

August 2025



Los Fresnos Senior Citizen Program

204 N. Brazil Street
956-233-4350

Free

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	<p>Information:</p> <p>Eligible participants must be 60 years old or older.</p> <p>Eligible participants under 60 years of age are as follows: Spouse is eligible & participates in the program If a person is disabled & lives with a 60-year or older participant Serves as a volunteer at a nutrition site</p>					