00 PM-2:00 PM	COFFEE & BINGO 8:00 AM-11:00 AM Cargiver SOS Well Med Charitable Foundation 11:00 AM	COFFEE & BINGO 8:00 AM-11:00 AM 510 Church Pantry 1:00 PM	COFFEE & BINGO 8:00 AM-11:00 AM Exercise 11:00 PM Dominos/Card 1:00 PM	COFFEE & BINGO 8:00 AM-11:00 AM Doctors Appointments 1:00 PM	
23	24	25	26	27	28	29
	COFFEE & BINGO 8:00 AM-11:00 AM Amigos Casa 8 Dance 1:00 PM-3:00 PM	COFFEE & BINGO 8:00 AM-11:00 AM English Class 12:30 PM Games 1:00 PM	COFFEE & BINGO 8:00 AM-11:00 AM Mall Walk 1:00 PM	COFFEE & BINGO 8:00 AM-11:00 AM English Class 1:00 PM	COFFEE & BINGO 8:00 AM-11:00 AM Doctors Appointments 1:00 PM	
30	31	Information: Eligible participants must be 60 years old or older. Eligible participants under 60 years of age are as follows: Spouse is eligible & participates in the program If a person is disabled & lives with a 60-year or older participant Serves as a volunteer at a nutrition site				

LUNCH SERVED DAILY
11:30 AM - 12:30 PM