

SENIOR COMMISSION
2023-24 Work Plan
(October 2023 to September 2024)

Goal	Projects	Ad-Hoc Assignments	Target Date	Status
Recertify Los Altos as an Age Friendly city	<ul style="list-style-type: none"> AARP Age Friendly Survey outreach 	<ul style="list-style-type: none"> Present AARP Age Friendly Survey to the multi-cultural group Ad-Hoc subcommittee: Dixit Present AARP Age Friendly Survey to Adult 50+ lunch program (Community Center and Grant) Ad-Hoc subcommittee: O'Reilly & Nagao Present AARP Age Friendly Survey to Los Altos Rotary Ad-Hoc subcommittee: Basiji 	January 2024	Completed
	<ul style="list-style-type: none"> Participate in Age Friendly Task Force 	<ul style="list-style-type: none"> Work with Center for Age Friendly Excellence (CAFÉ) representatives to assist and support outreach and research Ad-Hoc subcommittee: Buchholz, Cohen, O'Reilly 	September 2024	Completed
	<ul style="list-style-type: none"> Participate in Age-Friendly focus groups 	<ul style="list-style-type: none"> Participate in a focus group All Commissioners Attend community focus group and town hall meeting 	April 2024	Completed
Outdoor Spaces and Buildings	<ul style="list-style-type: none"> Grant Park Community Center 			

Transportation	<p>Improve Senior Transportation options</p> <ul style="list-style-type: none"> • Host a workshop connecting Adult 50+ to transportation options 			
	<ul style="list-style-type: none"> • Explore resources and options 			
Housing				
Social Participation	<ul style="list-style-type: none"> • Collaborate with Adult 50+ staff to increase participation in programs and activities 	<ul style="list-style-type: none"> • Meet with Recreation Coordinator to understand what programs and services are being offered, and determine recommended areas of improvement <p>Ad-hoc subcommittee: Nagao, Olson</p> <ul style="list-style-type: none"> • Assist Adult 50+ staff in an evaluation of various programs based upon attendance and findings from the Age Friendly action plan <p>Ad-hoc subcommittee: Nagao, Olson</p>	<p>March 2024</p> <p>October 2024</p>	<p>Completed</p>
	<ul style="list-style-type: none"> • Support and enhance community connections 			
Respect and Social Inclusion				

Civic Participation and Employment				
Communication and Information	<ul style="list-style-type: none"> • Improve outreach 			
	<ul style="list-style-type: none"> • Determine ways to reach isolated seniors 			
Community Support and Health Care Services	<ul style="list-style-type: none"> • Educate and connect seniors to resources to allow them to age in place 			
	<ul style="list-style-type: none"> • Host a Health Fair 	<ul style="list-style-type: none"> • Research ideas and options for hosting a health fair Ad-hoc subcommittee: Dixit	August 2024	Completed